

### Book Week

Well done to everyone for a great Book Week where stories with important environmental messages were shared in all classes and in Nursery.

Thank you to both children and staff for dressing up today as their favourite book characters, we truly had a wonderful variety of different costumes.

On Wednesday the children from **Stay and Play** got all dressed up. They brought a book of their own and swapped it for another one for book week. The children brought a book of their own and swapped it for another one for book week.

Mr Jeffery and Mr Wicks both dressed up as Where's Wally. They sat in our World Book Day assembly with the children. Can you spot them?



The office ladies also got involved in Book Day. Check out their outfits below.

Earlier in the week, the children were given competition entry sheets to complete different tasks relating to Book Week. These sheets should be returned to class teachers by **Monday 6th March**.

**Book Fair** begins next week on Wednesday 8th March and continues until Tuesday 14th. It will be held in the key stage one playground, weather permitting. This is a **cash only** event but the World Book Day tokens given out today can be used. Please come and support us to earn book rewards for school!



## Parent Teacher Consultations



Parents Consultations will take place for the whole school at the end this month on **Monday 27th** and **Thursday 30th March**. The booking system on SchoolPing will go live at 5pm today. Please book your slot by midday on Monday 20th March. If you have trouble booking your slot, please contact the school office on 0208 529 6827 or via email [chaselanepr@clpwaltham.org.uk](mailto:chaselanepr@clpwaltham.org.uk)

## Parent Nurturing Programme



come and find out  
how to get the best out  
of family life



We will be running the 10-week Nurturing Programme for Parents next term.

To find out more about it, come to  
Chase Lane School  
on Tuesday 25th April at 9:00

Parents/carers interested in taking part should email either Mrs Canham or Mrs Mara via the school email

[chaselanepr@clpwaltham.org.uk](mailto:chaselanepr@clpwaltham.org.uk) . We look forward to see you.

## Waltham Forest Residents' News

Please click the links below to view this week's:

<https://content.govdelivery.com/accounts/UKWALTHAM/bulletins/34b5c55>

## Attendance 20th - 24th February 2023

Well done to the following classes for achieving the highest attendance percentage in their Year Groups :- over 96%. The minimum target for attendance each week as set by the Government is 96%.

Year Group	Class	Attendance%
Year 1	Sassafras	96.6
Year 2	Ash	98.7
Year 4	Elm	97.7
Year 5	Willow	96.8



During the above period our overall school attendance was 94.7.

## Reading Competition Winners



Our winners of the reading competition were announced during our World Book Day assembly today.

For Reception and Nursery our winners is **Kennedy** from **Palm class**.  
For Years 1 and 2 our winner is - **Eva** from **Ash class**.  
For years 3 and 4 our winner is **Alya** from **Sequoia class**.  
For Years 5 and 6 our winner is **Jack** from **Willow class**.

Our winning teacher entry was **Mr Wingrove**. All of our winners will get to choose any book that they would like and the school will purchase it for them.

A big well done to our winners and all those who took part!

## Writers of the Week

Our writers of the week are children who have performed their own personal best in their writing. We congratulate them on being superstar writers! This week, our work comes from **Year 5** and they are:

**Toby** - Hazel class  
**Zakaria** - Sycamore class  
**Rayyan** - Willow class

You can see their amazing work on pages 4 - 8.

Well done children!



## Tree planting in Chase Lane Park

We have been invited to take part in an exciting project at Chase Lane Park. Children who are participating in Forest School this half term will spend one of their sessions at Chase Lane Park with Mrs Field, their teacher and a group of conservationists from the Borough, where they will be planting saplings (baby trees). You may have seen a number of areas in the park that have already been planted and we are pleased that our school has been chosen to help develop it even further. A school ping message will be sent closer to the time so that you will know when your child is going.

Mrs Field



## London Zoo £3 Tickets



As part of their Community Access Scheme, London Zoo are offering reduced priced tickets for just £3 per person, for families that are receiving any of the following benefits:

Universal Credit  
Pension Credit, Working Tax Credit  
Child Tax Credit  
Employment and Support Allowance  
Income Support or Jobseeker's Allowance

For more details click the link below:

<https://www.londonzoo.org/plan-your-visit/community-access-scheme>

## Joke of the Week

Q. What kind of underwear do clouds wear?

A. Thunder pants!



## Diary Dates Spring Term 2023

Any additions/changes to the diary dates are highlighted in **purple** text

### Half -Term Monday 13th February - Friday 17th

Wednesday 8th March	International Women's Day
Tuesday 14th March	Year 2 Royal Gunpowder Mills trip
Wednesday 15th March	Possible Teacher's Strike
Thursday 16th March	Possible Teacher's Strike
Monday 20th March	Clubs & after school boosters end this week
Tuesday 21st March	<b>9.30am</b> Year 3 & 4 Concert
Thursday 23rd March	World Maths Day Dress-up day. More info to follow
Monday 27th March	Whole school Parent Consultations
Thursday 30th March	Whole school Parent Consultations
Friday 31st March End of Spring Term	School closes <b>1 hour early</b> for the Easter holidays

### Easter Holidays Monday 3rd April - Friday 14th

#### Summer Term

Monday 17th April 2023 - Friday 21st July

#### Bank Holidays

May Day Bank Holiday Monday 1st May 2023

King Charles' Coronation Monday 8th May 2023

Tuesday 9th - Friday 12th May	Year 6 SATs week
Friday 12th May	PTA event Year 2 & 3 Disco
Friday 19th May	PTA event Year 4 & 5 Disco

### Half-term Monday 29th May - Friday 2nd June 2023

Monday 3rd July 2023	INSET Day - school closed to children
Sunday 9th July 2023	PTA Summer Fun Day
Friday 21st July 2023	School closes <b>1 hour early</b> for the Summer holidays

## WEEK 2 School Dinner Menu for w/b 6th March 2023

<p><i>Monday</i></p> <p><b>CHOOSE FROM</b> Jackfruit Jambalaya 🍲 Oven Roasted Vegetable Sausage with Caramelised Onions &amp; Gravy 🍲 Oven Roasted Chicken Sausage with Caramelised Onions &amp; Gravy</p> <p><b>SIDES</b> Creamy Mashed Potato</p> <p><b>UNLIMITED</b> Fresh Seasonal Organic Carrots, Green Beans, Fresh Salad Selection, Homemade Bread</p> <p><b>DESSERT</b> Chocolate Cracknel &amp; Custard Organic Fruit Yogurt with Seasonal Fresh Fruit Seasonal Fresh Fruit</p>	<p><i>Tuesday</i></p> <p><b>CHOOSE FROM</b> "Riverley School Favourite" Buttered No Chicken 🍲 (Cauliflower) Spicy Tomato &amp; Vegetable Pasta Bake 🍲 Jacket Potato with a choice of fillings 🍲</p> <p><b>SIDES</b> Savoury Mixed Rice</p> <p><b>UNLIMITED</b> Fresh Seasonal Broccoli, Sweetcorn, Fresh Salad Selection, Homemade Bread</p> <p><b>DESSERT</b> Fruity Flapjack 🍪 Fresh Fruit Salad Seasonal Fresh Fruit</p>	<p><i>Wednesday</i></p> <p><b>CHOOSE FROM</b> Jerk Chicken Homemade Cheddar Cheese &amp; Pepper Quiche 🍲 Sweet Potato &amp; Chickpea Curry 🍲</p> <p><b>SIDES</b> Rice &amp; Peas Saute Potatoes</p> <p><b>UNLIMITED</b> Garden Peas, Mixed Vegetables, Fresh Salad Selection, Homemade Bread</p> <p><b>DESSERT</b> Fruit Jelly Pot 🍮 Organic Fruit Yogurt with Seasonal Fresh Fruit Seasonal Fresh Fruit</p>	<p><i>Thursday</i></p> <p><b>CHOOSE FROM</b> Sticky Tofu 🍲 Roasted Vegetable Biryani 🍲 Beef Bolognese</p> <p><b>SIDES</b> Mixed Rice Pasta Spirals</p> <p><b>UNLIMITED</b> Sweetcorn, Fresh Seasonal Roasted Parsnip, Fresh Salad Selection, Homemade Bread</p> <p><b>DESSERT</b> Cheese &amp; Crackers Organic Fruit Yogurt with Seasonal Fresh Fruit Seasonal Fresh Fruit</p>	<p><i>Friday</i></p> <p><b>CHOOSE FROM</b> MSC Golden Crumb Fish Fingers Smokey Cheese &amp; Cherry Tomato Pasta 🍲 MSC Lemon Crumb Salmon Fillet</p> <p><b>SIDES</b> Oven Baked Chips</p> <p><b>UNLIMITED</b> Baked Beans, Grilled Tomatoes, Fresh Salad Selection, Homemade Tomato Bread</p> <p><b>DESSERT</b> Iced Lemon &amp; Lime Courgette Muffin 🍪 Organic Fruit Yogurt with Fresh Fruit Seasonal Fresh Fruit</p>
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## Chase Lane Writer of the Week

Name: Toby

Class: Hazel

### Antarctic expeditions

Expeditions can be very dangerous, especially in the freezing cold of <sup>A</sup> Antarctica. You should have several layers of clothes and plenty of food. A sturdy ship with a reinforced hull and an experienced crew might just save your life in the sub-zero temperatures of the Antarctic.

### Preparation

Before you start considering going to the Antarctic, you need an experienced crew that knows how to do the job well. A strong boat with a reinforced bow that will easily break through the glaciers (thick ice). After you get a strong vessel and an experienced crew, you have to pack-pack supplies. You will need: food, water, warm clothes, a strong boat, skis/sledge for transportation, sunscreen so you don't get burnt, a flare to alert helicopters, and a compass so you know where to go. D

During your expedition, there will certainly be times where your boat gets stuck in the pack-ice. <sup>N</sup> When this happens, you will have to use ice-chisels to free your boat. As the expedition progresses, you might have to abandon your boat and make a shelter. Upturned lifeboats make a warm, suitable shelter. If your food source runs low, you can hunt fish, penguins and seals. Using dogs to pull sleds can help you carry heavy loads quickly and can transport very gear.

## Chase Lane Writer of the Week

Name: Zackaria

Class: Sycamore

In this text you will learn how to prepare for an expedition to the Antarctic.

It is of vital importance you prepare a well thought out crew for your expedition. It is of paramount importance you cross brace your jib to break the pack-ice. You must prepare rations for your journey so you have food for your entire expedition. You must bring sharp tools such as: spears, ice-picks and chisels for hunting and breaking the pack-ice. You must bring a variety of clothes so that you can change and be warm during harsh blizzards and sub-zero temperatures. Pack-ice shall be your biggest obstacle so it is essential you cross-brace your jib jib. An experienced ~~cook~~ cook will be of vital importance. Even if you catch your food you need a ~~cocheif~~ to cook your food.

## Chase Lane Writer of the Week

Name: Rayyan

Class: Willow

Preparation is key to surviving an expedition your first priority should be trying to find a boat and once you find your boat you should try to reinforce the boat especially the front which is called the Tiba. You should buy some thermal clothes because in the Antarctic it is really cold. You should get a crew ~~Antarctic~~ because it will be much more easier but you should interview them to see if they are experienced and have the skill. You will also need over 60 dogs so they can carry your supplies. To reinforce your boat you should cross brace it because it will become very strong and it can break through the pack ice. You should bring a lot of clothes and food due to the sub zero temperatures.

During your expedition, there are times when you will get stuck in the pack ice during your expedition so far that you will need fine, ice skis, chisels and ice picks. The fine is used for melting the ice the ice chisels and picks ~~are~~ are used to break through the ice. As the expedition progresses you may need to leave your boat to find shelter only on a special occasion such as a blizzard etc. You will need food because there are nations of your food but they might run low so you will need to hunt food such as penguins and many more. Hiking hazardous terrain is difficult so you will need dogs to create a sleigh. All of a sudden the weather will change so you can get back on your boat and start travelling again because the ice will melt and you can get through.



Hello, parents & guardians!

We are **BeeZee Bodies**, and we work with Waltham Forest Council to provide FREE (and FUN!) healthy lifestyles support for families.

We run **BeeZee Families** courses after school across Waltham Forest, or you could join our online courses instead. We have new groups beginning in May. Click below to sign up for your family's FREE place!

Or, enrol in the **BeeZee Academy** – our FREE self-paced online learning portal full of useful information and tips on how to make your family healthier.



SCAN ME WITH YOUR SMARTPHONE CAMERA OR CLICK HERE TO SIGN UP!

\*To be eligible for this awesome free service, your family must live/go to school in Waltham Forest and include one child who is above their ideal healthy weight.



## Roll into Spring

Each year, 20th March marks the first day of SPRING! As we look forward to longer days and warmer weather, try these tasty **Rainbow Spring Rolls** to get you excited for all the yummy vegetables to come over the season.

### Ingredients:

For the roll:

- 1 Spring Roll Wrapper (Rice Paper OR Small Tortilla wrap)
- Red & Yellow Bell Pepper
- Cucumber
- Carrot
- Purple Cabbage

Any other veggies you like or have in the fridge (it doesn't have to be a rainbow!)

For the dip:

- 2 tbsp Soy sauce
- 1 tsp Hoisin
- 1/2 tsp Rice Vinegar
- 1/2 tsp Maple Syrup
- 1/2 tsp Sriracha

### What to do:

1. Choose which veggies you'd like in your roll and chop them all into thin matchstick-size strips
2. If using rice paper, soak in warm water until it softens and becomes flexible. If using a tortilla wrap, skip steps 2 & 3
3. Remove the wrapper from the water and place it on your chopping board - pat it dry with a paper towel
4. Add your assortment of colourful veggies to the centre of the wrapper
5. Fold the sides in towards the centre, and roll it up tight from the bottom
6. For the dip: measure all ingredients into a small bowl and stir to combine
7. With a sharp knife, carefully cut your rainbow spring roll in half, dip and enjoy!

### Top Tip

If you don't have the ingredients for the dip on hand, soy sauce by itself tastes great too! You can also experiment with other ingredients you have to create your own sauce!



[beezeebodies.com](http://beezeebodies.com)

03308 186308

BeeZee Families



## Make your own origami bookworm

### Instructions



Using safety scissors, or with the help of an adult, carefully cut out the square that forms the body of the worm.



Place the paper face down on a table and following the dashed guide line running from the worm's tail to the head, fold the paper in half so the side 1 meets side 2 to create a triangle.



Open the paper out and then fold sides 1 and 2 of the body inwards, following the dashed guide lines provided and ensuring that they two sides overlap the centre fold equally.



Turn the folded paper over face up on the table.



Starting at the tail end and working towards the head, follow the dashed guide lines provided to create five concertina or zigzag folds to form the worm's body. We recommend allowing approximately 2cm between each fold.



Once the concertina folds are complete (just before you reach the worm's face), fold the entire worm in half.



Fold the tip of the worm's face backwards along the dashed guide line to form the head.



Finally, stretch the bookworm by holding the head and tail and gently pulling them apart to slightly open the concertina folds.

### You will need:

- A4 paper
- An adult helper
- Safety scissors to cut out the Template

Share your World Book Day creations and celebrations with us on Twitter  
@AccReader #Countdown #AR30

RENAISSANCE

Accelerated Reader



## Try Out Walking and Cycling Day

Saturday 25 March 2023, Leyton Jubilee Park, 10am - 4pm

### FREE ACTIVITIES INCLUDE:

#### ALL ABILITY CYCLING CLUB

HAVE A GO WITH SUPPORT FROM TRAINED INSTRUCTORS PROVIDING HELP WITH A RANGE OF CYCLES INCLUDING RELAXED TRICYCLES, RECLINERS, WHEELCHAIR CYCLES, HAND-CYCLES, SIDE-BY-SIDE CYCLES AND MANY MORE.

#### BIKEWORKS

DISCOVER OUR FREE CYCLE TAXI SERVICE WHICH CAN FIT UP TO THREE PASSENGERS!

#### CARGO BIKE TRY OUT AREA

TRY OUT A RANGE OF DIFFERENT CARGO BIKES, BOTH STANDARD AND ELECTRIC ASSISTED, AS PART OF THE COUNCIL'S CYCLE HIRE SCHEME

#### BROMPTON

TRY OUT AND FIND OUT MORE ABOUT BROMPTON FOLDABLE BIKES AND THEIR HIRE SERVICE

#### DR BIKE

HAVE YOUR BIKE CHECKED OVER BY EXPERIENCED MECHANICS

#### OUTSPOKEN

PEDDLE POWERED SMOOTHIES AND JUKEBOX

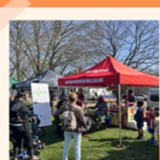
#### COMMUNITY GROUPS

COME AND SPEAK TO SOME OF OUR COMMUNITY GROUPS - AGE UK, CARRYME BIKES, JOYRIDERS

#### WALKING

FIND OUT ABOUT WALKING IN WALTHAM FOREST. YOU CAN FIND INFORMATION ON GROUP LED WALKS OR DISCOVER WALTHAM FOREST USING ONE OF NINE ROUTES - WALTHAM FOREST WANDER.

AND MORE!!!



## Book Day Storytelling Event

WORLD BOOK DAY

To celebrate World Book Day, Hale End Library are hosting a special storytelling session with Hannah Need, tomorrow Saturday 4th March, 12.30pm - 1.00pm  
**Free** event suitable for all ages.

Have fun!

## Songs in the Park

Friendly singing sessions for babies and toddlers featuring classic hits, new favourites, and creative props to engage and entertain, run by a parent, Carrie.

Come and make new friends and learn new songs!



Coffee and pastries are available from the cafe.

Time: 9:30am to 10am and 10.15 to 10.45am

Location: In or Outside Homemade Community Café, Higham Hill Park, Hetcham Close E17 5QD

Cost: Suggested donation

There are two sessions available: 9.30 to 10am

Next session: **Monday 6th March**