

### PTA Year 5 & 6 Disco Tonight!

The PTA Year 5 & 6 Disco takes place tonight, 6.30pm - 8.30pm. Tickets can be bought on the door and cost £5 which includes crisps, unlimited drink and professional DJ, Mr Zippy!



Children are **not** to bring mobile phones. All children must be collected by an adult.

We look forward to seeing you all there.  
Friends of Chase Lane PTA



### Happy Diwali



On Sunday 12th November it was Diwali. Diwali is the five day festival of lights celebrated by millions of Hindus, Sikhs and Jains across the world.

We hope our families that celebrated Diwali enjoyed the celebrations with their loved ones.

### Year 4's Trip to Queen Elizabeth's Hunting

Year 4 had a wonderful time on their school trip to Queen Elizabeth's Hunting Lodge last week! They took part in a range of activities including, exploring the foods eaten at a Tudor Banquet, making Tudor shields, observing artefacts and the architecture from the past and even meeting the King and Queen!



### Year 4 Tudor Dress Up Day 29th November

This term, Year 4 have been learning all about the Tudors. As part of our topic, we have planned a Tudor dress up day on **Wednesday 29th November 2023**. Children will be taking part in some fun Tudor themed activities on the day to get into the role. Below are some ideas of what the children may dress up in on the day. Please do not feel obliged to purchase a costume and try to make a costume using clothing/accessories which you already own.

Year 4  
Teachers



### Attendance 6th November - 9th November

Very well done to the following classes for achieving the highest attendance percentage in their Year Groups :- over 96%. The minimum target for attendance each week as set by the Government is 96%.

| Year group | Class    | Attendance |
|------------|----------|------------|
| Year 1     | Palm     | 99.1%      |
| Year 2     | Baobab   | 98.3%      |
| Year 3     | Willow   | 97.4%      |
| Year 4     | Hawthorn | 99.2%      |
| Year 5     | Elm      | 97.8%      |
| Year 6     | Olive    | 100%       |



During the above period our overall school attendance was **97.2%**. Well done to **Olive** class for achieving **100%** last week.

### Year 5 Athletics Competition

On Tuesday, Year 5 took part in the Sportshall Athletics competition against lots of other primary schools in Chingford. Despite the rain and thunder, the children raised a storm and did really well, whilst trying their best. They took part in relays, long jump, triple jump and lots more! They showed their resilience throughout the competition and remained respectful to all of those who took part.

Very well done to them all, they should all be very proud of themselves!



## Cross Country Race

On Saturday 11th November, Mr Wingrove and Mr Jeffery took 14 Year 5 and 6 children to take part in the Waltham Forest Cross Country race on Chingford Plains.

The weather was surprisingly dry and crisp for the time of year. The children did brilliantly to finish the mile long course.

188 boys took part in the boys race. Hal from Beech came 6th and Jonah (also from Beech class) came in at 16th! 154 girls took part in the girls race and Maryam from Beech class came in at 24th place!

Looks like we have some budding athletes in Beech class.....

The children were a fantastic team, cheering each other on and they represented Chase Lane School brilliantly.

Well done to all of them!



## PTA Unwanted or Preloved Gifts

### FRIENDS OF CHASE LANE PRIMARY SCHOOL

#### WHAT TO DO WITH YOUR UNWANTED OR PRELOVED GIFTS??

WELL THINK NO FURTHER, THE SCHOOL PTA (FRIENDS OF CHASE LANE) WOULD LOVE ANY OF YOUR UNWANTED/PRELOVED GIFTS FOR RAFFLE AND TOMBOLA PRIZES!!

IF YOU HAVE ANYTHING AT HOME IN NEW/GOOD CONDITION, PLEASE BRING IT INTO THE SCHOOL OFFICE BY

**24TH NOVEMBER**



Contact us: [pta@clpwalham.org.uk](mailto:pta@clpwalham.org.uk)

Autumn 2023

## PTA Year 1 & 2 Event Friday 1st December

Year 1 parents/carers save the date! On Friday 1st December the PTA will be hosting an entertainment event. Full details are below. We look forward to seeing you all there.

Friends of Chase Lane PTA.



## IT'S PARTY TIME!!

**YEAR 1 & 2**

**FRIDAY 1st DECEMBER 2023**

**6.00PM TO 7.30PM**

**£4 ENTRY TO BE PAID ON THE NIGHT**

**CASH ONLY EVENT**

**COME AND HAVE LOTS OF FUN WITH YOUR FRIENDS**

**ENJOY A LIVE DJ WITH LOTS OF GREAT MUSIC, FUN**

**AND GAMES!!!!!!**

**CRISPS AND UNLIMITED DRINK FOR ALL**

## Fun Fact

Did you know?

Bees are found everywhere in the world apart from Antarctica!



## Waltham Forest Residents News

Click the links below to view the latest Waltham Forest Residents news:

<https://content.govdelivery.com/accounts/UKWALTHAM/bulletins/37ae576>

<https://content.govdelivery.com/accounts/UKWALTHAM/bulletins/37aea68>

## Diary Dates Autumn Term 2023-2024

Any additions/changes to the diary dates are highlighted in purple text

### Autumn Term

|                                |  |
|--------------------------------|--|
| Monday 20th November           | Extra-curricular clubs end this week                           |
| Wednesday 22nd November        | Reception - Year 6 School Flu Vaccinations                     |
| Friday 24th November           | 8.30-9.30am School Nurse Drop-in - call to book an appointment |
| Monday 27th November           | 9.00am - 12pm Year 6 Height & Weight                           |
| Monday 27th November           | 1.30pm - 3pm Reception - Year 6 School Flu Vaccinations - PM   |
| Monday 27th November           | 3.45pm - 6pm Parent Consultations                              |
| Tuesday 28th November          | Year 3 trip to the Verulamium Museum                           |
| <b>Wednesday 29th November</b> | <b>Year 4 Tudor Dress-Up Day</b>                               |
| Thursday 30th November         | Parent Consultations - full details to follow                  |
| Friday 1st December            | 6.00pm - 7.30pm PTA Year 1 & 2 Entertainment event             |
| Thursday 7th December          | 9.15am & 1.45pm Year 1,2 & 4 Concert - details to follow       |
| Thursday 14th December         | 9.10am Reception Concert                                       |
| Friday 15th December           | 2.30-3.30pm School Nurse Drop-in - call to book an appointment |
| Sunday 10th December           | 12pm - 3pm PTA Christmas Fair - details to follow              |
| Monday 18th December           | 9.00am Year 3,5 & 6 Festive Assembly                           |
| Tuesday 19th December          | Nursery Concert AM/PM  |
| Thursday 21st December         | 8.20am Staff Carol Singing                                     |
| Thursday 21st December         | School closes 1 hour earlier than usual for Christmas holidays |

## Week 2 Monday 20th November - Friday 24th November 2023

### Autumn/Winter Menu 2023/24

| MONDAY  | SAVE THE PLANET<br>TUESDAY   | ALLERGEN FRIENDLY<br>WEDNESDAY (FDA)  | CLIMATE CHANGE<br>THURSDAY   | FRIDAY  |
|---|--|---|--|---|
| <b>CHOOSE FROM</b><br>Pasta Neapolitan 🌱🌱<br>Jacket Potato with Baked Beans (FDA) 🌱🌱, Cheese 🌱 or Tuna 🌱<br>Beef Bolognese 🌱<br><b>SIDES</b><br>Wholewheat Spaghetti 🌱<br><b>UNLIMITED</b><br>Fresh Organic Carrots 🌱<br>Sweetcorn 🌱<br>Salad Selection 🌱<br>Homemade Bread 🌱<br><b>DESSERTS</b><br>Apple Crumble and Custard 🌱<br>Organic Fruit Yogurt 🌱 with Seasonal Fresh Fruit 🌱<br>Seasonal Fresh Fruit (FDA) 🌱 | <b>CHOOSE FROM</b><br>Smoky Vegetable and Bean Jambalaya (FDA) 🌱<br>Mac n Cheese 🌱<br>Sweetcorn & Mixed Pepper Frittata 🌱<br><b>SIDES</b><br>Potato Puffs 🌱<br><b>UNLIMITED</b><br>Green Beans 🌱<br>Roasted Cauliflower Florets 🌱<br>Salad Selection 🌱<br>Homemade Bread 🌱<br><b>DESSERTS</b><br>Shortbread Biscuit with Orange Slice 🌱 and Milk 🌱<br>Organic Fruit Yogurt 🌱 with Seasonal Fresh Fruit 🌱<br>Seasonal Fresh Fruit (FDA) 🌱 | <b>CHOOSE FROM</b><br>Roasted Stuffed Pepper (FDA) 🌱<br>Veggie Hotpot (FDA) 🌱<br>Meatballs in a Spicy Italian Sauce (FDA)<br><b>SIDES</b><br>Sliced Potatoes 🌱<br>Mixed Rice 🌱<br><b>UNLIMITED</b><br>Fresh Seasonal Broccoli 🌱<br>Mixed Vegetables 🌱<br>Salad Selection 🌱<br>Homemade Bread 🌱<br><b>DESSERTS</b><br>Fruit Smoothie (FDA) 🌱<br>Fresh Fruit Salad (FDA) 🌱<br>Seasonal Fresh Fruit (FDA) 🌱<br>Milk 🌱 will be available after lunch. | <b>CHOOSE FROM</b><br>Creamy Korma 🌱<br>Roasted Vegetable Tagliatelle 🌱<br>Jacket Potato with Baked Beans (FDA) 🌱, Cheese 🌱 or Tuna 🌱<br><b>SIDES</b><br>Coconut Rice 🌱<br><b>UNLIMITED</b><br>Sweetcorn 🌱<br>Roasted Organic Carrots 🌱<br>Salad Selection 🌱<br>Homemade Bread 🌱<br><b>DESSERTS</b><br>Chocolate Sponge with Chocolate Sauce 🌱<br>Organic Fruit Yogurt 🌱 with Seasonal Fresh Fruit 🌱<br>Seasonal Fresh Fruit (FDA) 🌱 | <b>CHOOSE FROM</b><br>Power Burger (FDA) in a Bun 🌱<br>MSC Golden Crumb Fish Fingers with a Lemon Twist 🌱<br>Herby Chicken (FDA)<br><b>SIDES</b><br>Chipped Potatoes 🌱<br><b>UNLIMITED</b><br>Baked Beans 🌱<br>Garden Peas 🌱<br>Salad Selection 🌱<br>Homemade Bread 🌱<br><b>DESSERTS</b><br>Artic Roll 🌱 or Ice Cream 🌱<br>Organic Fruit Yogurt 🌱 with Seasonal Fresh Fruit 🌱<br>Seasonal Fresh Fruit (FDA) 🌱 |



Helping to support climate action

Be a Forest Eco Ranger by choosing at least one plant based dish a week.

Provider of excellent quality, freshly cooked, tasty, nutritious school meals. We are working to reduce sugar content of our desserts in line with current healthy living advice.

National School Meals Week  
6-10 November



#### OCTOBER

| M  | T  | W  | T  | F  |
|----|----|----|----|----|
| 2  | 3  | 4  | 5  | 6  |
| 9  | 10 | 11 | 12 | 13 |
| 16 | 17 | 18 | 19 | 20 |
| 23 | 24 | 25 | 26 | 27 |
| 30 | 31 |    |    |    |

#### NOVEMBER

| M  | T  | W  | T  | F  |
|----|----|----|----|----|
|    | 1  | 2  | 3  |    |
| 6  | 7  | 8  | 9  | 10 |
| 13 | 14 | 15 | 16 | 17 |
| 20 | 21 | 22 | 23 | 24 |
| 27 | 28 | 29 | 30 |    |

#### DECEMBER

| M  | T  | W  | T  | F  |
|----|----|----|----|----|
|    |    |    |    | 1  |
| 4  | 5  | 6  | 7  | 8  |
| 11 | 12 | 13 | 14 | 15 |
| 18 | 19 | 20 | 21 | 22 |
| 25 | 26 | 27 | 28 | 29 |

#### JANUARY

| M  | T  | W  | T  | F  |
|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  |
| 8  | 9  | 10 | 11 | 12 |
| 15 | 16 | 17 | 18 | 19 |
| 22 | 23 | 24 | 25 | 26 |
| 29 | 30 | 31 |    |    |

#### FEBRUARY

| M  | T  | W  | T  | F  |
|----|----|----|----|----|
|    |    |    | 1  | 2  |
| 5  | 6  | 7  | 8  | 9  |
| 12 | 13 | 14 | 15 | 16 |
| 19 | 20 | 21 | 22 | 23 |
| 26 | 27 | 28 | 29 |    |

#### MARCH

| M  | T  | W  | T  | F  |
|----|----|----|----|----|
|    |    |    |    | 1  |
| 4  | 5  | 6  | 7  | 8  |
| 11 | 12 | 13 | 14 | 15 |
| 18 | 19 | 20 | 21 | 22 |
| 25 | 26 | 27 | 28 | 29 |

🌱 Vegetarian  
 🌱🌱 Vegan  
 🌱 Gluten Free  
 🌱 Dairy Free  
 FDA Free from the 14  
 declarable  
 allergens

### Empowering Parents Empowering Communities



#### Become a EPEC Group Leader

Waltham Forest is excited to be starting a new parenting programme: **Empowering Parents Empowering Communities (EPEC)**, a unique parenting approach, for local parents, led by local parents.

As an EPEC group leader, you will:

- Receive amazing free training and support from our local EPEC team.
- Learn to lead practical, caring groups for local parents.
- Share tried and tested methods that give children the best start in life.
- Join a group of like-minded parents to make a difference to your local community.
- Develop your skills and confidence.
- Gain experience that will help you fulfill your ambitions.

Can you help? For more info and to apply e-mail:  
**EPEC@walthamforest.gov.uk**



Waltham Forest



### EMPOWERING PARENTS EMPOWERING COMMUNITIES

Parenting is difficult! It's a job we receive no training for, yet we are always expected to get it right

#### What do EPEC courses cover?

EPEC Parenting offers a variety of parent led courses and workshops both face to face and virtually. Each course is facilitated by x2 EPEC certified Parent Group Leaders (PGLS). Topics include Being 'Good enough parents, Feelings, Child led play, Spending time with your children, Understanding children's behaviour, Discipline strategies, Listening & Communication styles, Coping with stress etc.

#### What types of EPEC Courses are there in Waltham Forest?

There are 2 types of EPEC parenting courses:

1. Being a Parent Course - for parents/ carers of children aged 2-11 years
2. Parent Group Leaders Course - a unique parenting approach for parents of (children ages 2-11 years). The techniques & training has been designed for local parents and is run by local parents.



You can speak to a member of the EPEC Team for further information or to book onto a course  
Phone: 0779913026 email: [EPEC@walthamforest.gov.uk](mailto:EPEC@walthamforest.gov.uk) Web: [bit.ly/EPECBAP](http://bit.ly/EPECBAP)

Best Start  
in Life

WALTHAM FOREST  
FAMILY HUBS



### Stow Film Lounge - Fellowship Square

Waltham Forest are delighted to welcome Stow Film Lounge to Fellowship Square for an upcoming residency, beginning with a launch weekend on 17th and 18th November.

They'll be screening in the beautiful surroundings of the foyer and council chambers in our iconic Grade II listed building. For full details click the link below:

<https://www.walthamforest.gov.uk/events/stow-film-lounge-film-residency-launch-weekend>



#### Stow Film Lounge - Film Residency launch weekend

Status: Ongoing  
Date: 17 November to 26 November 2023  
Location: Fellowship Square, Waltham Forest Town Hall, Forest Road, London E17 4JF  
Cost: Paid, booking required  
Filed under: Arts and culture

### Chingford RFC Ruggers

Chingford RFC Ruggers - an introduction into rugby for Reception, Year 1 and Year 2 children.

Classes are at Chingford Rugby Club, every Sunday morning, starting at 9:30am and run for approx. 30-45 mins.

After every session the children are supplied with a pancake breakfast, which includes freshly chopped fruit and various sauces. The club ask for a £1 donation per session. A membership is available. For more information email [getintouch@chingfordrfc.co.uk](mailto:getintouch@chingfordrfc.co.uk)



Sunday  
Mornings

09:30 to  
10:00

Chingford RFC  
E4 8AQ

£1 PER  
SESSION

AGE 4-7 Years

PANCAKE  
BREAKFAST



GETINTOUCH@CHINGFORDRFC.CO.UK

# CHRISTMAS EVENT



Presented by Love South Chingford E4  
Albert Crescent E4 6SH  
Saturday 2nd December

Starts at 1.30pm  
Santa and presents 3pm  
Christmas tree lights  
switch-on 4.30pm



- \*Music
- \*Raffle
- \*Mince pies
- \*Mulled wine/Juice
- \*Choir
- \*Balloon Modelling
- \*Christmas Crafting
- \*Face Painting

And more

Email us  
[lovesouthchingfordE4@gmail.com](mailto:lovesouthchingfordE4@gmail.com)



WOODFORD PANTOMIME PRESENTS

# Robin Hood and his Merry Men

1ST-14TH  
JANUARY  
2024

written by  
CARTWRIGHT &  
HOULERSHAW  
*noda*

Sponsored by  
THE STOW  
BROTHERS

Sir James Hawkey Hall Woodford Green IG8 0BG  
**01992 524371**  
[www.woodfordpantomime.co.uk](http://www.woodfordpantomime.co.uk)