

### Thank You

Last Friday the Friends of Chase Lane PTA hosted Family Bingo in the school hall. The event was a huge success and the Friends of Chase raised £239.00 for the school. I would like to say a big thank you to the Friends of Chase Lane members and special thanks to Mr Wingrove for being the Bingo caller.

Next **Friday 22nd October**, The Friends of Chase Lane PTA will be hosting a Lower Phase Disco for Years 2 & 3 from 6.30pm - 8.30pm. The entrance fee is £4 and includes mix and match 2 bags of crisps or popcorn and unlimited juice. If you are available to help support the event in any way, please email [friendsofchaselane@hotmail.co.uk](mailto:friendsofchaselane@hotmail.co.uk) and one of the PTA members will contact you.

The PTA are organising sponsorship boards for the Christmas Fair which takes place on Sunday 5th December. Churchill estate agents have kindly agreed to sponsor the school £500. If you are willing to have a sponsorship board placed outside your house for a couple of weeks, please email your name and address to the PTA at the email address above. All the money raised will be used to enrich and benefit the lives of all the children in school.



### Attendance 4th October - 8th October 2021

Congratulations to the following classes for achieving the highest attendance percentage in their Year Groups; over 96%.

Year Group	Class	Attendance %
Year 1	Ash	100%
Year 2	Cedar	97.2%
Year 3	Sequoia	100%
Year 4	Hazel	98.3%
Year 5	Palm	99.6%
Year 6	Oak	96.4%



The minimum target for attendance each week as set by the Government is 96%. During the above period our overall school attendance was 96.6. Congratulations to **Ash** class and **Sequoia** class for achieving 100% last week. Well done everyone.

### Reception Golden Rules Dress Up Day

This half-term our Reception children have been learning all about our six Golden Rules. These are:

Mona Monkey - Good listening

Louis Lion - Being honest

Alfred Alligator - Being kind and helpful

Elsa Elephant - Always trying hard

Gino Giraffe - Looking after property

Zelda Zebra - Being gentle

The children have been trying their best to follow all the golden rules. **Next Friday 22nd October** the Reception children will come to school dressed up as one of the animals mentioned above to raise funds for the RSPCA; a very good cause.



### Black History Month Celebrations



On **Thursday 21st October**, as part of our Black History month celebrations, all pupils are invited to come into school wearing a T-shirt in the colour of the flag of their cultural heritage or a traditional outfit worn in that country. Children are **not** allowed to wear football shirts. We look forward to seeing all the different colours and traditional outfits.

### Black British Talent

#### Have you heard of Dr Anne-Marie Imafidon?

Dr Anne-Marie Imafidon was born in 1990 and is a Black British computing, mathematics and language child prodigy. She is one of the youngest children to pass two GCSEs in two different subjects while in primary school. At the age of 11, she is the youngest girl **ever** to pass A-level Computing.

Anne-Marie founded and became the Chief Executive Officer (CEO) of Stemettes in 2013. The company was set up to help combat the lack of women working in Science, Technology, Engineering and Maths (STEM) and to inspire the next generation of females into STEM jobs.

#### What about Betty Campbell?

Rachel Elizabeth Campbell - known to everyone as Betty, was born in 1934 in Cardiff's docklands area to a Jamaican father and Welsh Barbadian mother. When Betty was a young girl her father was killed during the Second World War and her mother struggled to earn money. Despite the family's difficulties, Betty won a scholarship to Cardiff's Lady Margaret High School for Girls. During her time there, she once told her headteacher that she wanted to be a teacher when she grew up. However, Betty's teacher told Betty that her chances of becoming a teacher were impossible.

Betty said "at first I went back to my desk and cried, but then those words made me more determined to be a teacher". Thanks to Betty's resilience and determination, she became Wales' first black headteacher. Betty was a headteacher for many years in the city of Cardiff and died aged 83 in 2017. A statue to honour her was revealed in Cardiff last month. The statue is thought to be the first statue of a real-life woman (that is not a character from a book or story) in an outdoor public space in Wales.



### World Mental Health Day

Sunday 10 October was World Mental Health Day. It's a global event which aims to raise more awareness about mental health.

Mental health is something that affects everyone, just like physical health. It's completely normal to feel sad, angry or worried from time to time, but when those feelings won't go away and they start to really affect your day-to-day life, that is when it is best to seek help.

These are some handy tips and tricks you can try out if there are times when you're not feeling too great. You can also suggest these to friends and family:

- Make sure you're getting enough sleep.
- Take part in a physical activity - this can include things like walking, dancing, cycling or swimming.
- Spend time with supportive people - these could be friends, family members or people at school. If you aren't able to meet up in person, speak on the phone
- Plan something to look forward to like reading a new book, baking something tasty, or taking part in a sport you love.
- Make sure your diet is healthy and balanced, which includes having the odd treat here and there too.

The most important thing to remember is don't suffer in silence, speak to someone because talking helps.

### Joke of the Week

**First boy:** My brother was named George because he was born on St. George's Day.

**Second boy:** My brother was named Andrew because he was born on St. Andrew's Day.

**Third boy:** The same thing happened to my brother Pancake.

### Happy Birthday



Happy Birthday to everyone who has celebrated or will be celebrating their birthday during the month of **October**.

## School Nurse Drop-In Sessions

The Community School Nursing Team will be holding drop in sessions in the school meeting room. Parents/carers are welcome to drop by to discuss issues such as bedwetting; weight/height; healthy eating; behaviour etc.

The drop-in session are 8.30am - 9.30am on the following dates :-

Thurs 28th October 2021

Thurs 25th Nov 2021

Thurs 16th Dec 2021



## Van Cols School Photos

This week the children had their photograph taken by the school photographers, Van Cols. Your child should have brought a registration card home with them. You will need to register to view your child's photograph once it has been released on the Van Cols system and follow the instructions on the registration card to place your order directly with Van Cols. **No orders should be sent in to the school.**

Once the orders are ready, Van Cols will deliver the photographs to the school and we will give them out to the children to bring home.



## Reception 2022-2023 Intake Tours

The deadline to apply for a Reception school place for September 2022 place is on **15th January 2022**. You must apply via the e-admissions portal [www.eadmissions.org.uk](http://www.eadmissions.org.uk) Prospective parents are invited to attend one of our Reception Intake meetings on the following dates:

Tuesday 9th November

Tuesday 23rd November

Tuesday 7th December

Friday 10th December

The meetings will be hosted by Mr Jeffery and will take place at 9.15am - 10.00am in the school hall. Spaces are limited to two adults per family and children will not be allowed to attend. To book a place, please call the school office **0208 529 6827**.



## Vocabulary Corner

**Prodigy** - a person, especially a child or young person, having extraordinary talent or ability



**Similar words:** Genius

**Example:** *Jemma was a child **prodigy**, playing the violin from the age of 2.*

## Healthy Packed Lunches

Please note that **sweets and chocolates** are not allowed in children's packed lunches. This includes chocolate covered biscuits. There is an increasing number of children who are having these as part of their packed lunches. We are a NUT-FREE school. We have some children with nut allergies and a reaction could be severe. **Peanut Butter/Nutella** or any other nut based spreads should not be brought into school via children's packed lunches.



We are a healthy school and maintain this throughout the school. It is most important that your child's lunch be nutritious and filling. For ideas for healthier lunches, please visit any of the websites listed below:

[www.nhs.uk/change4life](http://www.nhs.uk/change4life)

[www.bbcgoodfood.com/howto/guide/school-packed-lunch-inspiration](http://www.bbcgoodfood.com/howto/guide/school-packed-lunch-inspiration)

[www.srnutrition.co.uk/2020/06/healthy-packed-lunches-for-children](http://www.srnutrition.co.uk/2020/06/healthy-packed-lunches-for-children)

Thank you for your cooperation.

## Secondary Admissions 2022-2023

Year 6 parents/carers are reminded that the closing date for secondary applications for September 2022 is **31st October 2021**. Applications should be made online at [www.eadmissions.org.uk](http://www.eadmissions.org.uk).

## Polite Reminder

A polite reminder, please ensure your child/children **do not** play on school equipment after school as staff are not on duty to support if there were any incidents. Thank you in advance for your support



## School Dinner Menu w/b 18th October 2021

Week 1	Monday (save the planet day)	Tuesday	Wednesday	Thursday	Friday (Black History Lunch)
CHOICE 1	Planet Pizza (V)	Meatballs in Tomato sauce	MSC Lemon Crumb Salmon Fillet with Lemon Twist	Fish Fingers	Jerk Chicken with Rice & Peas
CHOICE 2	Jacket Potato & Beans (V)	Cheese Wrap (V)	Sweet Potato Korma (VE)	Samosas (V)	Marinated Vegetable Jollof Rice (VE)
CHOICE 3					Macaroni Cheese
Sides	Jacket Wedges	Wholemeal Spaghetti	Steamed Minted New Potatoes 50/50 Rice	Oven Baked Chips	Fried Plantain Dumpling
Vegetables	Sweetcorn Minted Garden peas	Mixed Vegetables Broccoli	Shredded Green Cabbage Organic Carrots	Baked Beans Green Beans	Mini Sweetcorn Cobs Rainbow Coleslaw
Dessert	Organic Fruit Yogurt	Organic Fruit Yogurt	Organic Fruit Yogurt	Organic Fruit Yogurt	Jamaican Ginger Cake
	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Caramelised Pineapple
					Fruit Salad