

Secondary Admissions September 2024

Year 6 parents/carers are reminded that you can now apply for a secondary school place for your child for September 2024. This year's application window runs from **1st September 2023** until **31st October 2023**.

Before you apply, you should research the local secondary schools. This will help you decide which schools to put down as your preferences. You can choose up to six and it is recommended you do complete all six. To find out more about a school, you should do the following:

- Go to the school Open Day. Dates are listed on page 7 of the online booklet, just click the link below for full details:
<https://www.walthamforest.gov.uk/sites/default/files/2022-09/Starting%20Secondary%20School%202023%20v4.pdf>
- Visit the school website
- Ask other parents what they think of the school
- Look at the school's latest Ofsted report and school performance tables

Click the link for full details on how to apply:

<https://www.walthamforest.gov.uk/schools-education-and-learning/apply-school-place/apply-secondary-school/how-apply-secondary-school-place>

Mathletics

Thank you to all of the amazing families who have already logged in and engaged with the new updated Mathletics software.



We would like to remind you that the activities run most effectively via the app but please remember to ensure you have the updated version. The improvements include allowing children to simply scan their QR code rather than having to type in their username and password manually.

Thank you!

Curriculum Maps

We would like to remind parents/carers that they can see which topics the children will be studying over the coming terms by viewing the curriculum maps on our website.

Click the link below for more details:

<https://www.chaselanepri.waltham.sch.uk/page/?title=Curriculum+Maps&pid=53>

Curriculum Maps



Contact Details

Parents/Carers are kindly reminded to always make sure the school has your most up to date personal details. This also includes the names and numbers of your emergency contacts should your child take ill in school and we are unable to reach you.

If you change your address, phone number or email details, please either complete a yellow personal details form (which can be found in our reception area) or email the school at chaselanepri@clpwalham.org.uk with your child's name and class.

Bikes & Scooters



To ensure safety on the school grounds, we kindly ask that children and adults dismount from bikes and scooters at the school gate and do not ride them in the carpark or playground.

Thank you for your cooperation!

Update to Pupil Code of Conduct

In the summer term updates were made to the Pupil Code of Conduct. You may have heard the Pupil Code of Conduct referred to as the school's behaviour policy. Any changes that have been made are in red and anything that will be taken out, is crossed through. This version will be on the school website for a month. After a month, we will replace it with the version that won't show the edits.



Click the link below to view on the school website: <https://www.chaselanepri.waltham.sch.uk/attachments/download.asp?file=1394&type=pdf>

Thank You

Thank you to all the parents/carers who donated plants for our library. This was much appreciated.

Thank you!



Parents Forum



Our Parents' Forum consists of a group of parents who volunteer to attend termly meetings in school whereby parents can share their views and ideas about different areas of school life. It is hoped that a parent from each class will be at each meeting, together with Mr Jeffery & Mrs Dasilva. These meetings are intended to be an informal discussion forum.

The next Parent's Forum will take place in school on **Tuesday 10th October** at 2.30pm - 3.15pm. If you are free to spare approximately 45 minutes to attend, please advise the Office Manager, Mrs Dasilva by email at: chaselanepri@clpwalham.org.uk by Friday 6th October.

Year 6 Walking Home After School & Clubs

We would like to remind Year 6 parents/carers that your child is **only** allowed to walk/cycle home at the end of the school day if written permission has been given to the school.

Year 6 children are permitted to walk home after school for the whole year; however, Year 6 children are **not allowed** to walk home alone after, boosters or after school clubs. All children **must** be collected by an adult **if** they attend after school clubs or boosters.



Consider Residents When Parking

A small number of our families need to drive their children to school. If this applies to you, then please be aware of the bottle neck that is York Road. It becomes very busy and sometimes quite dangerous.



Mr Jeffery appreciates how busy it is in the morning but politely reminds parents **not** to park their cars on the yellow zig-zag lines and be courteous to our neighbours by refraining from blocking driveways and properties.

If you are now one of the increasing many that drive an electric vehicle, please be **extra** cautious as they can be so quiet, children and adults alike do not always hear them coming and may well step out.

Family Links, Parenting Course

Our Parenting course, Family Links is a nurturing programme for parents and carers. The new programme will commence again for Autumn term, on **Tuesday 26th September** from 9:00am until 11:00am in the meeting room.

The course runs for 10 weeks for two hours, spaces are limited so make sure that you contact **Mrs Canham**, our Family Outreach worker on **07535 437609** to book your place. Crèche facilities will be available.



The Nurturing Programme

Information
for parents
and carers

How to get the best
out of family life



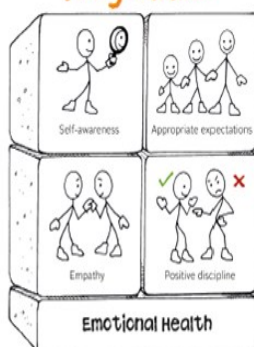
What is the Nurturing Programme?

Children are rewarding, stimulating and fun, but looking after them can be stressful and challenging.

The Nurturing Programme helps deal with those challenges so that you can have a calmer, happier life.

A tried and tested programme, it helps us think about what we do, why we do it and how it makes us feel.

The Building Blocks of the Nurturing Programme



What does it cover?

Over the 10-week Programme, you will look at lots of different topics, including:

Understanding
why children behave as they do

Recognising
the feelings behind behaviour (ours and theirs)

Exploring
different approaches to discipline

Finding ways to develop co-operation and self-discipline in children

Learning the importance of looking after ourselves

Practical information

Partners are welcome and it's also fine to come on your own or with a relative or friend

There are ten 2-hour sessions with a tea and coffee break

8-10 parents are invited and there are two Family Links trained group leaders

Some groups provide a crèche; check with group leaders beforehand

You need to come to all ten sessions as they fit together like a puzzle



Waltham Forest Residents News

Click the links below to view the latest Waltham Forest Residents news: <https://content.govdelivery.com/accounts/UKWALTHAM/bulletins/36fd616>

<https://content.govdelivery.com/accounts/UKWALTHAM/bulletins/36d9617>

Joke of the Week

Q. What music do bunnies love?

A. Hip Hop!



Week 1 School Dinner Menu for w/b 18th September 2023

MONDAY



CHOOSE FROM

Crunchy Carrot Curry 🍴
Bubble Crumb Salmon Fillet 🍴
Beef Lasagne

SIDES

Indian Style Rice 🍴
Creamy Mashed Potato 🍴

UNLIMITED

Sweetcorn 🍴
Garden Peas 🍴
Salad Selection 🍴
Homemade Bread 🍴

DESSERTS

Peaches & Custard 🍴
Organic Fruit Yogurt 🍴 with
Seasonal Fresh Fruit 🍴
Seasonal Fresh Fruit Platter 🍴

SAVE THE PLANET TUESDAY

CHOOSE FROM

Planet Pizza Wedge 🍴
Forest Pizza Slice 🍴
Jacket Potato with
Various Fillings 🍴

SIDES

Skin On Baked Wedges 🍴

UNLIMITED

Mixed Vegetables 🍴
Seasonal Fresh Broccoli 🍴
Salad Selection 🍴
Homemade Bread 🍴

DESSERTS

Homemade Shortbread Biscuit
with Wedge of Fresh Orange 🍴
Organic Fruit Yogurt 🍴 with
Seasonal Fresh Fruit 🍴
Seasonal Fresh Fruit Platter 🍴

ALLERGEN FREE WEDNESDAY

CHOOSE FROM

Stuffed Pepper 🍴
Spiced Chickpea & Sweet Potato
Pilaf 🍴
Homemade Meatballs

SIDES

Italian Rice 🍴

UNLIMITED

Roasted Organic Carrots with
Thyme 🍴
Green Beans 🍴
Salad Selection 🍴
Homemade Bread 🍴

DESSERTS

Fruity Jelly Pot 🍴
Fresh Fruit Salad 🍴
Seasonal Fresh Fruit Platter 🍴

Milk 🍴 will be
available after lunch.

CLIMATE CHANGE THURSDAY

CHOOSE FROM

George Tomlinson School Favourite
Pasta Shells in a Creamy Roasted
Tomato Sauce 🍴
Homemade Cheese & Pepper
Quiche 🍴

SIDES

Jacket Potato with
Various Fillings 🍴

SIDES

Steamed New Potatoes 🍴

UNLIMITED

Sweetcorn 🍴
Courgettes 🍴
Salad Selection 🍴
Homemade Bread 🍴

DESSERTS

Carrot Cake 🍴 & Custard 🍴
Organic Fruit Yogurt 🍴 with
Seasonal Fresh Fruit 🍴
Seasonal Fresh Fruit Platter 🍴

FRIDAY

CHOOSE FROM

Sweet Potato Wrap 🍴
MSC Fish Fingers 🍴
Sticky Chicken 🍴

SIDES

Oven Baked Chips 🍴

UNLIMITED

Baked Beans 🍴
Minted Garden Peas 🍴
Salad Selection 🍴
Homemade Bread 🍴

DESSERTS

Pineapple & Ice Cream 🍴 or
Homemade Vegan Ice Cream 🍴
Organic Fruit Yogurt 🍴 with
Seasonal Fresh Fruit 🍴
Seasonal Fresh Fruit 🍴

Diary Dates Autumn Term 2023-2024

Any additions/changes to the diary dates are highlighted in **purple** text

Autumn Term 1

Monday 18th September

Wednesday 20th September

Friday 22nd September

Tuesday 26th September

Friday 29th September

Friday 6th October

Friday 6th October

Tuesday 10th October

Tuesday 10th October

Friday 13th October

Monday 16th October

Friday 20th October

Clubs start this week

9.00am PTA Meeting in the meeting room

Oak Class trip to Imperial war Museum

Family Links Parenting Course begins

Aspen Class trip to Imperial war Museum

Olive Class trip to Imperial war Museum - details to follow

9.10am Reception Parents Maths meeting - details to follow

Harvest Assembly - details to follow

2.30pm Parents Forum

6.30pm - 8.30pm PTA Family Bingo - details to follow

Van Cols Individual Pupil Photos

Reception Golden Rules Dress Up Day - details to follow

Monday 23rd - Friday 27th October HALF- TERM HOLIDAYS

Friday 3rd November

Friday 10th November

Friday 17th November

Monday 20th November

Monday 27th November

Thursday 30th November

Friday 1st December

Thursday 7th December

Thursday 14th December

Sunday 10th December

Tuesday 19th December

Thursday 21st December

6.30pm - 8.30pm PTA Year 3 & 4 Disco - details to follow

INSET Day - school closed to children

6.30pm - 8.30pm PTA Year 5 & 6 Disco - details to follow

Extra-curricular clubs end this week

Parent Consultations - full details to follow

Parent Consultations - full details to follow

6.30pm - 8.30pm PTA Year 1 & 2 Entertainment event - details to follow

9.15am & 1.45pm Year 1, 2 & 4 Concert

9.10am Reception Concert

12pm - 3pm PTA Christmas Fair - details to follow

Nursery Concert AM/PM

School closes 1 hour earlier than usual for Christmas holidays

PARENT/CARER SUPPORT PROGRAMMES

SEP - DEC 2023

A comprehensive guide to the parent/carer support programmes available from conception to adulthood in Waltham Forest



**Best Start
in Life**

**WALTHAM FOREST
FAMILY HUBS**



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HENRY: <i>Healthy Families Right from the Start, Age 0-5</i> 9.30-11.30am 9 Oct - 4 Dec Weekly The Paradox Centre, E4 8YD	Triple P: <i>Stepping Stones Age 0-12</i> 9.30am-12pm 26 Sep - 28 Nov Weekly Jenny Hammond Primary School, E11 3JH	Calm Parents Calm Children: <i>Age 4-11</i> 10am-12pm 27 Sep - 1st Nov Weekly Leyton Family Hub E17 8PJ	Beezee Bodies: <i>Age 5-15</i> 5-7pm 21 Sep - 11 Dec Weekly Walthamstow School for Girls E17 9RZ	EPEC: <i>Being a Parent Age 2-11</i> 10am-12pm 13 Oct - 15 Dec Priory Court E17 5NA	Positive Behaviour Support: <i>Age 0-25</i> 10am-12.30pm 11 and 18 Nov Online
EPEC <i>Being a Parent Age 2-11</i> 10am-12pm 25 Sep - 27 Nov Weekly Stafford Hall E17 8JZ	HENRY: <i>Healthy Families Right from The Start, Age 0-5</i> 1-3pm 10 Oct - 5 Dec Leyton Family Hub E17 8PJ	HENRY: <i>Healthy Families Right from The Start, Age 0-5</i> 10-11am 4 Oct - 29 Nov Online	Triple P: <i>Age 0-12</i> 6-8pm 21 Sep - 16 Nov Leyton Family Hub E17 8PJ	<div> Parenting can be tough at the best of times Parent support programmes are a chance to: <ul style="list-style-type: none"> • Increase knowledge and understanding of children's development and needs • Build positive relationships • Share ideas and concerns about being a parent • Improve behaviour and communication • Meet other parents • Reduce parenting stress </div>	
Positive Behaviour Support: <i>Age 0-25</i> 4.30-6.45pm 9 and 16 Oct Walthamstow Family Hub E17 5PX	Beezee Bodies: <i>Age 5-15</i> 5.30-7.30pm 19 Sep - 9 Dec Leyton Cricket Ground E10 6RJ	Strengthening Families Strengthening Communities: <i>Reducing Parental Conflict Age 0-18</i> 9.30-12.30pm 13 Sep - 13 Dec Mayville primary school E11 4PZ	Mellow Bumps: <i>Age 20-30 weeks gestation</i> 1-3pm 26 Oct - 7 Dec 7 Saxon Close E17 8LE		
Beezee Bodies: <i>Age 5-15</i> 5-7pm 18 Sep - 10 Dec Peterhouse Community Centre E17 3PW	EPEC: <i>Being a parent Age 2-11</i> 10am-12pm 10 Oct - 12 Dec Paradox Centre E4 8YD	Mellow Bumps: <i>Age 20-30 weeks gestation</i> 1-3pm 13 Sep - 25 Oct Walthamstow Family Hub E17 5PX			
		Beezee Bodies: <i>Age 5-15</i> 5-7pm 20 Sep - 12 Dec Chingford C of E Primary School E4 7BP			



Chingford Mount Festival 2023

Status: Upcoming
Date: 16 September 2023
Time: 11am to 4pm
Location: Albert Crescent, Chingford Mount, E4 6SH
Cost: Free

Hello, Parents & Guardians!



We are BeeZee Bodies, and we work with Waltham Forest Council to provide FREE (and FUN!) healthy lifestyle support for families.* We run [BeeZee Families](#) courses after school across Waltham Forest. Please see our timetable below for venues, dates and time. Come along for free!

Sign up for your family's free spot today!
 Scan the QR code
 or visit: www.beezeebodies.com/for-families



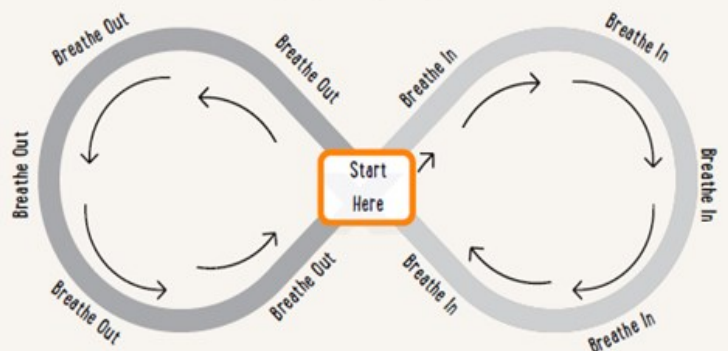
September is ...
 back to school
 routines



INFINITY BREATHING

You and your child may be going through a lot of change this week by returning to school or even starting a new school. Breathing exercises is one of the best tools to reduce anxiety.

Using your finger, slowly follow the line of the Infinity loop. Take a deep breath in as your finger follows the right hand side, then breathe out as your finger follows the left hand side. Aim to take 3 to 4 seconds to complete each half of the loop. Repeat this loop 7 times, focusing on your finger as you do so.



Monday	WALTHAMSTOW	Peterhouse Community Centre E17 3PW 5-7PM
Tuesday	LEYTON	Leyton Cricket Ground E10 6RJ 5:30-7:30PM
Wednesday	CHINGFORD	Chingford C of E Primary School E4 7BP 5-7PM
Thursday	WALTHAMSTOW	Walthamstow School For Girls E17 9RZ 5:30-7:30PM

*To be eligible for this awesome free service, your family must live/go to a school in Waltham Forest and include one child who is above their ideal healthy weight.



beezeebodies.com

BeeZee Families

03308 186308





TfL
TRAVEL
FOR LIFE

Leytonstone Street Fest

WORLD CAR FREE DAY 2023
SUNDAY 24 SEPTEMBER | 11AM TO 4PM
CHURCH LANE, LEYTONSTONE
FREE TO ATTEND



<https://bit.ly/istreetfest23>



World Car Free Day

Friday 22 September is World Car Free Day, when towns and cities all around the world allow people to experience streets free of motor traffic.

Car Free Days have been celebrated around the world for the last two decades, and events have taken place to celebrate locally in Waltham Forest for more than 15 years. This year, Waltham Forest will host **Leytonstone Street Fest** to celebrate World Car Free Day in Leytonstone on 24 September.

On the day, why not run an assembly and hold a host of travel activities to encourage families to leave the car at home and travel in a healthier and more sustainable way.



03

Energy Café



When: Every Wednesday of each month. Next session takes places 4th October 2023
Where: online
Time: 10am -12pm
Cost: FREE

The sessions will advise residents on:

- Making sure your home is energy efficient
- What to do if you're struggling to pay your energy bills
- The best boiler and thermostat controls for heating your home
- Grants and benefits to help you pay your energy bills
- How to get extra support from other agencies

For more details and to book a place click the link below

<https://www.walthamforest.gov.uk/events/energy-cafe>