

Harvest Assembly

Our Harvest assembly will take place next week on **Thursday 12th October**.

The children will learn to recognise the importance of harvesting the crops, the value of food and supplies to all in our community and giving thanks to the farmers who work all year round to provide for us.



This year, as well as asking for your kind donations of non-perishable groceries, we kindly ask for personal hygiene items such as:

Soap
Shower gel
Toothpaste
Shampoo
Sanitary care

All donations will be given to the local food bank so that your kindness is passed on to those who need it most in our local community.



Attendance 25th - 29th September 2023

Very well done to the following classes for achieving the highest attendance percentage in their Year Groups :- over 96%. The minimum target for attendance each week as set by the Government is 96%.

Year group	Class	Attendance
Year 1	Palm	99.6%
Year 2	Acacia	96.6%
Year 3	Willow & Sycamore	100%
Year 4	Cheery & Hawthorn	98.8%
Year 5	Sequoia	96.1%
Year 6	Aspen	96.6%



During the above period our overall school attendance was 96.3%. Congratulations to **Willow & Sycamore** class for achieving 100% attendance.

No Clubs Tuesday 10th October

Please note, that due to staff training on **Tuesday 10th October**, the following clubs will not take place:

Choir/Singing
Dance
Gymnastics

Gardening club will continue as normal with Miss Purton.



Year 1 Space Dome

Year 1 enjoyed a visit to Space on Tuesday 3rd October 2023. They entered the space dome and immediately saw the sun projected onto the roof of the dome. They then travelled to all the planets in our solar system from Mercury to Neptune and learnt all about the gas and rocky planets.



Astronauts from the International Space Station answered many of the questions that the children had thought about, like:

"How do you sleep in space?",
"Where do you go to the toilet?" "How do you wash your hair?" and many more.

Year 1 really enjoyed the whole Space experience.

School Photographer, Monday 16th October

Our School photographers, Van Cols will be in school on Monday 16th October to take the individual pupil photos.

Please make sure your child is in on time on that day and in their full school uniform. Prefects must wear their blazers and ties.






Homework


Homework is set every **Friday** and is due the following **Wednesday**. For **Years 1 - 5**, reading comprehension is assigned via **Seesaw**.


This can be completed online or on paper and uploaded to Seesaw.

To complete your homework;

1. Log on to Seesaw using your child's login details.
2. Click on  the button.
3. There are tools down the side to help you.

-  The 'T' button allows you to type your answers straight onto the text.
-  If you are hand writing your homework on a separate piece of paper, you can take a picture of it using the 'camera' button and upload it.

-  There are also drawing tools if you need to draw lines to match answers.

4. Once you have finished, press the  in the top-right corner to submit your work.

All of the login details your child will need to complete their homework can be found in their school planner.

Below is an outline of the homework expectations for your child's year group

Year Group	Reading	Maths	Spelling
Reception	Reading Record to be filled out 5x per week Phonics covering the sounds taught during the week	Practical games and activities that families can do at home based on the week's learning	N/A
Year 1	Reading Record to be filled out 5x per week Autumn Term: Phonics Spring and Summer Terms: Phonics & Reading comprehension on Seesaw	2x Mathematics tasks set weekly	5 spellings set on EdShed to learn for weekly spelling test
Years 2, 3, 4	Reading Record to be filled out 5x per week Reading comprehension on Seesaw	2x Mathematics tasks set weekly	10 spellings set on EdShed to learn for weekly spelling test
Year 5	Reading Record to be filled out 5x per week Reading comprehension on Seesaw	2x Mathematics tasks set weekly	10 spellings set on EdShed to learn for weekly spelling test
Year 6	Reading Record to be filled out 5x per week CGP reading x1	2x Mathematics tasks set weekly CGP maths x2	10 spellings set on EdShed to learn for weekly spelling test CGP grammar x2

Black History Month

In October we celebrate Black History Month. So who started Black History Month and why is it important?

Carter G. Woodson was a ground breaking historian in the US who recognised there was a lack of information about the achievements of black people in America.

In 1915 he set up a society to study exactly that and this is why he is known as "The father of Black history".

It wasn't until many years later in 1987, that Black History Month was adopted in the UK. Black History Month was launched in London by a man from Ghana called Akyaaba Addai-Sebo.

He came to the UK in 1984 as a refugee and, like Carter Woodson, his aim was for the local community to challenge racism and educate themselves and others about the British history of black people.

He wanted to let people know that Black people have been in Britain for a lot longer than previously thought.

This year the theme for Black History month is 'Saluting our Sisters'. It highlights the crucial role Black women have played in shaping history, inspiring change and building communities.

This week we celebrate **Madam CJ Walker**.



Madam C.J. Walker was the first Black female self-made millionaire.

She was the creator of a line of hair care products for black women.

Her story has now been made into a film entitled 'Self Made'.



Just One Tree Non-Uniform Day



There are over 10 million children in full or part time education in the UK alone.

Imagine what a powerful impact we would have if every nursery, school and college contributed to planting trees.

We hope to achieve this by taking part in **JUST ONE Tree Day**. So far 267510 trees have been planted where they will make the greatest impact.

Chase Lane Primary school is joining the 5th International JUST ONE Tree Day on **Friday October 13th 2023**.

To participate you can donate £1 to wear non-uniform (no football kits).

Plain Black Trainers Only

Parents/carers are kindly reminded that children should be wearing totally black (without sparkles, white stripes or coloured patterns on them) shoes or trainers to school.



We have noticed a number of children that are not following this uniform requirement and we kindly ask that you make sure your child has the correct footwear.



Thank you in advance for your cooperation.

Reception 2024 Intake

The closing date for applications for next year's Reception class is **Monday 15th January 2024**.

Parents of nursery aged children (born between 1st September 2019 and 31st August 2020) must make sure they apply before the closing date. Any applications received after this date will be considered as late applications and processed after National Offer day which is 16th April 2024.

Applications can be made on the eAdmissions website. For more information, click the link below.

<https://www.walthamforest.gov.uk/schools-education-and-learning/apply-primary-school>

We will be hosting Reception tours on the following dates:

Friday 24th November (tour now full)
Friday 1st December
Friday 8th December
Friday 15th December

All tours will take place at 9.10am. To book a place on one of the tours, either call the school office 0208 529 6827 or email chaselanepri@clpwaltham.org.uk

Waltham Forest Residents News

Click the links below to view the latest Waltham Forest Residents news: <https://content.govdelivery.com/accounts/UKWALTHAM/bulletins/373aec0>

Fun Fact

Claudette Colvin was the first Black woman known to refuse to give up her seat on a bus.

While Rosa Parks is often given credit for being the first Black woman to refuse to give up her seat on a bus, Claudette Colvin was actually arrested nine months earlier for refusing to give up her seat for white passengers. She was aged 15 at the time.



Girl, 15, Guilty In Bus Seat Case

MONTGOMERY, Ala. — A 15-year-old girl who refused to move to the rear of a city bus was found guilty in juvenile court here last Friday on charges of assault and battery, disorderly conduct and with violating a city ordinance which makes it "unlawful for any passenger to refuse or fail to take those seats assigned to the race which it belongs."

The girl, Claudette Colvin, was declared a ward of the state and placed on probation pending good behavior.

Rubert W. Clotte, driver of the bus, told the court that the girl was seated near the front of the bus when she refused to move.

A group of white persons boarded the bus. Clotte said he asked both the girl and the woman to move to the rear. He said the woman moved but that Miss Colvin remained in her seat. Clotte said he then called police.

Some say Rosa Parks was inspired by this teenager's action.

MHST Logo Competition

Please read the flyer below for information about a Mental Health Support Team (MHST) logo design competition. The deadline has been extended to **Friday 20th October**. Entries must be handed to Mr Hill.



WHAT DO YOU NEED TO DO?

- Read the prompts on Page 2 and design a logo to promote our mental health support service for children and young people in schools.
- Submit your design in person to Mr Hill or the MHST Team Member Noor/ Oliver at your school on 03/10/2023.
- Mention your name, year group and school name.



WHY SUBMIT A DESIGN?

- Each designer will receive free merchandise once the contest closes - we are thankful for your participation!
- The winning designer will be awarded an Amazon voucher worth £25!
- The winning design will be used to promote our service across Waltham Forest as the official logo of the Mental Health Support Team.



FREQUENTLY ASKED QUESTIONS

I only want to draw and not use the computer or phone, is that okay?

- Yes, that is absolutely okay! We will equally consider all designs, freehand or graphic.

I have more questions, who do I ask?

- You can direct them to your Mental Health Lead, Mr Hill.



Win a £25 Amazon voucher!
CONTEST DEADLINE: 6th October 2023



Diary Dates Autumn Term 2023-2024

Any additions/changes to the diary dates are highlighted in purple text

Autumn Term

Tuesday 10th October	2.30pm - 3.15pm Parents Forum
Thursday 12th October	Harvest Assembly
Friday 13th October	6.30pm - 8.30pm PTA Family Bingo
Monday 16th October	Van Cols Individual Pupil Photos
Friday 20th October	Reception Golden Rules Dress Up Day - details to follow
Monday 23rd - Friday 27th October HALF- TERM HOLIDAYS	
Friday 3rd November	6.30pm - 8.30pm PTA Year 3 & 4 Disco - details to follow
Tuesday 7 th November	Cedar class trip to Queen Elizabeth Hunting Lodge - details to follow
Wednesday 8th November	Cherry class trip to Queen Elizabeth Hunting Lodge (AM) - details to follow
	Hawthorn trip to Queen Elizabeth Hunting Lodge (PM) - details to follow
Friday 10th November	INSET Day - school closed to children
Friday 17th November	6.30pm - 8.30pm PTA Year 5 & 6 Disco - details to follow
Monday 20th November	Extra-curricular clubs end this week
Wednesday 22nd November	School Flu Vaccinations
Monday 27th November	School Flu Vaccinations
Monday 27th November	Parent Consultations - full details to follow
Tuesday 28th November	Year 3 trip to the Verulamium Museum - details to follow
Thursday 30th November	Parent Consultations - full details to follow
Friday 1st December	6.30pm - 8.30pm PTA Year 1 & 2 Entertainment event - details to follow
Thursday 7th December	9.15am & 1.45pm Year 1,2 & 4 Concert
Thursday 14th December	9.10am Reception Concert
Sunday 10th December	12pm - 3pm PTA Christmas Fair - details to follow
Monday 18th December	9.00am Year 3,5 & 6 Festive Assembly
Tuesday 19th December	Nursery Concert AM/PM

Week 3 School Dinner Menu for w/b 9th October 2023

September Menu 2023 week 3	Monday	Save the Planet Tuesday	Allergen Free Wednesday	Climate Change Thursday	Friday
CHOICE 1	Crunchy Carrot Curry (ve) (gf)	Planet Pizza Wedge (ve)	Stuffed Pepper (ve)	Pasta Shells in a Creamy Roasted Tomato Sauce (ve)(df)	Sweet Potato Wrap (ve)
CHOICE 2	Bubble Crumb Salmon Fillet (gf)(df)	Forest Pizza Wedge (v)	Spiced Chickpea & Sweet Potato Pilaf (ve)	Homemade Cheddar Cheese & Pepper Quiche (v)	MSC Fish Fingers (df)
CHOICE 3	Cottage Pie	Jacket Potato with Various Fillings (v)(ve)(df)(gf)	Meatballs	Jacket Potato with Various Fillings (v)(df)(gf)	Sticky Chicken (df)
Sides	Indian Style Rice (ve) Creamy Mashed Potato (v)	Skin On Baked Wedges (ve)	Italian Rice (ve)	Steamed New Potatoes (ve)	Oven Baked Chips (ve)
Vegetables	Sweetcorn (ve) Garden peas (ve)	Mixed Vegetables (ve) Seasonal Fresh Broccoli (ve)	Roasted Organic Carrots with Thyme (ve) Green Beans (ve)	Sweetcorn (ve) Courgettes (ve)	Baked Beans (ve) Minted Garden Peas (ve)
Salads	Salad Selection (v)	Salad Selection (ve)	Salad Selection (ve)	Salad Selection (ve)	Salad Selection (v)
Desserts	Iced Sponge (v)	Peaches & Custard (v)(ve)	Fruity Jelly Pot (ve)	Carrot Cake (v) & Custard (v)	Pineapple & Ice Cream (v)/Homemade Vegan Ice Cream(ve)
DAILY	Organic Fruit Yogurt (v) with Seasonal Fresh Fruit	Organic Fruit Yogurt (v) with Seasonal Fresh Fruit	Fresh Fruit Salad (ve)	Organic Fruit Yogurt (v) with Seasonal Fresh Fruit	Organic Fruit Yogurt (v) with Seasonal Fresh Fruit
DAILY	Seasonal Fresh Fruit Platter (ve)	Seasonal Fresh Fruit Platter (ve)	Seasonal Fresh Fruit Platter (ve)	Seasonal Fresh Fruit Platter (ve)	Seasonal Fresh Fruit Platter (ve)
Bread	Homemade Bread (v)	Homemade Bread (v)	Homemade Bread (ve)	Homemade Bread (v)	Homemade Bread (v)

Community News

World Mental Health Day Craft Activity



This Saturday 10th October, Waltham Forest are celebrating World Mental Health Day by making a Tree of Life craft.

This event is **free** and suitable for children aged 5 and above, so pop along and join in some creative fun at Hale End Library, Castle Avenue, E4 9QD, from 4pm–5pm.

Chase Lane Park Skating/Skateboarding Event

Did you know that the one of original ramps in Chase Lane Park was built by an ex-pupil called Paul Wright in his spare time back in the 1980s? He later went on to compete in America.

'Everyone On Boards' will be hosting a day of free skating and BMX with demos, local legends, taster sessions, sharing the history of skating at Chase Lane Park and how you can get involved in the local skate scene.

Pop along for an action-packed day, next **Saturday 14th October**:

11am to 4pm. Drop by the engagement workshops and tell them how they can improve the skate experience at Chase Lane Park.

11am and 12pm: **Free** skateboarding lessons

1pm and 2pm: **Free** BMX lessons

3pm: Skate and BMX demo

At 3.30pm: There will be a Mini Skate Jam with stalls, food and music.

No need to book, just turn up on the day.

Feedback from this engagement event will go towards shaping the Levelling Up Fund improvements to Chase Lane Skate Park.



Celebrate Black History Month at Chingford Library with a creative loom weaving workshop inspired by the beautiful Kente designs of West Africa.

Date: 17th October 2023

Time: 3.30pm - 4.30pm

The sessions are **free** and open to everyone aged five and above.



Celebrate Black History Month with an amazing paper weaving craft session. The patterns are inspired by the colourful geometric Kente designs from Africa. Come along to North Chingford and join in with the creative fun!

Date: 17th October 2023

Time: 3.30pm - 4.30pm

The sessions are **free** for children aged five and above but booking is required.

NHS Dentists in Waltham Forest



This is an up-to-date list of NHS dentists currently offering routine appointments and accepting new patients

Forest Dental Care
73 Hoe Street
E17 4SA
0208 521 3777

Mr Evans and Associates
252a Chingford Mount Road
E4 8JL
0208 529 1587

Chingford Road Dental Surgery
31 Chingford road
E17 4PW
02085279062

Park Vue Dental Surgery
330 Cann Hall Road
E11 3NW
02085192990

Lea Bridge Dental Practice
433 Lea Bridge Road
E10 7EA
0208 539 6152

Leyton Dental Surgery
724 High Street Leyton
E10 6AA
02085396022

Mr P Wong & Associates
123 Hoe Street
E17 4RX
02085204151

Hoe Street Dental Surgery
337 Hoe Street
E17 9BD
02085205289

Woodgrange Dental Practice
80 Woodgrange Road
E7 0EW
2085553336

Cedars Dental Practice
775 High Road Leyton
E10 5AB
02085581122

L Wong and F Wong
845 High Road Leytonstone
E11 1HH
02085394720

020 8496 5223

wfsupport@henry.org.uk

Smile in London
399 High Road Leyton
E10 5NA
02085391653

Please note that we do not endorse or recommend any particular practice.

This list is up-to-date as of the 25 Sept 2023.



Best Start in Life





Waltham Forest Short Breaks Programme
at Lambourne End Centre
for Outdoor Learning

Family Fun Days

Autumn 2023 - Summer 2024



"These days really are a lifeline..."

Waltham Forest Family Fun Days

Autumn 2023 - Summer 2024

We know that young people with disabilities or additional needs want to try new things, get adventurous and have fun! Even better is the chance to do all these things with your family, creating amazing memories together. At Lambourne End we are thrilled to invite young people in Waltham Forest who have a disability or additional needs, and their families to join our

Family Fun Days!

**Tuesday 24th October
2023**

Ropes Course*
Goat Show
Zip Line*
Rockets

"My son and I had a fun day together, which we haven't had for a long time. He even met new friends, it was nice to see him happy. We took some great photos. Thank you."

"Fantastic day, excellent food, friendly staff. Catered to all ages and even my son who is usually bored regardless of what we do never complained once! My son felt confident and really came out of his shell."

**Wednesday 3rd
April 2024**

Climbing*
Woolly Jumper
Fencing*
Eggs can Fly

"My son who is 5 and autistic absolutely loved the farm, stroking and feeding the animals."

"The days are really interactive and hands on!"

Each Family Fun Day is 11am - 4.30pm

Places must be booked in advance. Everyone will be able to do two of the activities on offer. Lunch is provided. Transport to and from the Centre can also be provided from a central point to a limited number of families.

Sunday 2nd June

2024

Kayaking*
Farm Tour
Abselling*
Bush Craft

"I was scared of taking part in the caving session but the staff were so nice and encouraged me to give it a go; I didn't think I could do it as I'm scared of the dark and small spaces but I did it with the help of the staff. I love it, it was great fun!"

"My youngest son had a fear of animals before visiting. Today he touched the animals and really enjoyed himself. The staff really helped to put him at ease and help him overcome his fear. Thank you."

**Thursday 15th
August 2024**

Archery*
Goat Show
Ropes Course*
Pond Dipping

"I love being able to experience new things with my son, especially involved."

"The fact that all of my children were able to hold the animals and feed them was great."

"Absolutely fabulous - excellent venue and amazing staff."

* These activities are for over 8 year olds only (All other activities are all age)



"A good bonding experience for my children who normally do not like doing joint activities. Also a fun day out in a relaxed atmosphere where the staff and other families will understand if my children get upset, anxious, lively, etc."

"The smiles on my family's faces, and the amount of fun they had throughout was amazing for me to see as a mum."



"The staff made everything perfect."



"I love this place... my children can be themselves without any questions, because people understand their needs."

"Thank you for putting a smile on my child's face."

For more information, or to request a booking form contact Carolan Casey:
020 8500 3047 ext 221
carolan.casey@lambourne-end.org.uk
www.lambourne-end.org.uk

Waltham Forest Family Fun Days at Lambourne End are funded by the London Borough of Waltham Forest as part of the Short Breaks Programme.

