

## Newsletter 29 5th May 2023

#### King's Coronation



Today the whole school celebrated the Coronation of King Charles III as he becomes our new monarch this weekend

The children celebrated by wearing something **red, white and blue** with their school uniform and lots of our staff got involved too.

Unfortunately, the weather stopped us from having our planned picnic but we had had a fantastic coronation lunch 'street party style' indoors.

The children have been learning all about the King's coronation. Here are 10 facts for you:

- 1. The coronation takes place at 11.00am on Saturday 6th May 2023.
- 2. The official dish of the coronation is a coronation quiche!
- 3. We get an extra bank holiday day for King Charles' coronation.
- 4. The coronation will take place in Westminster Abbey, London.
- 5. The coronation procession route is much shorter than Queen Flizabeth's.
- $\ensuremath{\mathsf{6}}.$  During the ceremony, Charles will sit in an old wooden chair called the Coronation Chair, which was made in 1300!
- 7. King Charles will wear the St Edward's Crown and Queen Camilla will wear Queen Mary's crown.
- 8. The King has asked for 12 musicians to create music for the coronation
- 9. There are 2,000 people attending.
- 10. King Charles III has a special coronation emblem (see right)



#### Coronation Weekend at Fellowship Square

Waltham Forest are celebrating the Coronation of King Charles III with a packed weekend of activities at Fellowship Square.

Saturday 6th May

The Coronation will be live streamed and played on a loop during the day. Everyone is welcome to bring their own picnic or sample there local street food market. You'll be able to enjoy the state of the art

Fellowship Square Fountains, with its colourful displays, dancing along to the music.

Sunday 7th May

Local based enterprise Go East Vintage has curated a special Coronation themed flea market and will be hosting activities for the whole family. This includes entertainment, music, street food, a bar, and a coffee kiosk.

Continue the Coronation celebrations and support local enterprises, traders, and creators with Go East Vintage, who have hand-picked

traders offering vintage and antique items.

Please note there will be a £2 per person, entrance fee for the market but kids go FREE. Click the link below to buy tickets

https://ticketlab.co.uk/event/id/16292/Go-East-Vintage-Coronation-Elea at Fallowship CENERAL ADMITISTICAL HISTORY AND ADMITIS

Flea-at-Fellowship-GENERAL-ADMISSION#/

As part of The Big Help Out, Waltham Forest are hosting a community day. It will be a day to celebrate local volunteers and organisations who have contributed so much to the lives of local residents over the past year. Communities will be sharing their culture, food, and stories. There will be cultural workshops and performances, family friendly activities, and more. Click the link below for the full programme of activities.

https://www.walthamforest.gov.uk/events/community-fellowshipsquare-day-big-help-out

#### Attendance 24th April - 28th April 2023

Well done to the following classes for achieving the highest attendance percentage in their Year Groups ;- over 96%. The minimum target for attendance each week as set by the Government is 96%.

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Year Group	Class	Attendance%
Year 1	Acacia	99.1%
Year 2	Maple	98.3%
Year 3	Cherry	99.1%
Year 4	Beech	96.6%
Year 5	Sycamore & Willow	97.4%
Year 6	Olive	100%

During the above period our overall school attendance was 96.6% Well done to Olive class for getting 100%. Excellent effort children.

#### Year 6 SATs

Next week our Year 6 children will be taking their SATs test from Tuesday 9th May - Friday 12th May. The children have been working really well to prepare for these tests and our Year 6 staff have been working extremely hard to support them.

During the SATs week it is vital that children attend school every day and arrive on time. We would be very grateful if you ensure that your child gets to bed at a reasonable time during SATs week so that they are well rested.

We have found that children benefited hugely by attending our 'pop up' Year 6 breakfast club. It really helps the children to relax prior to starting the school day and helps relieve any possible anxiety. The club also ensures that the children have enjoyed a generous breakfast that we refer to as 'brain food'!



ALL Year 6 children are expected to attend the breakfast club. This club is free. The children will be provided with cereal, toast, fruit and drinks and given the opportunity to 'let off steam' before settling down to take their tests.

Breakfast will be served from 8.00am until 8.30am and will be available from Tuesday 9th May through to Friday 12th May in the Shiny Hall. Siblings are welcome to come along and join the normal breakfast club. From the breakfast club, the children will go out for some fresh air and then to class with their teacher.

The club settles the children wonderfully and sets them up for a relaxed start to their day surrounded by their friends. It has been a huge success in previous years and we look forward to welcoming all of the children to the 2023 Year 6 breakfast club.

I look forward to seeing your child there.

#### TfL STARS 'Top Newcomer Award'

Exciting news - Chase Lane Primary School has been announced as the regional winner of the TfL STARS 'Top Newcomer Award' for North London! This recognition comes after the school was awarded a Bronze, Silver, and Gold award via the TFL STARS initiative. We're thrilled that the judges were impressed by the school's efforts to promote active travel and decrease the number of cars on the school run, which have helped to improve air quality, road safety, and children's health in the local area.

As regional winners, Chase Lane has also been invited to the TfL STARS Top Schools Event at the Kennington Oval on Monday 22nd May. Four student representatives and a member of staff will attend and celebrate our success. The event will include two creative interactive sessions that aim to recognise and inspire students to become the green leaders of the future.



TfL STARS School Travel Plan

Please ask at the school office you would like a paper copy of this week's newsletter

#### Congratulations to the winners of the World Art Day

For World Art Day this year, we held a competition for the whole school to create their own piece of artwork. Thank you to everyone who took part. There were some fantastic entries.

These are the amazing winners. Well done children.



Amelia in Baobab class

#### Elif in Elm class





Zayd in Oak class

#### Waltham Forest Residents News

Click the links below to view this week's Waltham Forest Residents News:

https://content.govdelivery.com/accounts/UKWALTHAM/bulletins/35

https://content.govdelivery.com/accounts/UKWALTHAM/bulletins/34 <u>638cb</u>

#### Joke of the Week

Q What do you call a king on the toilet?

A. A Royal Flush!



#### Vocabulary Corner

Coronation: the act or ceremony of crowning a king, queen, or other sovereign.

The coronation of the late Queen Elizabeth II was on 2nd June 1953.

#### No Clubs During SATs Week



Polite reminder for those parents whose children have club places - there will be no clubs next week because of the Year 6 SATs. Clubs will resume week beginning 15th May.

Please note, this does not include the after school Tea-Time club that is run by the YMCA.

#### Tell us what you think about Waltham Forest Music Service

#### Please read the message below from Waltham Forest Music Service

Dear Parents and Carers,

I'm writing to you as your son/daughter currently receives music lessons in school (either in their class or in a small group or 1-1), delivered by music teachers from Waltham Forest Music Service. We'd like to know more about your child's experiences of the lessons and our service to help us improve.

#### Please tell us what you think in this short survey

Please respond by Friday 19th May.

All survey responses are anonymous. If you'd like to discuss any aspect of our services or music education with us, please do get in touch by email <u>music.service@walthamforest.gov.uk</u> or phone 020 8495 1584.

Thank you for your help.

Kind regards, Waltham Forest Music Service 020 8496 1584

Find out about our online music lessons, groups & courses: https://www.wfmusichub.org





#### Dr Bike Session - Walthamstow Central

Date: 6 May 2023 Time: 10am to 4pm

Location: Walthamstow Central

Cost: Free

At Dr. Bike sessions experienced mechanics check everything on your bike. From wheels, brakes, gears, and tyre pressure to lights, racks, pedals, and saddles.

Any minor adjustments they can make to the bike, they do there and then. Anything they can't fix on site they will let you know exactly what needs doing and a rough guide to what it should cost at a bike

All our mechanics are friendly and approachable and have a wealth of cycling knowledge so feel free to pick their brains about cycle training or other cycling activities.

#### Cuppa with a Copper Highams Park

Date: every Wednesday until 31st May 2023 Time: 11am to 12pm

Location: Humphreys Cafe, Highams Park, IG8 9RB

Cost: Free, just turn up

Every Wednesday local police and Waltham Forest Council Anti Social Behaviour (ASB) officers are holding coffee mornings at Humphry's Cafe, Highams Park from 11am.

These allow residents to have face to face interaction with their Neighbourhood Policing Teams where they can share their concerns and share crime prevention advice.

#### Diary Dates Spring Term 2023

Any additions/changes to the diary dates are highlighted in purple text

#### Summer Term

Monday 17th April 2023 - Friday 21st July

Monday 8th May

Tuesday 9th - Friday 12th May

Thursday 11th May Friday 12th May

Monday 15th May - Friday 19th May Monday 15th May - Friday 26th May

Wednesday 17th May Friday 19th May Monday 22nd May Tuesday 23rd May

6.30pm - 8.30pm PTA event Year 4 & 5 Disco 9.00am Year 6 Trip to Epping Forest 8.00am Year 6 Trip to Harry Potter Warner Bros Studios Friday 26th May

9.00am - 2.30pm Year 6 trip to Leyton Orient Football ground - details to follow

Half-term Monday 29th May - Friday 2nd June 2023

Monday 5th June - Friday 16th June Monday 19th June - Friday 30th June

Monday 19th June

Monday 19th June - Friday 23rd June

Wednesday 21st June Monday 26th June 2023 Wednesday 28th June 2023 Thursday 29th June 2023 Thursday 29th June 2023 Friday 30th June 2023 Monday 3rd July 2023 Tuesday 4th July 2023 Tuesday 4th July 2023

Wednesday 5th July 2023 Friday 7th July 2023 Sunday 9th July 2023

Tuesday 11th July 2023 Friday 14th July 2023

Friday 14th July 2023 Friday 14th July 2023 Thursday 20th July 2023

Friday 21st July 2023

2pm - 3pm Sycamore Class Swimming Lessons begin

2pm - 3pm Willow Class Swimming Lessons begin

Nursery Sports Day

Lost Word Project/Local Park Trips - full details to follow

Bank Holiday for King Charles' Coronation - school closed

Year 6 SATs week. Year 6 SATS Breakfast Club all week

National Walk to School Week. Full details to follow

Last Year 2 After School Booster session

9.00am PTA meeting in the canteen hall

6.30pm - 8.30pm PTA event Year 2 & 3 Disco

2pm - 3pm Hazel Class Swimming Lessons begin

Year 6 Waltham Forest Junior Citizens trip. Full details to follow

Reception Sports Day - (times tbc)

Year 5 & 6 Sports Day (afternoon) - full details to follow

Year 3 & 4 Sports Day - details to follow Reception Intake meeting - details to follow Year 1 & 2 Sports Day - details to follow INSET Day - school closed to children

Year 5 Natural History Museum trip - Willow Class. Full details to follow

Year 2 Trip London Transport Museum. Full details to follow

Year 5 Natural History Museum trip - Sycamore class. Full details to follow

Year 5 Natural History Museum trip - Hazel class. Full details to follow

12.00pm - 3.30pm PTA Summer Fun Day

Year 2 Trip to Epping Forest Learning Centre - Full details to follow

Nursery Family Park Trip - full details to follow Reception Aspirations Day - full details to follow 6.30pm - 8.30pm Year 6 PTA Leavers Disco

9.00am Year 6 Leavers Assembly

School closes 1 hour early for the Summer holidays

#### WEEK 1 School Dinner Menu for w/b 9th May 2023



### DESSERTS

WEEK

#### **CHOOSE FROM**

Planet Pizza Wedge **@√** Forest Pizza Slice **②** Jacket Potato with Various Fillings ♥ ♥ ♥ & V

#### UNLIMITED

Mixed Vegetables ♥V
Seasonal Fresh Broccoli ♥V
Salad Selection ♥ ♥V
Homemade Bread ♥

#### DESSERTS

## **CHOOSE FROM**

Spiced Chickpea & Sweet Potato Pilaf **@**V

#### SIDES

#### UNLIMITED

Green Beans &V
Salad Selection &V
Homemade Bread &V

#### DESSERTS

**CHOOSE FROM** 

Jacket Potato with Various Fillings ● ● ● ● V

#### SIDES

#### **UNLIMITED**

Courgettes & V Salad Selection • & V Homemade Bread V

#### DESSERTS

Organic Fruit Yogurt ♥ with Seasonal Fresh Fruit @V Seasonal Fresh Fruit Platte

#### **CHOOSE FROM**

#### UNLIMITED

Baked Beans ®V Homemade Bread

**9**))

#### DESSERTS

Pineapple & Ice Cream ♥ or Homemade Vegan Ice Cream ♥√ Organic Fruit Yogurt ♥ with Seasonal Fresh Fruit ♥√ Seasonal Fresh Fruit ♥√

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# IT'S DISCO TIME! YEAR 2 & 3 FRIDAY 12th MAY 2023

6.30PM TO 8.30PM

£5 ENTRY TO BE PAID ON ENTRY ON THE NIGHT

COME AND HAVE LOTS OF FUN WITH YOUR FRIENDS

ENJOY A LIVE DJ WITH LOTS OF GREAT MUSIC, FUN AND GAMES!

**CRISPS AND UNLIMITED DRINKS FOR ALL!** 



#### Community News



All participants will be sent a £20.00 Amazon token of thanks

Two e-sessions will be held on Zoom as follows on Wednesday 17th May, 2023: 10.30am - 12.00pm 6.30pm - 8.00pm



Any parent or carer who is not able to participate at the day/times above can still provide their feedback by contacting David Noble at: david.noble@place-group.com or telephone: 07711 518366

Waltham Forest

**Consultation Sessions for Parents** and Carers of Autistic Young **People in Primary School** Education

All participants will be sent a £20.00 Amazon e-gift voucher as a token of thanks

Two e-sessions will be held on Zoom as follows on Thursday 18th May, 2023: 12.15pm - 2.15pm 6.30pm - 8.00pm

Please select which session you would like to attend by going to: www.surveymonkey.co.uk/r/LBWFAutismPrimary Or following the QR Code



Any parent or carer who is not able to participate at the day/times above can still provide their feedback by contacting David Noble at: david.noble@place-group.com or telephone: 07711 518366



# Helping You Make Healthy Habits As A Family

Come along to our fun & free healthy lifestyle courses!



Mondau

Peterhouse Community Centre E17 3PW

17:00-19:00

Tuesday

LEYTON

Leyton Cricket Ground E10 6 PY

17:30-19:30

Wednesday

CHINGFORD

Chingford C of E Primary School E4 7BP

17:00-19:00

Thursday

WALTHAMSTOW

Walthamstow School for Girls E17 9RZ

17:30-19:30

12-week BeeZee Families courses starting w/c 8th May 2023

Places are limited, so get in touch with us today.



Sign up for your family's FREE place at

beezeebodies.com/families

\*To be eligible for this awesome free service, your family must live/go to school/be registered with a GP in Waltham Forest and include one child aged 5-15 who is above their ideal healthy weight.



Activities for the Whole

www.beezeebodies.com/families

03308 186308





Healthy Start, Brighter Future

# A great start for babies and young children

Everyone wants the best for their children, but it can be hard to know what to do as a parent in the early years. That's where HENRY comes in.

The HENRY programme is free to join and helps you give your child the best possible start in life.



"This programme changed my life."

www.henry.org.uk

#### About the programme

The programme is for parents or carers of children aged O to 5 years old. It is free to join.

Everyone wants the best for their children, but with so much conflicting advice it can be hard to know what to do for the best as a parent, especially in the early years.



The HENRY Healthy Families: Right from the Start programme is running locally. Join the thousands of families across the country who have benefited from the support and tips it provides for young families.

Research shows that the key ingredients to ensuring babies and young children have a healthy start in life are:

- Parenting confidence
- Physical activity for little ones
- What children and families eat
- Family lifestyle habits
- Enjoying life as a family

The programme covers these 5 themes across 8 weeks and provides everything you need to help get your little one off to a great start.

#### Weekly sessions

Each week helps you provide a healthy, happy, supportive environment for the whole family.

Week 1 - Decide what changes you want to make and set your own goals

Week 2 - How to juggle life with young children so you all get what you need

Week 3 - How to respond to children's needs without giving in to all their demands

Week 4 - Positive mealtime tips for a happy family - reducing mealtime stress for everyone

Week 5 - Ideas for active play to help children learn, develop and stay happy

Week 6 - Food groups, food labels, portion sizes for under 5s, first foods, and snack swaps

Week 7 - Understanding and managing your child's behaviour for a happier home

Week 8 - Celebrate your success as a parent and plan the future for your family

"I highly recommend it. It was brilliant."



#### Is the HENRY programme for me?

The HENRY programme can help everyone with a baby or young child. Every parent who joins learns something new and useful.



If you have at least one child under 5 years old and can answer 'yes' to any of the questions below then HENRY is for you:

- Would you like to feel more confident as a parent?
- Would you like some support to give your child a healthy start?
- Do you wish your child would eat more fruit and vegetables?
- Would you like to reduce mealtime stress?
- Would you like to enjoy being active together as a family more often?
- Are you interested in some ideas to get children away from the TV?

#### What is HENRY?

HENRY is a UK charity working to give babies and young children a healthy start in life.

#### What do other parents say about it?

- 97% of parents would recommend it
- 89% feel more confident as a parent

"I'm so glad I did this programme. Do it!"

"This was the best thing I could possibly have done to help me be a better mum"

## What do I get on a HENRY programme?

Every parent joining a HENRY programme receives a HENRY toolkit which includes everything you'll need during the programme and helpful resources to use in your family.

The HENRY toolkit will help you give your child a great start in life, get the whole family involved, and keep track of how well you're doing.



The HENRY Parent Toolkit - free to everyone joining a HENRY programme

#### How can I join a programme?

HENRY programmes are running locally. Talk to your local Children's Centre or Family Hub, Early Intervention or Family Support Service to find out more, help you decide if you would enjoy it, or to join a programme.

#### For more information about HENRY go to:

🙈 www.henry.org.uk

(\*\*) @HENRYHealthy

facebook.com/HENRY.HealthyFamilies

01865 302973



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