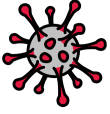




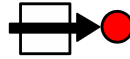
What is Coronavirus?



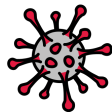
Coronavirus is an illness.



It can also be called Covid-19.



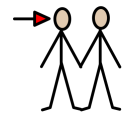
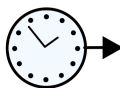
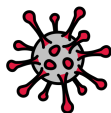
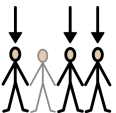
Viruses are invisible and can be passed person to person.



People who have Coronavirus might have: a fever, a sore throat



or cough and/ or shortness of breath.


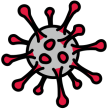




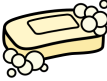



Most people with Coronavirus will stay at home while they





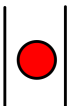


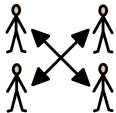

get better.

 I might  sometimes  feel worried  about  Coronavirus.






 I can  help  stop  Coronavirus by ;


 - washing my hands  with  soap  and  hot  water and/ or using

 hand sanitiser.

 - keeping  2 meters  between  myself  and  anyone I  don't live

with.

 - having x1 piece of  exercise  per day e.g. a  walk or  run

 somewhere spacious.



School



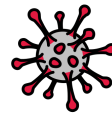
is closed



to help



stop



the Coronavirus.



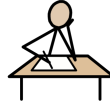
I can



help



+



by staying at home and doing my school work at home. It might



be difficult.



I



might



feel



angry

or



anxious

or



worried

or



happy

or



excited to be at home instead of school. Lots of people are



+



feeling worried and anxious.



To keep



happy

+

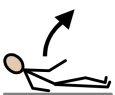


and healthy



we should:

-



- get up,

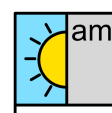


washed

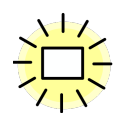
+



and dressed




in the morning



for a new

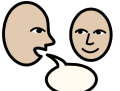


day


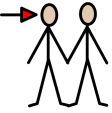
-  go for a walk with my family to get some fresh air

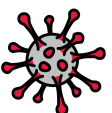
-  do our school work at home

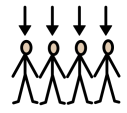
-  play our favourite games

-  talk to other people in my house face-to-face or my

 friends over the telephone/whatsapp/ facetime to  see how they

 are feeling +  to make them laugh.

 Coronavirus will not be forever. We will go back to school



and our favourite places when it has gone away and everyone is



much better.