

Peace Garden

We are pleased to announce that our Peace Garden is now open! The children in Years 4, 5 and 6 had a special assembly this week where they learnt about the purpose of the garden and how much hard work has gone into creating it.

We would like to say a big "Thank You" to Ms Thompson who helped to design and plant the garden. Also, a big "Thank You" to Mrs Awda from Fore Street Electricals who kindly donated a number of pallets that we converted into benches.

Many thanks to the Friends of Chase Lane who kindly purchased a further two benches for us. And, of course, thank you to the small group of children who worked hard with the designing, weeding, digging and planting - they did a great job!

If your child has suffered a bereavement of a close family member, and you feel they may benefit from using the garden, please contact the school office.



Harvest Assembly



Our Harvest assembly will take place on **Thursday 12th October**.

The children will learn to recognise the importance of harvesting the crops, the value of food and supplies to all in our community and giving thanks to the farmers who work all year round to provide for us.

This year, we are continuing to ask for your kind donations of non-perishable groceries and also personal hygiene items such as:

Soap
Toothpaste
Shampoo
Sanitary care
Shower gel



All donations will be given to the local food bank so that your kindness is passed on to those who need it most in our local community.

Safeguarding Reminder

At Chase Lane we work hard to ensure your child's safety remains paramount. We will only release your child to the adults that you have informed us are authorised to collect your child. If for any reason an adult that is not listed on our system arrives to collect your child and the school have not been informed in advance, we will **not** let your child go.

Safeguarding



Children

To prevent such delays at the end of the school day, we kindly ask that you contact us by 3.15pm to let us know if you are sending a different adult to collect your child.

Please note, any older sibling authorised to collect your child must be aged 14 and over.

Your understanding and cooperation in adhering to these procedure is very important.

Thank you in advance for your cooperation.

Punctual & Attendance

Very well done to the following classes for achieving the highest attendance percentage in their Year Groups :- over 96%. The minimum target for attendance each week as set by the Government is 96%.

Year group	Class	Attendance
Year 1	Palm	98.4%
Year 2	Acacia	99.2%
Year 3	Hazel and Willow	99.2%
Year 4	Hawthorn and Cedar	94.5%
Year 5	Elm	100%
Year 6	Aspen	99.6%



During the above period our overall school attendance was 97.7%. Well done to **Elm** class for having **100%** attendance.

Phone Numbers

Our normal office hours are: Mon - Thur 7.45am - 5pm, Fridays - 7.45am - 4pm. We would like to politely remind you that the school contact number **0208 529 6827**.

Nursery parents/carers, are politely asked to please make sure you select the correct option when calling the school. For example all absences must be reported to the Attendance Office so if your child is absent, please press option 1. to report this, making sure you give the reason for the absence.



Many thanks

School Uniform



Parents/carers are kindly reminded to make sure **all** items of your child's school uniform are clearly labelled with your child's name. Please also label your child's school coat.

If your child does happen to take home another child's item of uniform by mistake, please ensure it is returned to school office to be given to its rightful owner.

Thank you in advance.

Preloved Uniform Sale

We will be holding a **preloved uniform** sale on **Tuesday 3rd October, 3pm - 3.20pm** outside the main school office.

**PRELOVED
UNIFORM
SHOP**

All items will be sold for 50p each. Please note, we will **only accept cash**, therefore we ask that you bring the correct change as we will not be able to change large notes.

Book Bags

Parents/Carers are politely reminded that your child should have a Chase Lane book bag for school. Rucksacks/backpacks must be of a size that is not excessive. Children need to bring their reading book and log and a bottle of water to school.

Book bags can be purchased from the school by clicking the link below:

<https://www.parentpay.com/ParentPayShop/Uniform/Default.aspx?shopid=782>



Parents Forum



Our Parents' Forum consists of a group of parents who volunteer to attend termly meetings in school whereby parents can share their views and ideas about different areas of school life. It is hoped that a parent from each class will be at each meeting, together with Mr Jeffery & Mrs Dasilva. These meetings are intended to be an informal discussion forum.

The next Parent's Forum will take place in school on **Tuesday 10th October** at 2.30pm - 3.15pm.

If you are free to spare approximately 45 minutes to attend, please advise the Office Manager, Mrs Dasilva by email at: chase-lanepri@clpwaltham.org.uk by Friday 6th October.

PTA Family Bingo



BINGO IS BACK

The PTA are happy to announce that family bingo is back on Friday 13th October 2023

6.30pm to 9.00pm

Come along and enjoy a fun family night.

Let your friends and family know,

Spread the word!!!!

£1.50 per adult (children free)

£1 per book, pens will be provided!!

Refreshments (soft drinks and crisps) can be bought on the night, as can raffle tickets!!

Line prizes and cash prizes to be won on the NIGHT!!!!

Secondary Admissions September 2024

Year 6 parents/carers are reminded that you can now apply for a secondary school place for your child for September 2024. This year's application window runs from **1st September 2023** until **31st October 2023**.

Before you apply, you should research the local secondary schools. This will help you decide which schools to put down as your preferences. You can choose up to six and it is recommended you do complete all six. To find out more about a school, you should do the following:

- Go to the school Open Day. Dates are listed on the Waltham Forest website. Click below for the link.
<https://www.walthamforest.gov.uk/schools-education-and-learning/apply-school-place/apply-secondary-school/researching-secondary-schools>
- Visit the school website
- Ask other parents what they think of the school
- Look at the school's latest Ofsted report and school performance tables

Click the link for full details on how to apply:

<https://www.walthamforest.gov.uk/schools-education-and-learning/apply-school-place/apply-secondary-school/how-apply-secondary>

HENRY Healthy Families Programme

Hello from the HENRY Waltham Forest Team!

We know that everyone wants the best for their children, but it can be hard to ensure a healthy lifestyle for the whole family. That's where HENRY comes in.

We have a FREE 8-week programme for parents and carers of children under 5 living in Waltham Forest.

HENRY is for everyone, and topics covered include:

- Parenting confidence
- Family wellbeing
- Healthy eating
- Being active
- Dental health, and much more



When you sign up, you'll receive a free HENRY toolkit which includes everything you'll need during the programme and lots of resources to use in your family.

Our next programmes are starting in October:

Paradox Centre, Chingford: Monday 9th October 9:30 - 11:30am (free crèche available!)

Online: Wednesday 4th October 10 - 11am

Register your interest by clicking [here](#) or contact us on wfsupport@henry.org.uk or 0208 496 5223.

SchoolPing



We would like to remind you that the way the school communicates with you is via a communication app, SchoolPing.

Our weekly newsletter is sent out via SchoolPing so please check the app regularly for important messages /dates.

If you are unable to access the app, please contact the school office so that you don't miss any updates /messages.

Fun Fact of the Week

Did you know that your tongue is unique, just like fingerprints? The tongue is a unique feature of the human body.



Everyone has a unique tongue print!

Waltham Forest Residents News

Click the links below to view the latest Waltham Forest Residents news:

<https://content.govdelivery.com/accounts/UKWALTHAM/bulletins/370fd5b>

Diary Dates Autumn Term 2023-2024

Any additions/changes to the diary dates are highlighted in purple text

Autumn Term 1

Tuesday 26th September	Family Links Parenting Course begins
Friday 29th September	Aspen Class trip to Imperial war Museum
Tuesday 3rd October	3pm - 3.20pm Preloved Uniform Sale
Friday 6th October	Olive Class trip to Imperial war Museum
Friday 6th October	9.10am Reception Parents Maths meeting
Tuesday 10th October	2.30pm Parents Forum
Thursday 12th October	Harvest Assembly - details to follow
Friday 13th October	6.30pm - 8.30pm PTA Family Bingo - details to follow
Monday 16th October	Van Cols Individual Pupil Photos
Friday 20th October	Reception Golden Rules Dress Up Day - details to follow
Monday 23rd - Friday 27th October HALF- TERM HOLIDAYS	
Friday 3rd November	6.30pm - 8.30pm PTA Year 3 & 4 Disco - details to follow
Tuesday 7th November	Cedar class trip to Queen Elizabeth Hunting Lodge - details to follow
Wednesday 8th November	Cherry class trip to Queen Elizabeth Hunting Lodge (AM) - details to follow
	Hawthorn trip to Queen Elizabeth Hunting Lodge (PM) - details to follow
Friday 10th November	INSET Day - school closed to children
Friday 17th November	6.30pm - 8.30pm PTA Year 5 & 6 Disco - details to follow
Monday 20th November	Extra-curricular clubs end this week
Monday 27th November	Parent Consultations - full details to follow
Thursday 30th November	Parent Consultations - full details to follow
Friday 1st December	6.30pm - 8.30pm PTA Year 1 & 2 Entertainment event - details to follow
Thursday 7th December	9.15am & 1.45pm Year 1,2 & 4 Concert
Thursday 14th December	9.10am Reception Concert
Sunday 10th December	12pm - 3pm PTA Christmas Fair - details to follow
Monday 18th December	9.00am Year 3,5 & 6 Festive Assembly
Tuesday 19th December	Nursery Concert AM/PM

Week 1 School Dinner Menu for w/b 25th September 2023

Spring/Summer Menu 2023 1st Week	Monday	Save The Planet Tuesday	Allergen Free Wednesday	Climate Change Thursday	Friday
CHOICE 1	Sri Lankan Sweet Potato & Coconut Curry (ve)(gf)	Smokey Jackfruit Jambalaya (ve)(gf)	Jollof Rice (ve)	Rosemary and Garlic Tofu (ve)	Crushed Chick Pea & Sweetcorn Wrap (ve)
CHOICE 2	Jacket Potato (ve)(v)(gf)(df) with Various Fillings	Tomato & Basil Pasta (v)(df)	Butternut Squash, Carrot & Chickpea Tagine (ve)	Mac n Cheese (v)	MSC Golden Crumb Fish Fingers (df)
CHOICE 3	Beef Bolognese (df)	Homemade Cheese & Vegetable Puff (v)	Roasted Lemon Chicken	Jacket Potato with Various Fillings (ve)(v)(gf)(df)	60/40 Burger (gf)(df) in a Floured Bun (v)
Sides	Wholewheat Spaghetti (v) Mixed Rice(ve)	Jacket Wedges (v)	Roasted New Potatoes (ve) Spicy Lemon Rice (ve)	Savoury Rice (ve)	Oven Baked Chips (v)
Vegetables	Sweetcorn (ve) Green Beans (ve)	Fresh Seasonal Broccoli (ve) Mixed Vegetables (ve)	Garden Peas (ve) Roasted Cauliflower Floret (ve)	Sweetcorn (ve) Spring Greens (ve)	Baked Beans (ve) Grilled Tomatoes (ve)
Salads	Salad Selection (v)	Salad Selection(v) (ve)	Salad Selection (ve)	Salad Selection(v) (ve)	Salad Selection (v)
Desserts	Mixed Fruit Crumble (ve) with Custard (v)(ve)	Fruity Flapjack (ve)	Coconut Jelly (ve)	Strawberry Mousse	Chocolate Cracknel (v) & Custard (v)(ve)
DAILY	Organic Fruit Yogurt (v) with Seasonal Fresh Fruit	Organic Fruit Yogurt (v) with Seasonal Fresh Fruit	Fresh Fruit Salad (ve)	Organic Fruit Yogurt (v) with Seasonal Fresh Fruit	Organic Fruit Yogurt (v) with Seasonal Fresh Fruit
DAILY	Seasonal Fresh Fruit (ve)	Seasonal Fresh Fruit (ve)	Seasonal Fresh Fruit (ve)	Seasonal Fresh Fruit (ve)	Seasonal Fresh Fruit (ve)
Bread	Homemade Bread (v)	Homemade Bread (v)	Homemade Bread (ve)	Homemade Bread (v)	Homemade Bread (v)

Educational Psychology Service Free Monthly Parent/Carer Consultation Sessions

Dates:

20th September 2023
18th October 2023
22nd November 2023
6th December 2023
17th January 2024
28th February 2024
27th March 2024
24th April 2024
22nd May 2024
19th June 2024
17th July 2024

To book a 30 minute consultation, please contact our Business Support Officer below

EDUCATIONAL PSYCHOLOGY SERVICE

Thorpe Hall School
123 Hale Road
E17 4DP

Office
02084961732 07776 589 597

Do you have concerns about your child?

Would you like to talk to an Educational Psychologist in confidence?

Appointment Only Sessions

Afternoon sessions are 12.30-2pm
Evening Sessions are 3.30- 5.00

Individual consultation with an Educational Psychologist are offered via phone/zoom or in person for Parents and Carers living in London Borough Waltham Forest.

Sessions last for no more than 30 minutes and provide an opportunity to ask any questions or discuss concerns with a member of our culturally diverse Educational Psychology Team.

Educational Psychologists are qualified specialists in child psychology and child development, with particular expertise in supporting children and young people with special educational needs, learning difficulties, and social, emotional and behaviour difficulties. All LBWF Educational Psychologists are registered with the Health Care Professionals Council.

educationalpsychologyservice@walthamforest.gov.uk

WALTHAM FOREST

FAMILY HUBS

ACCESS, RELATIONSHIPS, CONNECTION

Family Hubs phone line 0208 496 4965
Open from 9am to 9pm Monday to Friday
10am to 12 pm Saturday

Universal Programmes

How to refer/join

Triple P 0-12

For parents of children up to 12, promoting their child's development and potential and supporting with and helping prevent children's behavioural concerns.

Web: bit.ly/wftriplep
Phone: 07586713368
Email: earlyhelp@walthamforest.gov.uk

HENRY Healthy Families Group Programme: For families with children under 5. Each week join an interactive session with other families, exploring parenting confidence, wellbeing, eating well as a family, physical activity for your little ones and family lifestyle habits. Free creche provided.

Web: bit.ly/wfhenry
Phone: 02084965223
Email: wfsupport@henry.org.uk

Calm Parents Calm Children

Increase knowledge and skills in parenting, managing emotions, modelling this for their children and parenting in a positive and confident manner. Reflect on parenting strengths, learn strategies to stay calm in challenging family situations and to apply effective solutions and develop parenting skills in a positive way.

Web: bit.ly/CalmParents

Strengthening Families, Strengthening Communities

For co-parents and carers who are together or apart from all backgrounds who would like to communicate more positively, work on their parenting skills and build positive relationships with their children.

Web: bit.ly/wfsc

Empowering Parents, Empowering Communities - Being A Parent

Run for parents, led by parents supporting you to manage your and your child's feelings, communicate and interact positively with your child, use positive behaviour management strategies and manage parental stress

Web: bit.ly/EPECBAP
Phone: 07799913026
Email: EPEC@walthamforest.gov.uk

BeeZee Families

For 5-15 year olds and their families. Fun-filled, family-focussed sessions filled with exciting activities and practical healthy eating advice to help you feel great and live your best life!

Web: <https://beezebodies.com/programs/beeze-families/>

Mellow Bumps

For expectant parents with health and social care needs. For parents to feel more relaxed during pregnancy, improve wellbeing and start to build a relationship with their baby. Must be between 20-30 weeks gestation at the start of the course.

Email: familysupport@tlpcc.org.uk

Families with children with SEND

How to Refer/Join

Triple P Stepping Stones

For parents/carers of children with a disability up to 12-years. Learn about causes of child behaviour challenges, setting specific goals, and using strategies to promote child development, manage behaviour, and plan for high-risk situations.

Web: bit.ly/tripleps
Email: earlyhelp@walthamforest.gov.uk
Phone: 07586713368

Positive Behaviour Support

For parents with children with autism, a learning disability, and a range of other complex care needs up to 18 years old. Improve the quality of life for the person, their family, and create opportunities for meaningful engagement.

Web: bit.ly/WFPBS
Email: Earlyhelp@walthamforest.gov.uk
Phone: 07586713368

More Programmes for families with children with SEND overleaf

Early Help Community Drop-In

FREE DROP-IN
SESSION

NO NEED TO
BOOK

Our Early Help Community Drop-In is here.

It's a place where everyone can come to get friendly support and information from local volunteers, community organisations and Waltham Forest Early Help teams in an informal space.

We can help you with information about local services, support for parents, community activities, and help to use online services and more.



Drop in from 9.45-11.15am

TUESDAY

LEYTON
CHILDREN AND
FAMILY CENTRE
HUB

215 QUEENS ROAD
E17 8PJ

WEDNESDAY

CHINGFORD
CHILDREN AND
FAMILY CENTRE
HUB

5 OAKS GROVE
E4 6EY

THURSDAY

WALTHAMSTOW
CHILDREN AND
FAMILY CENTRE
HUB

313 BILLET ROAD
E17 5PX

FRIDAY

LEYTONSTONE
CHILDREN AND
FAMILY CENTRE
HUB

2-8 CATHALL ROAD
E11 4LF



FAMILY HUB LOCATIONS

Open Monday – Saturday,
check Hub website for timetables

- 1 Chingford Family Hub**
5 Oaks Grove,
Chingford, E4 6EY
- 2 Walthamstow Family Hub**
313 Billet Road,
Walthamstow, E17 5PX
- 3 Leyton Family Hub**
215 Queens Road,
Leyton, E17 8PJ
- 4 Leytonstone Family Hub**
2-8 Cathall Road,
Leytonstone, E11 4LF

There are play sessions
happening in your
neighbourhood.
Please contact your hub
for details

YOUTH SPACES LOCATIONS

To see all opening days and
times, please visit:
walthamforest.gov.uk/familyhubs

Find out about family activities
and sessions in your area

Contact our Family Information
service advice line on
020 8496 4965

Visit
walthamforest.gov.uk/familyhubs
for more information.



WALTHAM FOREST

FAMILY HUBS

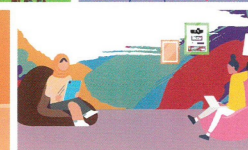
WELLBEING, CONNECTION, SUPPORT

FAMILY WELLBEING IN YOUR NEIGHBOURHOOD

Our **Family Hubs** provide a wide range of information, activities and services in your local area including **Best Start in Life** programme, health, learning and play activities, family support, employment support, housing advice, money and benefits advice and much more.

We know that all families need support from time to time to look after their wellbeing and help their babies, children and young people thrive.

Our **Family Hubs** are a place where families, friends and professionals can come together in a relaxed and friendly environment and support each other.



walthamforest.gov.uk/familyhubs



PREGNANCY

- Midwife services
- Advice and support
- Prepare for baby classes



BEST START IN LIFE 0-5 YEARS

Our Best Start in Life programme offers a range of support and free sessions, for parents, carers and families with children aged 0-5 years including:

- Registering birth
- Infant feeding
- Health visiting including child health clinics
- Bonding with your baby
- Mental health support for parents and carers
- Baby massage
- Inclusive play and learning sessions for **children of all abilities**
- Activities to support your child's **learning at home**
- **Free early education and childcare** advice and support
- Get school ready

Best Start in Life



ALL PARENTS AND CARERS OF 0 - 25 YEAR OLDS

- Free early education and childcare information
- Parenting support
- Access to food bank and baby bank services
- **Speech, language** and communication support
- Inclusive play and learning
- Advice and support on:
 - » Domestic and sexual abuse
 - » How to quit smoking
 - » Housing
 - » Employment, skills and volunteering
 - » Money and debt
 - » Wellbeing and mental health
 - » Bereavement
 - » Substance misuse/dependency
 - » Family relationships
 - » Crime and safety
 - » Migrant support
- Connection with other families
- Healthy families programmes, support with healthy eating, and dental health



9-19 YEARS

- Youth Hubs open to young people as a safe space to spend time



PARENTS AND CARERS OF CHILDREN WITH A DISABILITY OR LEARNING DIFFICULTY

- Play and activity sessions for children and young people with SEND
- The SEND Local Offer

