

Newsletter 31

19th May 2023

Year 4 & 5 PTA Disco



It's party time tonight for children in Years 4 & 5!

The Friends of Chase Lane PTA Disco takes place 6.30pm - 8.30pm.



£5 entrance fee to be paid at the door. Send your children to come and have lots of fun with their friends.

They will enjoy a live DJ with lots of great music, fun and games! We hope to see them later.

Friends of Chase Lane PTA

National Walk to School Week

This week Chase Lane took part in **National Walk to School Week**.

Thank you to everyone that participated. Hopefully you all enjoyed the benefits of walking to school and will continue to do so in the future.



Year 6 V Teachers Football Match

On Wednesday, the year 6 football team challenged the teachers to the annual football match. The two teams played very well and the children showed far greater organisation than the teachers. Coach Hercules couldn't help but show off his skills with an amazing bicycle shot (miles off target). Goals were scored at each end and all can be commended for their part.



This year the teachers just clinched the match 3 - 2 but the children were by far the superstars. Players that really shone were both of the goal keepers who saved many a shot despite the score line. The children clearly could have carried on playing all afternoon but the following day there were quite a few limping teachers!

I think some of us are better designed for comfort, not speed! Well done again to all of those that took part, it really was good fun!

Pyjama Day Friday 9th June

The Friends of Chase Lane PTA have organised a Pyjama Day!

On **Friday 9th June** children can come to school dressed in suitable pyjamas & trainers (no onesies or slippers allowed).

£1 donations will go to the PTA.



Joke of the Week

Q. What do you call a potato with glasses?

A. A Spec-Tator!



Attendance 9th May - 12th May 2023

Well done to the following classes for achieving the highest attendance percentage in their Year Groups :- over 96%. The minimum target for attendance each week as set by the Government is 96%.

Year Group	Class	Attendance%
Year 1	Sassafras	98.1
Year 2	Ash	98.5
Year 3	Hawthorn	98.9
Year 4	Sequoia	96.4
Year 5	Hazel	96.6
Year 6	Aspen, Oak & Olive	100



During the above period our overall school attendance was 96.9% . Well done to the following classes: **Aspen, Oak & Olive** for getting 100% attendance last week. Excellent effort children!

Everyday English Course for Parents



FREE Everyday English for Parents

5 Week course

By attending this course, you will learn to:-

- Improve confidence in speaking, reading, writing and listening
- Write personal details using upper and lower case on a simple form
- Increase your knowledge of local landmarks e.g. learning centres, library, parks, leisure centre
- Gain an understanding of the education system in the UK
- To communicate with the school and doctor when your child is ill

Time: 9:00 am – 11:00am

Day: Wednesday 14.6.2023 – 12.7.2023

Where: Chase Lane Primary School, York Road, E4

To enrol contact the school office

This course will be delivered by Waltham Forest Adult Learning service



For further information about the ALS
Email: adult.learning@walthamforest.gov.uk
Website: www.lbwfadullearning.co.uk

Medical Appointments

Parents/carers are politely reminded that if your child has a medical appointment, please ensure you notify the school office and provide proof of the appointment in **advance** to picking up your child. This will help prepare class teachers to get your child ready and also cause less disruptions to classes.

Thank you in advance for your cooperation.



Clothing Needed

We are kindly asking for donations of clean boys underwear, age range 5 - 9 for when children have accidents. We also need boys trousers ages 5- 6 and 6-7. Donations can be handed into the main school office.

Thank you in advance



Reading for Pleasure and Knowledge

Reading can be one of the most fun, exciting, exhilarating, life-changing experiences your child can have however, it can also feel like a chore. Use these tips to motivate and encourage your child to read regularly.



Create a comfortable environment.

It might be a favourite armchair, underneath a duvet, lying on the floor, a massive stack of cushions - make your own little reading area that your child can

escape to.

Music or no music?

Some people find soft background music is a welcoming environment for reading: it helps their mind to focus. Others find it a big distraction.

Avoid distractions!

Music is one thing, but friends are another! Your child cannot concentrate on a book if they have friends chatting to them, phones beeping, the TV on in the background. Try to make your environment as distraction-free as possible, so your child can focus on reading.

Reading muscle training.

Just as you would train before running a race or playing in a match, your child needs to train to read a book. At first, they may find their attention wandering, but the more they practise, the easier and more pleasurable reading will become. Set a daily reading goal - 10 minutes reading or just three pages and build them up over time.



Open their minds.

Books can take your child to incredible places and describe/show amazing things that they would otherwise never experience. They can introduce your child to people who think just like they do, or who have interesting new ideas. Encourage your child to take a positive attitude to new books. Take an active interest by asking them to share with you what the book is about and what they have learned.



Be a good role model.

Children who see others reading are more likely to read. Read aloud some funny or interesting parts of a book that you are reading.



Bilingual books

Researchers have shown that the bilingual brain can have better attention and task-switching capacities than the monolingual. Your local library is a great resource for bilingual books.

World Bee Day



Bees are so important to the health of our planet that they have their own special day. Tomorrow Saturday 20th May is **World Bee Day**. The aim is to spread awareness of the significance of bees.

Bees are extremely important creatures! Bees are one of the most important pollinators, these tiny insects are critical to our survival. They help to provide a lot of the food that you eat - and we're not just talking about honey. Bees help to grow fruit and vegetables by flying around and pollinating plants.

Everyone is encouraged to help protect bees and their habitats on World Bee Day.

Here are some interesting facts about this amazing insects:

- ◆ Bees have 5 eyes and 6 legs. They also have 4 wings divided into 2 pairs.
- ◆ Bees can't see the colour red
- ◆ There are more than 20,000 species of bee in the world - In the UK alone there are more than 250 species of bee, including the bumblebee, honeybee and mining bee.
- ◆ Most bees live together in hives, but some bees live alone. Although honeybees and bumblebees tend to live in hives, species such as the carpenter, digger and mining bee live alone and make their own nest.
- ◆ Bees will only try to sting you if they feel their hive is being threatened.



Summer Transition Club

Are you in Year 6?
Do you have dyslexia or dyspraxia?
Want support in moving to
secondary school in September 2023?

Come and have fun with new friends at our week
long free club and enjoy activities and games as
well as cooking and dance sessions.



"There's nothing to improve,
well one thing, I wish it could
have been two weeks".

24th - 28th July 2023
Forest School, Snaresbrook
10am - 3.00pm each day
More information at:
www.wfda.org.uk

To book your FREE place:

Contact: maxine.johnson@wfda.org.uk



Vocabulary Corner

Monolingual

someone able to speak, read, or understand only one language

Bilingual

someone able to speak two languages well

Multilingual

someone able to speak several languages

Leroy's mum is **monolingual** because she only speaks English.

Fatima uses a **bilingual** dictionary to help with her Spanish homework.

Jane's Dad is **multilingual**, he speaks Urdu, Spanish, German and English!



Waltham Forest Residents News

Click the links below to view this week's Waltham Forest Residents news: <https://content.govdelivery.com/accounts/UKWALTHAM/bulletins/35a867d>

Please ask at the school office you would like a paper copy of this week's newsletter

Diary Dates Summer Term 2023

Any additions/changes to the diary dates are highlighted in **purple** text

Summer Term

Monday 17th April 2023 - Friday 21st July

Monday 22nd May

9.00am Year 6 Trip to Epping Forest

Tuesday 23rd May

8.00am Year 6 Trip to Harry Potter Warner Bros Studios

Friday 26th May

9.00am - 2.30pm Year 6 Leyton Orient Tour trip

Half-term Monday 29th May - Friday 2nd June 2023

Monday 5th June - Friday 16th June

2pm - 3pm Sycamore Class Swimming Lessons begin

Wednesday 7th June

9.00am PTA meeting - canteen hall

Friday 9th June

Pyjama Day - PTA event. Full details to follow

Monday 19th June - Friday 30th June

2pm - 3pm Willow Class Swimming Lessons begin

Monday 19th June

Nursery Sports Day

Monday 19th June - Friday 23rd June

Lost Word Project/Local Park Trips - full details to follow

Wednesday 21st June

Year 6 Waltham Forest Junior Citizens trip. Full details to follow

Wednesday 21st June

Nursery Lost Words Park Trip. Full details to follow

Friday 23rd June

Year 5 Lost Words Park Trip. Full details to follow

Monday 26th June 2023

Reception Sports Day - (times tbc)

Wednesday 28th June 2023

Year 5 & 6 Sports Day (afternoon) - full details to follow

Wednesday 28th June

9.00am PTA meeting - canteen hall

Thursday 29th June 2023

Year 3 & 4 Sports Day - details to follow

Thursday 29th June 2023

Reception Intake meeting - details to follow

Friday 30th June 2023

Year 1 & 2 Sports Day - details to follow

Monday 3rd July 2023

INSET Day - school closed to children

Tuesday 4th July 2023

Year 5 Natural History Museum trip - Willow Class. Full details to follow

Tuesday 4th July 2023

Year 3 Trip London Transport Museum. Full details to follow

Wednesday 5th July 2023

Year 5 Natural History Museum trip - Sycamore class. Full details to follow

Wednesday 5th July

9.00am PTA meeting - canteen hall

Friday 7th July 2023

Year 5 Natural History Museum trip - Hazel class. Full details to follow

Friday 7th July 2023

Year 6 Lost Words Park Trip. Full details to follow

Sunday 9th July 2023

12.00pm - 3.30pm PTA Summer **Fair**

Tuesday 11th July 2023

Year 2 Trip to Epping Forest Learning Centre - Full details to follow

Friday 14th July 2023

Nursery Family Park Trip - full details to follow

Friday 14th July 2023

Reception Aspirations Day - full details to follow

Friday 14th July 2023

6.30pm - 8.30pm Year 6 PTA Leavers Disco

Thursday 20th July 2023

9.00am Year 6 Leavers Assembly

Friday 21st July 2023

School closes 1 hour early for the Summer holidays

WEEK 3 School Dinner Menu for w/b 22nd May 2023

CHOOSE FROM

Pasta Arrabiata 🍴
Jacket Potato with
Various Fillings 🍴🍴🍴
Chilli Beef Enchilladas

SIDES

Spicy Jacket Potato Wedges 🍴

UNLIMITED

Green Beans 🍴
Fresh Organic Carrots 🍴
Salad Selection 🍴🍴
Homemade Bread 🍴

DESSERTS

Cheese & Crackers with Fresh
Apple Slice 🍴
Organic Fruit Yogurt 🍴 with
Seasonal Fresh Fruit 🍴
Seasonal Fresh Fruit Platter 🍴

CHOOSE FROM

Pulled Jackfruit Wraps 🍴
Cheese & Potato Pinwheels 🍴
Bolognaise 🍴

SIDES

Wholewheat Spaghetti 🍴
Roasted New Potatoes 🍴

UNLIMITED

Minted Garden Peas 🍴
Sweetcorn 🍴
Salad Selection 🍴🍴
Homemade Bread 🍴

DESSERTS

Mint & Lime Cookie 🍴 with
Milk 🍴
Organic Fruit Yogurt 🍴 with
Seasonal Fresh Fruit 🍴
Seasonal Fresh Fruit Platter 🍴

CHOOSE FROM

Chickpea Tikka Masala 🍴
Roasted Pepper & Chickpea
Risotto 🍴
Piri Piri Chicken

SIDES

Coconut Rice 🍴

UNLIMITED

Mixed Vegetables 🍴
Seasonal Fresh Cabbage 🍴
Salad Selection 🍴
Homemade Bread 🍴

DESSERTS

Iced Fruit Smoothie 🍴
Fresh Fruit Salad 🍴
Seasonal Fresh Fruit Platter 🍴

Milk 🍴🍴 will be
available after lunch.

CHOOSE FROM

Smokey Cheese & Tomato
Pasta 🍴
Sizzling Stir Fry with Garlic &
Ginger 🍴
Jacket Potato with
Various Fillings 🍴🍴🍴

SIDES

Noodles 🍴

UNLIMITED

Fresh Seasonal Broccoli 🍴
Sweetcorn Cobbettes 🍴
Salad Selection 🍴🍴
Homemade Bread 🍴

DESSERTS

Chocolate Brownie 🍴 with
Custard 🍴
Organic Fruit Yogurt 🍴 with
Seasonal Fresh Fruit 🍴
Seasonal Fresh Fruit Platter 🍴

CHOOSE FROM

Sticky Tofu 🍴
MSC Golden Crumb Fish
Fingers 🍴
Chicken Zinger Wrap 🍴

SIDES

Oven Baked Chips 🍴
Lime & Coriander Infused Rice 🍴

UNLIMITED

Baked Beans 🍴
Fresh Organic Carrots 🍴
Salad Selection 🍴🍴
Homemade Bread 🍴

DESSERTS

Summer Fruit Crunch Pot 🍴
Organic Fruit Yogurt 🍴 with
Seasonal Fresh Fruit 🍴
Seasonal Fresh Fruit 🍴

Community News

Packing for a New Future: Hale End Library

Date: Saturday 21 May 2023
Time: 4pm to 5pm
Location: Hale End Library Castle Avenue London E4 9QD
Cost: Free, no need to book, just turn up



Why not pop along to Hale End Library tomorrow and join a 'Paper Suitcase' craft workshop?

The purpose of this workshop is to help children reflect on what they would pack for a long journey abroad to a different climate and culture and of the experiences of those who did just that.

Crafts Session at Chingford Library



Every: Tuesday and Thursday
Time: 3:30pm to 4:30pm
Location: Chingford library London E4 7EN
Cost: Free, just turn up

Every Tuesday and Thursday Chingford Library run craft activities, perfect for explore and play.

Basic Computer Club at Walthamstow Library

Every Wednesday
Time: 3pm to 4pm
Walthamstow Library, High street, London, E17 7JN
Cost: Free

Need help to:

- Open an e-mail account?
- Navigate your smart phone or tablet?
- Or surf the world wide web?



No booking is required just drop in.

You and Your New Baby (birth to pre crawlers), Chingford

Every Tuesday until 26 September 2023
Time: 1:30pm to 3pm
Location: Chingford Children and Family Centre, Wyemead Centre, 5 Oaks Grove, Chingford, E4 6EY
Cost: Free

Baby's first social group! Come and have fun meeting other families with babies and share experiences and learn how to support your child's development in a fun and relaxing environment.



Need Help Quitting Smoking?

Be part of a smokers quit journey

Sign up to our free training

Quit Right Waltham Forest are offering a free training 'Very Brief Advice in Smoking cessation, known as VBA, 30 seconds to save a life'

It is a life-saving intervention delivered to health and social care practitioners that helps people to make a decision about quitting smoking. VBA is recommended by NICE as evidence-based and cost-effective.

If you would like to be part of helping people to quit smoking and find out more about what we do, join us in one of our weekly Zoom sessions on Very Brief Advice in Smoking Cessation training sessions; visit: bit.ly/4qLFXe



Quit Right

Scan QR code to register for the next session



- ✓ 8-12 Week Plan
- ✓ Nicotine Replacement Therapy
- ✓ Face-to-face Support

In partnership with
Queen Mary
 University of London

Waltham Forest

NHS Dentists in Waltham Forest



This is an up-to-date list of NHS dentists currently offering routine appointments and accepting new patients

Forest Dental Care
 73 Hoe Street
 E17 4SA
 0208 521 3777

Mr Evans and Associates
 252a Chingford Mount Road
 E4 8JL
 0208 529 1587

Church Hill Dental Practice
 18 Church Hill,
 E17 3AG
 0208 520 3872

Park Vue Dental Surgery
 330 Cann Hall Road
 E11 3NW
 02085192990

Abbey Dental Practice
 25 St James Street,
 E17 7JP
 02085212816

Mr Dineen and Associates
 229 High Road Leyton
 E10 5QE
 0208 558 6036

Lea Bridge Dental Practice
 433 Lea Bridge Road
 E10 7EA
 0208 539 6152

Key 2 Smile
 622 Lea Bridge Road, Leyton
 E10 6AP
 0208 539 2277

Wood Street Dental Practice
 176 Wood Street
 E17 3HX
 0208 509 0055

☎ 020 8496 5223

✉ wfsupport@henry.org.uk

Please note that we do not endorse or recommend any particular practice.
 This list is up-to-date as of the: 09 May 2023.



Best Start in Life



FRIENDS OF CHASE LANE PRIMARY SCHOOL



PTA NEWS LETTER NO.1

HELLO and welcome to the first monthly PTA newsletter!

A small introduction of who we are - parent volunteers supporting the 'Friends of Chase Lane Primary School', a charity organisation that raises funds through discos, bake sales, fairs or non-uniform days.

Our events are a fantastic opportunity to bring the school community together and have fun! By coming together, the children benefit hugely as funds raised go back into the school to support funding of fun experiences for the children.

Creating fond memories of their time at primary school!
We appreciate your support!

All parents/carers that would like to volunteer or feel they have an opportunity or ideas to share with the PTA are encouraged to get involved.

The Summer Fair is in the making! We are looking for;

- Stalls - gifts/pocket money products/food
- Donations for the raffle prizes - adult & child prizes
- Do you own a property? We can raise funds and advertise the summer fair with Churchill Estate Agent boards outside your property

Can you help with the above? Email us at: pta@clpwaltham.org.uk

Save The Date



IT'S DISCO TIME!!

YEAR 4 & 5
FRIDAY 19TH MAY 2022
6.30PM TO 8.30PM

£5 ENTRY TO BE PAID ON ENTRY ON THE NIGHT

COME AND HAVE LOTS OF FUN WITH YOUR FRIENDS

ENJOY A LIVE DJ WITH LOTS OF GREAT MUSIC, FUN
AND GAMES!!!!

CRISPS AND UNLIMITED DRINKS FOR ALL!!



The first of it's kind Pyjama Day!!

Friday 9th June
Children come to school
dressed in suitable
pyjamas & trainers.
(No Onesies or Slippers)
£1 donation for PTA



Contact us: pta@clpwaltham.org.uk