

Newsletter 15

6th January 2023

Seasons Greetings

Welcome back everyone - we hope you had a fantastic break and enjoyed the new year celebrations. It was certainly more relaxing for staff knowing that Ofsted had been!

The Ofsted visit was an experience that really did exemplify how amazing your children and the staff are. When the final report is published we will be allowed to share the outcome with you. We will notify you when this is available.

In terms of the start to the term, well it has been a fantastic start to the new year. The children have all settled into their learning with great enthusiasm and consistently excellent behaviour. Well done everyone!

Last term we consulted staff, governors children and parents on the Chase Lane School Vision. I was very pleased with the engagement of all of those who got involved and I would like to announce the winning vision chosen:

'Nurturing curious minds in our community ready for a sustainable future.'

Mr Jeffery

Future Careers Project

At Chase Lane we are beginning a new Future Careers project across the school which hopefully will engage all the children in thinking about the vast opportunities that await them when they eventually leave education.

Although careers is usually something discussed in secondary school, at Chase Lane we would like to get the children thinking about the wealth of possibilities opened to them when they reach adulthood.

In the spirit of this, we would initially like to ask anyone that would be able to give a few minutes to talk about their line of employment to get in touch! It doesn't matter whether you work for Morrisons or Microsoft, it would be great for the children to hear about different aspects of a wide range of jobs.

It would be wonderful if you could come into school but we could also accommodate people remotely as we could potentially arrange a Teams meeting where you could talk for a minute or two about what you do and the children could have the opportunity to ask a few questions about your work.

We are hoping that this will be a chance to get the children considering what different jobs look like and quite simply to know that different jobs exist that they may never have thought of before!

Please get in touch if you can spare ten or fifteen minutes by calling the school office 0208 529 6827 emailing the office chaselanepri@clpwaltham.org.uk with the subject 'Careers'. Thank you to those parents that have already volunteered.

Thank you in advance
Mrs Jarvis

Waltham Forest Winter Spaces

Waltham Forest council **Winter Spaces** are a collection of community and council venues across the borough that you can visit for free this winter. There are 3 types:

Community Living Rooms are spaces for residents to relax or socialise in a cosy, warm space.

Community Kitchens are places to come together around food. This might be enjoying a free hot snack with people from your local community or a subsidised meal at a community café.

Libraries offer desk space for studying and working, Wi Fi and PC computer use for any residents and non-residents as well as daily free events for adults and children.

For more information click the link <https://www.walthamforest.gov.uk/get-involved/winter-spaces-network> then use the map to find your nearest Winter Space and see what each space offers including opening hours, facilities and activities. More Winter Spaces will be added, so please do keep checking back.



Reception Admissions 2023

Do you have a child who was born between 1 September 2018 and 31 August 2019?

If so, they are due to start Reception Class in September 2023.

To make an application please apply online at

www.eadmissions.org.uk by **15 January 2023**. For more information

visit the Waltham Forest Primary Admission page <https://www.walthamforest.gov.uk/content/applying-primary-school-place>

where you can download a copy of the Starting Primary School

2023 brochure which has full details of how to apply for a

Reception Class place.



Stay & Play

Stay & Play sessions will restart next **Monday 9th January 2023** with Mrs Canham, the schools Family Outreach worker.



Welly Boots!



Forest School would really appreciate unwanted welly boots, particularly those that would fit children aged 7 - 11 years. If you have any, please bring them to the school office.

Many thanks,
Mrs Field
Forest School Leader

Parent Support Workshops

The Youth At Risk Service which is part of the Youth & Family Resilience Service (in Waltham Forest), are working in partnership with the police and CGL (Change Grow Live) to offer 3 virtual support awareness workshops for parents. The topics are linked to the exploitation of vulnerable children and their families and are aimed towards the parents/carers of primary school aged children transitioning into secondary education.



Young People's Service

Waltham Forest

This series of virtual support workshops which will be delivered via Microsoft Teams software, has the aim to inform and empower parents/carers to be able to safeguard and support their children. The workshops will take place on:-

12/01/23 from 6pm until 7:30pm - Social Media Safety Awareness

09/02/23 from 6pm until 7:30pm - Gangs & Drugs Awareness

23/03/23 from 6pm until 7:30pm - Healthy Relationships

Awareness. Please contact the school office via the school email chaselanepri@clpwaltham.org.uk if you would like to receive further information.

Parent Forum



Our Parents' Forum consists of a group of parents who volunteer to attend termly meetings in school whereby parents can share their views and ideas about different areas of school life. It is hoped that a parent from each class will be at each meeting, together with me.

These meetings are intended to be an informal discussion forum.

The next Parent's Forum will take place in school on **Thursday 19th January at 2.30pm - 3.15pm**. If you are free to spare approximately 45 minutes to attend, please advise the Office Manager, Mrs Dasilva by email at: chaselanepri@clpwaltham.org.uk by **midday Wednesday 18th January**.

Diary Dates Spring Term 2023

Any additions/changes to the diary dates are highlighted in **purple** text

Tuesday 10th January	Year 3 & 4 Homework club restarts
Thursday 12th January	Year 2 after school boosters start
Thursday 12th January	Year 6 after school boosters restart
Monday 16th January	Spring Term Clubs start
Thursday 19th January	2.30pm - 3.15pm Parents Forum
Monday 13th February - Friday 17th February Half -Term	
Monday 20th February	INSET Day - school closed to children
Friday 24th February	8.30am—9.30am School Nurse drop-in Community Room
Friday 24th February	PTA Year 1 - 3 Movie Night - details to follow
Friday 10th March	PTA Year 4 - 6 Movie Night - details to follow
Monday 20th March	Clubs and after school boosters end this week
Monday 27th March	Whole school Parent Consultations
Thursday 30th March	Whole school Parent Consultations
Friday 31st March	School closes 1 hour early for Easter holidays

Chase Lane Primary School and Nursery Unit
Calendar 2022-2023

September 2022						
Mon	Tues	Wed	Thur	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

October 2022						
Mon	Tues	Wed	Thur	Fri	Sat	Sun
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

November 2022						
Mon	Tues	Wed	Thur	Fri	Sat	Sun
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

December 2022						
Mon	Tues	Wed	Thur	Fri	Sat	Sun
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2023						
Mon	Tues	Wed	Thur	Fri	Sat	Sun
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

February 2023						
Mon	Tues	Wed	Thur	Fri	Sat	Sun
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

March 2023						
Mon	Tues	Wed	Thur	Fri	Sat	Sun
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

April 2023						
Mon	Tues	Wed	Thur	Fri	Sat	Sun
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

May 2023						
Mon	Tues	Wed	Thur	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

June 2023						
Mon	Tues	Wed	Thur	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

July 2023						
Mon	Tues	Wed	Thur	Fri	Sat	Sun
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

August 2023						
Mon	Tues	Wed	Thur	Fri	Sat	Sun
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Inset Days	Bank Holidays	School Holidays
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Joke of the week

Q. When is it bad luck to see a black cat?

A. When you're a mouse!



Waltham Forest Crisis Line



CONFIDENTIAL EMOTIONAL SUPPORT
SUPPORTLINE

Do you need someone to talk to? Call 03005551000 for the confidential 24/7 Waltham Forest crisis line.

Attendance

Please be aware that any holiday absence requests taken directly before or after a school holiday as well as during term time will go unauthorised. It is important that children maintain high attendance to allow them to reach their full potential and avoid falling behind in their learning. Children will get a cold from time to time but on the whole, are generally well enough to attend school.



Please familiarise yourself with the school calendar because the school will not authorise any holiday taken term during time.

Please be reminded that if your child has a medical appointment, you must notify the school office and provide proof of the appointment in advance of picking up your child.

Preloved Uniform Sale Thursday 12th January

PRELOVED Uniform Sale

Chase Lane are aware that the cost of living is rising at an increasingly alarming rate and the affects this is having on our school community. We are doing all we can to help our families. One way we have decided to help is by selling preloved uniform items for 50p each. This month preloved uniform items will be sold from outside the main school office on **Thursday 12th January** between 3.00pm - 3.15pm. We will **only accept a cash payment**, therefore we kindly ask that you bring the correct cash with you as change cannot be given. We also have new Chase lane coats usually priced at £10 which we are selling for £5.

Happy Birthday

Happy Birthday to all those who celebrated their birthdays in September, October, November and December. We hope you had a wonderful day!



Waltham Forest Residents' News

Click the links below to view the latest Waltham Forest Residents' News: <https://content.govdelivery.com/accounts/UKWALTHAM/bulletins/33fbec3>

The Power of Yet...
DEVELOP YOUR GROWTH MINDSET

I can't do this...yet!
This doesn't work...yet!
I don't know...yet!
It doesn't make sense...yet!
I'm not good at this...yet!
I don't get this...yet!

Community Events

Rocket Bookmark craft at Walthamstow library

On Monday 2nd January it was National Science Fiction day, this year they are honouring the work of author Isaac Asimov. Why not pop along to **Walthamstow library** on **Saturday 7 January, 3.30pm to 4.30pm** and make a rocket bookmark to celebrate this day and Isaac Asimov's life?



Join this fun event and go home with a lovely homemade rocket bookmark to save your place in your favourite science fiction books!

The event is **Free** and suitable for all ages

Kid's Film Club Wood Street Library

Wood Street library run a Kid's Film Club event Sunday, 1pm to 3pm. Why not take the children along?

This event is **FREE** and suitable for ages 3 to 10.

Please note: Children must be accompanied by an adult

For more information and to book a place, click the link below <https://www.walthamforest.gov.uk/events/kids-film-club-wood-street-library>



Flu Vaccination Clinics

Has your child missed their Flu Vaccination at school?



We are running catch up clinics in your area for the following age groups:

Flu Vaccinations: Reception - Year 9

If you would like an appointment to attend, please email us at: appointments@v-uk.co.uk or call 0203 343 2400

Please use the E-Consent link below to complete the electronic form **even** if you do not wish your child to receive the vaccination or if they have received it elsewhere.

Early Help Community Drop-In

FREE DROP-IN SESSION

NO NEED TO BOOK

Our Early Help Community Drop-In is here.

It's a place where everyone can come to get friendly support and information from local volunteers, community organisations and Waltham Forest Early Help teams in an informal space.

We can help you with information about local services, support for parents, community activities, and help to use online services and more.



Drop in from 9.45-11.15am

TUESDAY
LEYTON
CHILDREN AND
FAMILY CENTRE
HUB
215 QUEENS ROAD
E17 8PJ

WEDNESDAY
CHINGFORD
CHILDREN AND
FAMILY CENTRE
HUB
5 OAKS GROVE
E4 6EY

THURSDAY
WALTHAMSTOW
CHILDREN AND
FAMILY CENTRE
HUB
313 BILLET ROAD
E17 5PX

FRIDAY
LEYTONSTONE
CHILDREN AND
FAMILY CENTRE
HUB
2-8 CATHALL ROAD
E11 4LF



Can you help?
You can find out how to volunteer here:



CYCLE CONFIDENT BIKE MAINTENANCE COURSES

Sat 7 Jan 10:00am to 4:00pm
Langthorne Park, Birch Grove E11

Sat 14 Jan 10:00am to 4:00pm
Hale End Library, Castle Avenue E4

Sat 21 Jan 10:00am to 4:00pm
Lea Bridge Library, Lea Bridge Road E10

Sat 28 Jan 10:00am to 4:00pm
Wood Street Library, Troubridge Square E17



Free bike maintenance courses are returning in January 2023

During the session Cycle Confident mechanics will teach you how to carry out maintenance on your cycle from changing an inner tube, to adjusting brakes and fixing chains.

Spaces are limited.

For more information and to book a space visit cycleconfident.com/sponsors/Waltham-Forest



A great start for babies and young children

Everyone wants the best for their children, but it can be hard to know what to do as a parent in the early years. That's where HENRY comes in.

The HENRY programme is free to join and helps you give your child the best possible start in life.



"This programme changed my life."

www.henry.org.uk

Is the HENRY programme for me?

The HENRY programme can help everyone with a baby or young child. Every parent who joins learns something new and useful.



If you have at least one child under 5 years old and can answer 'yes' to any of the questions below then HENRY is for you:

- Would you like to feel more confident as a parent?
- Would you like some support to give your child a healthy start?
- Do you wish your child would eat more fruit and vegetables?
- Would you like to reduce mealtime stress?
- Would you like to enjoy being active together as a family more often?
- Are you interested in some ideas to get children away from the TV?

What is HENRY?

HENRY is a UK charity working to give babies and young children a healthy start in life.

About the programme

The programme is for parents or carers of children aged 0 to 5 years old. It is free to join.

Everyone wants the best for their children, but with so much conflicting advice it can be hard to know what to do for the best as a parent, especially in the early years.



The HENRY *Healthy Families: Right from the Start* programme is running locally. Join the thousands of families across the country who have benefited from the support and tips it provides for young families.

Research shows that the key ingredients to ensuring babies and young children have a healthy start in life are:

- Parenting confidence
- Physical activity for little ones
- What children and families eat
- Family lifestyle habits
- Enjoying life as a family

The programme covers these 5 themes across 8 weeks and provides everything you need to help get your little one off to a great start.

What do other parents say about it?

- 97% of parents would recommend it
- 89% feel more confident as a parent

"I'm so glad I did this programme. Do it!"

"This was the best thing I could possibly have done to help me be a better mum"

What do I get on a HENRY programme?

Every parent joining a HENRY programme receives a HENRY toolkit which includes everything you'll need during the programme and helpful resources to use in your family.

The HENRY toolkit will help you give your child a great start in life, get the whole family involved, and keep track of how well you're doing.



The HENRY Parent Toolkit – free to everyone joining a HENRY programme

Weekly sessions

Each week helps you provide a healthy, happy, supportive environment for the whole family.

Week 1 – Decide what changes you want to make and set your own goals

Week 2 – How to juggle life with young children so you all get what you need

Week 3 – How to respond to children's needs without giving in to all their demands

Week 4 – Positive mealtime tips for a happy family – reducing mealtime stress for everyone

Week 5 – Ideas for active play to help children learn, develop and stay happy

Week 6 – Food groups, food labels, portion sizes for under 5s, first foods, and snack swaps

Week 7 – Understanding and managing your child's behaviour for a happier home

Week 8 – Celebrate your success as a parent and plan the future for your family

"I highly recommend it. It was brilliant."



How can I join a programme?

HENRY programmes are running locally. Talk to your local Children's Centre or Family Hub, Early Intervention or Family Support Service to find out more, help you decide if you would enjoy it, or to join a programme.



For more information about HENRY go to:

- www.henry.org.uk
- @HENRYHealthy
- [facebook.com/HENRY.HealthyFamilies](https://www.facebook.com/HENRY.HealthyFamilies)
- 01865 302973



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