

Turkey Disaster

As a school community, we were heartbroken to hear the terrible news of the recent earthquakes that have affected various cities in Turkey, in which thousands of people have tragically lost their lives.

We know that a large number of our families here at Chase Lane are of Turkish heritage and may have family/friends that are directly affected by this.

If you would like to make a donation to help those affected by the earthquakes - even as small of £1, you can donate to the charity below by clicking the link:

British Red Cross

https://donate.redcross.org.uk/appeal/turkey-syria-earthquake-appeal?gclid=CjwKCAiAioifBhAXEiwApzCzn22UnShNudM-IzgM9ww2LOtflCjhW38bNs6kuIvTdRdOZbvtKvXxoCImOQAvD_BwE

Our thoughts and prayers are with all those affected by this disaster.

Mr Jeffery
Headteacher



Attendance 30th January - 3rd February 2023

Well done to the following classes for achieving the highest attendance percentage in their Year Groups :- over 96%. The minimum target for attendance each week as set by the Government is 96%.

Year Group	Class	Attendance %
Year 1	Acacia	98.3%
Year 3	Cedar	97.9%
Year 4	Sequoia	97%
Year 5	Willow	98.6%
Year 6	Oak	98.3%



During the above period our overall school attendance was 94.7%.

Edenred Holiday Free School Vouchers

Edenred vouchers of £15 per child for the half-term holiday, were issued yesterday to all families in receipt of benefit related Free School Meals (FSM). Please note, families would have received an email from **Edenred** and **not** from Chase Lane Primary so please check your junk/spam mail in case it appears in there.



Free school meal
VOUCHERS

Children's Mental Health Week 6th - 12th February



This week is Children's Mental Health week. This year's theme is 'Let's Connect'.

So what is Children's Mental Health Week?

Place2Be launched the first-ever Children's Mental Health Week in 2015 to shine a spotlight on the importance of children and young people's mental health.

Now in its ninth year, the purpose is to encourage more people than ever to get involved, spread the word, and raise vital funds for children's mental health.

What is Mental Health?

Mental health describes our emotional, psychological, and social well-being.

It affects how we think, feel, and act but also helps determine how we handle stress, relate to others, and make choices. Sometimes we can experience mental health problems, which can massively affect our thinking, mood, and behaviour.



This year's goal is about encouraging people to connect with others in healthy, rewarding and meaningful ways. In school, the children have been thinking about the people, things and activities they feel connected to. Having healthy connections with friends, family and other people is important to help support our wellbeing.

The MHST (Mental Health Support Team) work with our school and they may work with your child and teachers to help them understand their feelings and how to manage them.

World Book Day

Book Week runs from **Monday 27th February until Friday 3rd March**. Our theme this year is 'Save Our Planet' and the children will be looking at stories with important environmental messages which will be explored through the creative curriculum.

We will be having a competition where children can design a small poster showing one way to help save our planet and class teachers will explain this to the children nearer the time. Early Years will have a different task which will be based on the book they have shared.

The closing date will be Monday 6th March and there will be prizes for each year group.

World Book Day is on Thursday 2nd of March, however due to the proposed national teachers strike we will celebrate it the day after. We would therefore ask that children dress up as characters from their favourite books on **Friday 3rd March**.

All children will receive a book token which can be used at the Book Fair or in supermarkets and bookshops.

Our Book Fair will run from March 8th until March 15th and will be a **cash only** event. This starts the week after book week and it will be held in the KS1 playground after, school weather permitting.

Please come along and help us to earn book rewards for school. We look forward to a thought-provoking week!



Whole School Reading competition

Thank you to everyone who has taken part in the Seesaw reading competition. A particularly huge well done to **Noah** who was the first child to post a video from Nursery! What a superstar! There's still plenty of time to enter as the closing date is after half-term - **Friday 27th February**. Please check out the Seesaw page by scanning the QR code below on the Seesaw app or website to see videos from children and teachers from across the school and to post your own video too!



Donations

Are you having a clear out at home during half-term? Would you like to donate any out grown Chase Lane uniform items (still in good condition) to the school? If so, please bring them into school after half-term via the school office. These items will then be washed by the school and sold for 50p each at our next preloved uniform sale on **Thursday 23rd March**.



The **Friends of Chase Lane PTA** are also asking for any unwanted or preloved gifts (in good condition) suitable for their Summer Fun Day Tombola taking place on Sunday 9th July.

For further details see page 3.

Diary Dates Spring Term 2023

Any additions/changes to the diary dates are highlighted in **purple** text

Half -Term Monday 13th February - Friday 17th

Monday 20th February INSET Day - school closed to children
Friday 24th February 8.30am—9.30am School Nurse drop-in Community Room

Thursday 2nd March Possible Teacher's Strike

Friday 3rd March World Book Day Dress up.

Wednesday 8th March International Women's Day

Tuesday 14th March Year 2 Royal Gunpowder Mills trip. More info to follow

Wednesday 15th March Possible Teacher's Strike

Thursday 16th March Possible Teacher's Strike

Monday 20th March Clubs & after school boosters end this week

Thursday 23rd March World Maths Day Dress-up day. More info to follow

Monday 27th March Whole school Parent Consultations

Thursday 30th March Whole school Parent Consultations

Friday 31st March School closes **1 hour early** for the Easter holidays
End of Spring Term

Easter Holidays Monday 3rd April - Friday 14th

Summer Term

Monday 17th April 2023 - Friday 21st July

Bank Holidays

May Day Bank Holiday Monday 1st May 2023

King Charles' Coronation Monday 8th May 2023

Tuesday 9th - Friday 12th May Year 6 SATs week

Friday 12th May PTA event Year 2 & 3 Disco

Friday 19th May PTA event Year 4 & 5 Disco

Half-term Monday 29th May - Friday 2nd June 2023

Monday 3rd July 2023 INSET Day - school closed to children

Sunday 9th July 2023 PTA Summer Fun Day

Friday 21st July 2023 School closes **1 hour early** for the Summer holidays

Geography Challenge

Dear children of Chase Lane,

Don't forget about our Geography Challenge competition - if you haven't already, there's still plenty of time!
As we all know, it is our responsibility to look after and care for our environment. Over the next few weeks (including half-term) your challenge is to complete an activity to promote being a green fingered member of the Chingford Community!



Here are some examples of activities:

- a musical instrument using recycled products
- Create a tally chart which represents where you travelled to by foot
- Design a poster to encourage people to recycle
- Collect rainwater
- Write a poem about plastic pollution
- Make an art extravaganza using recycled materials
- Sing a song about how we can care for our environment
- Make a tote bag using materials
- Read a book to your sibling around caring for our environment
- Keep a diary of how you have been green fingered around your home



Children can either bring their projects into school by Friday 24th February or post a picture of their project onto Seesaw, using their class Seesaw code. If you do not have access to your class Seesaw code, please do not hesitate to speak to your child's class teacher.

A winner will be chosen from each Key Stage. Most importantly, have lots of fun with whatever you choose to do, to reinforce the importance of looking after our environment.

Miss Petais,
Geography co-ordinator

Waltham Forest Residents' News

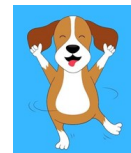
Please click the link below to view this week's

<https://content.govdelivery.com/accounts/UKWALTHAM/bulletins/3472df7>

Joke of the Week

Q. What did the dog say when it sat on sandpaper?

A. "Ruff!"



WEEK 2 School Dinner Menu for w/b 20th February 2023

Monday

CHOOSE FROM

Jackfruit Jambalaya 🍲
Oven Roasted Vegetable Sausage with Caramelised Onions & Gravy 🍲
Oven Roasted Chicken Sausage with Caramelised Onions & Gravy

SIDES

Creamy Mashed Potato

UNLIMITED

Fresh Seasonal Organic Carrots, Green Beans, Fresh Salad Selection, Homemade Bread

DESSERT

Chocolate Cracknel & Custard
Organic Fruit Yogurt with Seasonal Fresh Fruit
Seasonal Fresh Fruit

Tuesday



CHOOSE FROM

"Riverley School Favourite" Buttered No Chicken 🍲 (Cauliflower)
Spicy Tomato & Vegetable Pasta Bake 🍲
Jacket Potato with a choice of fillings 🍲

SIDES

Savoury Mixed Rice

UNLIMITED

Fresh Seasonal Broccoli, Sweetcorn, Fresh Salad Selection, Homemade Bread

DESSERT

Fruity Flapjack 🍪
Fresh Fruit Salad
Seasonal Fresh Fruit

Wednesday

CHOOSE FROM

Jerk Chicken
Homemade Cheddar Cheese & Pepper Quiche 🍲
Sweet Potato & Chickpea Curry 🍲

SIDES

Rice & Peas
Saute Potatoes

UNLIMITED

Garden Peas, Mixed Vegetables, Fresh Salad Selection, Homemade Bread

DESSERT

Fruit Jelly Pot 🍮
Organic Fruit Yogurt with Seasonal Fresh Fruit
Seasonal Fresh Fruit

Thursday

CHOOSE FROM

Sticky Tofu 🍲
Roasted Vegetable Biryani 🍲
Beef Bolognese

SIDES

Mixed Rice
Pasta Spirals

UNLIMITED

Sweetcorn, Fresh Seasonal Roasted Parsnip, Fresh Salad Selection, Homemade Bread

DESSERT

Cheese & Crackers
Organic Fruit Yogurt with Seasonal Fresh Fruit
Seasonal Fresh Fruit

Friday

CHOOSE FROM

MSC Golden Crumb Fish Fingers
Smokey Cheese & Cherry Tomato Pasta 🍲
MSC Lemon Crumb Salmon Fillet

SIDES

Oven Baked Chips

UNLIMITED

Baked Beans, Grilled Tomatoes, Fresh Salad Selection, Homemade Tomato Bread

DESSERT

Iced Lemon & Lime Courgette Muffin 🍪
Organic Fruit Yogurt with Fresh Fruit
Seasonal Fresh Fruit

NOT SURE WHAT TO DO WITH YOUR UNWANTED OR PRELOVED GIFTS????



**We'll think no further, the school
PTA (Friends of Chase Lane) would
love any of your unwanted/pre loved gifts
for our Summer Fun Day raffle and tombola
prizes!**



**All money raised will go to the school for our
children to benefit from!!**

**If you have anything at home in new/good
condition, please bring it into the school
office after half-term from
Tuesday 21st February to the Friday 24th
February!!**

Half-Term Activities



Mental Health

Support Team
(MHST)

Activities for Children and Young People February Half-Term 2023

Events

Discovery Children's Story Centre

83-387 High Street
Stratford
London E15 4QZ

020 8536 5555
bookings@discover.org.uk

Website: https://discover.org.uk/event/mighty-mega?fbclid=IwAR2Nnz3FY_imX6j5A1TIG8tjg40gGc-x9U8mGrIP-LrKf2K_bBZSOxLqjA

Nature Nurtures Free Workshop for young people
16 – 25 – Walthamstow Wetlands

Nature Nurtures - FREE workshops for young people



Club 82 over 18's Club
London, 67 Hall Ln, London E4 8HW, UK

17th February 2023 7pm to 10:30
Website: www.butterflybloom.org.uk

Bikeworks



Location Leyton Jubilee Park E10 7BL

Saturday 11th February 2023
Saturday 25th February 2023

Location Higham Hill Hetcham Close E17 5PX

18th February 2023



Footstepz Football

Sessions Every Tuesday 5:00 to 6:30 Age 7 to 16
Location: The Score Centre 100 Oliver Road E10 5JY
Email admin@footstepz.org for Registration Form

Lee Valley Ice Centre

Ice skating lessons during half term & school holidays, 'crash' courses in Leyton for beginners of all ages, introductory course based on Skate UK program providing a safe fun way for juniors to learn the basics & make new friends.

Leyton
E10 7QL
0800 093 1716

Sylvestrian Swim School

A thriving swimming school at the leisure center in Forest School, Snarebrook - 'crash' half term & summer holiday swimming courses for kids of all ability also throughout other epic school holidays, fantastic facilities.

Snarebrook
E17 3PY
020 8509 6526

Riva Learning

Online coding classes and Easter & Summer camps in Waltham Forest for 8 - 17-year-olds in Scratch and Python. Teachers from Oxbridge, MIT and other top global universities having worked in top companies such as Google & Amazon.

Waltham Forest
07539 890926

Lee Valley Riding Centre

Popular school holiday own a pony sessions at Lee Valley Riding Centre. Children learn to ride, have plenty of opportunities to get involved and learn more about ponies.

Leyton
E10 7QL

020 8556 2629

Waltham Forest Feel Good Centre

Waltham Forest Feel Good Centre runs holiday clubs, sport and fun over half terms and school holidays for children aged 5-11 years old, arts, crafts, swimming, games, climbing, trampolining, athletics and more. Extended hours option.

Walthamstow
E17 5AA
020 3859 1055

Waltham Forest Council

School holiday activities in the borough for kids include Brooks Farm Leyton, Leyton Cyber Link - computers, internet, Wii & music programs, fun filled holiday club at The Asian Centre Walthamstow, sports, dance & much more.

Walthamstow
E17 4JF
020 8496 3000

Food bank/Free Food

Epicentre 41 West Street Leytonstone, London E11 4LJ
Monday and Wednesdays 12 to 2pm

St Margaret's Church Hall, Woodhouse Rd, Leytonstone, London, Thursdays 12:00 £2.00

Olio App/ Too Good to go App

Hornbean Centre People kitchen

Cooking and volunteering open from 10am Free Lunch @1pm
Tuesday 14th February and Every Tuesday
458 Hoe Street E17 9AH

Community Living Room

Walthamstow Trades Community Hall
63 Tower Hamlet Road
Walthamstow E17 4RQ
Watch a film, bring a book, enjoy free hot drinks
Mon- Thru 11am -11pm
Friday 11am -1am
Sat & Sun 12pm to 11pm

Empire Cinema Walthamstow

Puss in Boots
(Autism friendly screening) see website for booking)

Wellbeing/Support

Kooth is an online mental health service, young people in school. For young people to sign up please visit www.kooth.com. For more information about accessing school support please email msmith@kooth.com

Solace Women's Aid provide an advocacy and support service for women and children in London against domestic violence and abuse. To contact and request support call 0808 802 5565 free Helpline or email walthamforestIDSVAService@solacewomensaid.org

Emergency Number 999 or 111

Childline
<https://www.childline.org.uk/>

Tel: 0800 11111

Mental Health Direct
0300 555 1000

Young Minds
www.youngminds.org

Kooth
www.kooth.com

Shout
(Free 24/7 crisis textline)

Apple Music
Sign up for free for 3 months cancel before the expired date
Spotify 1 month free

Community Information

Half-Term Ideas

Why not pop along to your local library and make a Valentine's Love Bug this half-term. This is a **Free** event suitable for children of all ages.

Date: Tuesday 14th February
Where: North Chingford Library and Walthamstow library at 3.30pm - 4.30pm, Wood Street Library at 4.00pm - 5.00pm



Waltham Forest Music Hub is organising a two-day music course for children aged 8-14 who play an instrument at any level. The cost is £33.22 for the 2 days during the February half term break - Monday

13th and Tuesday 14th February.

Follow this link to book a place for your child: <https://www.eventbrite.co.uk/o/waltham-forest-music-service-17792542020>

National Gallery - Explore, Build and play

When: Tuesday 14th, Wednesday 15th and Thursday 16th February
Time: 11.00am - 4.00pm
Suitable for children of all ages
This is a **Free** event

Work with artists James and Eva from Play Build Play to seek out decorative details throughout the Gallery. From floor mosaics to colourful motifs, take another look at the building behind the paintings.



Play with scale, shapes and sensory materials to create new structures, under the magnificent domed interior at the centre of the Gallery.

For more details click the link: <https://www.nationalgallery.org.uk/events/workshop-february-half-term-explore-build-play-february-2023>

NHS Dentist in Waltham Forest

NHS Dentists in Waltham Forest

This is an up-to-date list of NHS dentists currently offering routine appointments and accepting new patients

Forest Dental Care 73 Hoe Street E17 4SA 0208 521 3777	Mr Evans and Associates 252a Chingford Mount Road E4 8JL 0208 529 1587
Church Hill Dental Practice 18 Church Hill, E17 3AG 0208 520 3872	Park Vue Dental Surgery 330 Cann Hall Road E11 3NW 02085192990
Abbey Dental Practice 25 St James Street, E17 7JP 02085212816	Woodgrange Dental Practice 80 Woodgrange Road E7 0EW 02085553336
Lea Bridge Dental Practice 433 Lea Bridge Road E10 7EA 0208 539 6152	Smile In London 399 High Rd. Leyton E10 5NA 0208 539 1653

020 8496 5223

wfsupport@henry.org.uk



Please note that we do not endorse or recommend any particular practice. This list is up-to-date as of the 01 February 2023.



Waltham Forest Immunisation Clinics



WALTHAM FOREST SCHOOL-AGED IMMUNISATIONS CLINICS



Children and young people attending a Waltham Forest school will automatically be contacted through their schools with a link to consent when they are due for vaccinations for in-school offer. If your child has missed the school session and you would like to attend a clinic, please either email us at appointments@v-uk.co.uk or call on 0203 343 2400

- Flu Vaccinations: Reception – Year 9
- HPV: Year 8
- DTP & Meningitis ACWY: Year 9

at 13

Date	Time	Venue
Tuesday 17th January	3:30pm – 5:30pm	Priory Court
Thursday 26th January	3:30pm – 5:30pm	Leytonstone
Monday 30th January	3:30pm – 5:30pm	Highams Park
Monday 6th February	3:30pm – 5:30pm	Highams Park
Tuesday 14th February	10:00am-2:00pm	Priory Court
Thursday 16th February	10:00am-2:00pm	Highams Park
Thursday 23rd February	3:30pm – 5:30pm	Leytonstone
Monday 27th February	3:30pm – 5:30pm	Highams Park
Tuesday 7th March	3:30pm – 5:30pm	Priory Court
Thursday 16th March	3:30pm – 5:30pm	Leytonstone
Monday 28th March	3:30pm – 5:30pm	Highams Park

HIGHAMS
PARK
Vaccination
UK Offices
490 Larkshall
Road, E4
9HH

PRIORY COURT
Community
Centre 11 Priory
Court E17 5NB

Leytonstone
United
Free Church
55 Wallwood
Road,
E11 1AY

Waltham Forest Community Kitchen

Message from Waltham Forest

We know the cost-of-living crisis is a worry for many residents across Waltham Forest. We're making sure there is a package of support available to residents throughout this challenging time.

If you know of any families that are struggling, please do signpost them to our website for more information. Whether residents need financial support, advice about lowering bills, accessing food or getting mental health support - there is help available. We also have 46 warm spaces across the borough, where residents can spend time in for free. These include our community living rooms, kitchens and also libraries - where you'll find desk space too. For more information, click the link below:

https://www.walthamforest.gov.uk/benefits-and-money-advice/cost-living-support-your-crisis-our-action?utm_content=&utm_medium=email&utm_name=&utm_source=govdeliv&utm_term=

