

Newsletter 6

14th October 2022

Friends of Chase Lane Coffee Morning

This week we held a Coffee Morning, our first event as the new Friends of Chase Lane (FoCL) PTA! The event was well attended with over 20 parents. Thank you to all those that attended, shared ideas and enjoyed the sweet treats.

As a result those who came together, have agreed to host the following events in autumn term 2:

Year 3 & 4 Disco Friday 11th November
Year 5 & 6 Disco Thursday 24th November
Christmas Fair Sunday 11th December



There's still time to join the PTA so if you're interested come along to the next FoCL PTA meeting which will take place on **Wednesday 2nd November 9.00am - 9.40am** in the school hall. We look forward to seeing you.

Attendance 3rd October – 7th October 2022

The following classes for achieving the highest attendance percentage in their Year Groups :- over 96%. The minimum target for attendance each week as set by the Government is 96%.

Year Group	Class	Attendance %
Year 1	Baobab	95%
Year 2	Maple	96.6%
Year 3	Hawthorn & Cherry	98.6%
Year 4	Beech	98.6%
Year 5	Hazel	99.2%
Year 6	Oak	100%



During the above period our overall school attendance was 96.2%. Congratulations to **Oak** class for achieving **100%** attendance.

Year 6 writing course



This week 9 children from across Year 6 were lucky enough to head off to Chingford C of E school for a writing day alongside published author Seth Burkett. The children spent time working on biographical and autobiographical writing as well as learning about ghost writing too.

A great day was had by all and Seth even donated one of his books for our library. Thank you Seth!

Celebrating Black History Month - Katherine Johnson

Do you know about **Katherine Johnson**?

Katherine Johnson was a pioneering African-American NASA mathematician, physicist and space scientist. Katherine Johnson is regarded as a very significant figure in recent history. During her life, Katherine had to overcome many obstacles. Some people doubted her talents because she was a Black woman. However, through her talent and determination, she achieved many great things in her life.



At the age of 18, she graduated from West Virginia College with the highest honours. This meant that she was one of the highest achieving students in her class.



In 1962, an astronaut called John Glenn was preparing to become the first American astronaut to orbit the Earth. He did not completely trust the NASA computers and requested that Katherine carry out the same calculations as NASA's machines to make sure they were correct before his flight began. John's flight was a great achievement for NASA thanks to Katherine's mathematical abilities.

Katherine's mathematical abilities.

In 1969, history was made when the first humans stepped on the moon. Back on Earth, one woman was running the numbers that ensured they got there and back in one piece. That woman was Katherine Johnson!

In 2015, she was awarded the Presidential Medal of Freedom by Barack Obama. This is the highest honour that someone can receive in the United States. A year later, NASA named one of their research buildings after her.



Mathletics



Thank you very much to the families who are consistently engaging with the Mathletics homework! We have had a number of reports that some tasks have been glitching and not allowing the children to submit their answers. Mathletics investigated this for us and explained it is not a problem with their current software. They suggested ensuring your device has the latest version of the app which includes bug fixes. You can update the app via the app store. Thank you!

School Nurse Drop-In



The Community School Nurse will be holding a drop-in session here in the school meeting room, **2.30pm - 3.30pm** next **Friday 21st October**.

Parents/carers are welcome to drop by to discuss issues such as bedwetting, weight/height, healthy eating, behaviour etc.

Year 2 Toy Workshop

This week as part of Year 2's Topic on 'Toys', the children engaged in a workshop all about old and new toys. They learnt about how toys have changed over time, how toys in the past were played with and about toys around the world. They asked questions about the toys and imagined creating their own handmade toy by either sewing or using tools.



Edenred Holiday Free School Vouchers



Select **Edenred**

Free school meal
VOUCHERS

Edenred vouchers will be issued to all families in receipt of benefit related Free School Meals (FSM) on Thursday 20th October. A voucher of £15 per child will be issued for the half-term holiday. Please note, families will receive an email from **Edenred** and **not** from Chase Lane Primary. Please also check your junk/spam mail in case it appears in there.

Black History Month Half-Term Events

Black History Month Interactive Storytelling at Hale End library: <https://www.eventbrite.co.uk/e/black-history-month-interactive-storytelling-at-hale-end-library-tickets-421411381787>

The Royal Docks are hosting themed arts & crafts, music, dance performances, storytelling and activities. There will be **Free** themed refreshments from local community chefs who will provide an African & Caribbean BBQ. The event is **FREE** and booking is not required. Click below for more info: <https://www.royaldocks.london/whats-on/royal-docks-celebrates-black-history-month-free-family-fun-day-celebrating-black-identities>

Pupil Photos

This week the school photographers Van Cols were in school to do the individual pupil photos. Your children should have brought a photograph registration card home with them. You will need to register to view your child's photograph and follow the instructions on the registration card to place your order directly with Van Cols. Please note, no orders are being accepted via the school.



Diary Dates

Any additions/changes to the diary dates are highlighted in **purple** text

Friday 21st October	Reception Golden Rules Dress-up
Friday 21st October	2.30pm - 3.30pm School Nurse Drop-In
Half-Term Monday 24th October - Friday 28th October	
Monday 31st October	School re-opens at 8.45am
Thursday 3rd November	3.45pm - 4.45pm Year 2 Boosters
Wednesday 2nd November	9.00am - 9.40am FoCL PTA meeting
Friday 4th November	Reception 2023 Parent Tours
Tuesday 8th November	9.00am Elm class QE Hunting Lodge trip
Tuesday 8th November	11.30am Beech class QE Hunting Lodge trip
Wednesday 9th November	9.00am Sequoia class QE Hunting Lodge trip
Friday 11th November	Reception 2023 Parent Tours
Friday 11th November	6.30pm - 8.30pm Years 3 and 4 Disco
Friday 18th November	Reception 2023 Parent Tours
Wednesday 23rd November	8.40 am Acacia & Baobab class Discovery Centre trip
Thursday 24th November	8.40am Sassafras class Discovery Centre trip
Thursday 24th November	Last Year 6 Booster
Thursday 24th November	6.30pm - 8.30pm Year 5 & 6 Disco
Friday 25th November	INSET Day - School closed
Monday 28th November	Nursery -Year 6 Parent Consultations
Tuesday 29th November	Nursery Consultations
Wednesday 30th November	Nursery Consultations
Thursday 1st December	Reception - Year 6 Parent Consultations
Friday 9th December	2.30pm - 3.30pm School Nurse Drop-In
Sunday 11th December	12pm - 3.00 pm Christmas Fair

Joke of the Week

Q. Why are robots never afraid?
A. Because they have nerves of steel!



Vocabulary Corner

Determination — to decide to never give up, not matter what.

The word **determination** is a noun. A noun is a word that describes a person, place, thing or idea.

Example: Isaac showed great **determination** when he ran the marathon.



DT Challenge

The Great British Bake-Off is on so let's get Chase Lane baking!

Get creative and design and make a delicious cupcake!

Or

Follow the recipe for the No Bakey Cakey!



This week you are making a cake that you don't need to bake! This basic recipe is simple to put together and also really adaptable. You can use lots of cupboard staples and turn it into a really nutritious afternoon snack. Be adventurous! If you wanted an added technical element to this week, you could create your own ultimate hot chocolate or smoothie to serve alongside your cake.

Ingredients

For the cake

250g porridge oats
80g rice or cornflake cereal
5 tbsp golden or maple syrup
30g nuts or seeds, chopped
30g chopped, dried fruit
2 tbsp peanut or sunflower seed butter (you could use a biscuit spread but this would make the cake a little less nutritious)
45g light brown sugar
1 tsp vanilla extract or other flavour combinations of your choice.
grated orange or lemon zest (optional)

For the topping

Create your own drizzle using chocolate, homemade jam, compote or icing.

Equipment

pan
mixing bowl
lined loaf tin (approximately 2lb)

Method

Step One

Make your no cook cake and serve!



Take pictures with your creations and send them to the school for Miss McRedmond to see (she won't mind some slices of cake either, if there's any left!).

Black History Month Menu Thursday 20th October

Jerk Chicken
Macaroni Cheese (v)
Smoky West Indian Jack Fruit Wrap (ve)

Rice & Peas
Roasted Sweet Potato

Sweetcorn Coblets
Fresh Organic Broccoli
Fried Plantain

Honey Bread
Caribbean Coleslaw

To celebrate Black History month, next **Thursday 20th October** the kitchen staff will be providing a special Jamaican themed lunch for the children who usually have school meals.



Homemade Ginger Cake with Custard
Fresh Pineapple & Watermelon Platter

WEEK 1 School Dinner Menu for w/b 17th October 2022

Week 1	Monday	Save the Planet	Wednesday	Friday
CHOICE 1	Beef Lasagne	Planet Pizza Wedge (v)	Sticky Chicken	Creamy Mac n Cheese n Peas (ve)
CHOICE 2	Crunchy Carrot Curry (ve)	Planet Pizza Wedge (ve)	MSC Lemon Crumb Salmon Fillet	MSC Fish Fingers
CHOICE 3	Jacket Potato (ve) with Various Fillings	Jenny Hammond School Favourite Pulled Jackfruit Wrap (ve)	Roasted Vegetable Biryani (ve)	Filled Baguettes
Sides	Mixed Rice	Skin On Baked Wedges	Minted New Potatoes 50/50 Rice	Oven Baked Chips
Vegetables	Oven Roasted Cauliflower Floret Garden peas	Mixed Vegetables Sweetcorn Coblets	Fresh Seasonal Broccoli Roasted Organic Carrots	Baked Beans Minted Garden Peas
Salads	Salad Selection	Salad Selection	Salad Selection	Salad Selection
Desserts	Pineapple & Ice Cream	Fruit Jelly Pot (ve)	Summer Fruit Crunch Pot	Homemade Shortbread Biscuit with Wedge of Fresh Orange (ve)
DAILY	Organic Fruit Yogurt with Seasonal Fresh Fruit	Fresh Fruit Salad	Organic Fruit Yogurt with Seasonal Fresh Fruit	Organic Fruit Yogurt with Seasonal Fresh Fruit
DAILY	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit
Bread	Homemade Garlic Bread	Homemade Bread	Homemade Bread	Homemade Bread

Community Event

Tickle your taste buds at the first North Chingford International Food Festival, supported by Waltham Forest Council on **Saturday 22 October** from **11.00am to 4.00pm**. Chow down on delicious world cuisines from local sellers, sip on a hot coffee or a nice glass of wine whilst listening to live music. To find out more, contact: northching@gmail.com

Waltham Forest Residents' News

Click the link below to view the latest Waltham Forest residents' news:

<https://content.govdelivery.com/accounts/UKWALTHAM/bulletins/3316ed7>



THE North Chingford International FOOD FESTIVAL
20 22

Saturday 22nd October
11am - 4pm
Chingford Station
FREE ENTRY!

Join us for a fun, family-friendly day!
Food stalls with flavours of the world,
live music with local bands and bar.
Don't miss this first time event!

Contact: Silvia G Kemp
07727490544
northching@gmail.com

WORLD FOODS BAR LIVE MUSIC



Protect your child against polio

Get the polio booster vaccine available for children aged one to nine years.

- Polio has been detected locally. The NHS has advised all children in London aged one to nine get a polio vaccine to protect them against the potential spread of the virus.
- Available in addition to your child's regular polio vaccination schedule, unless they have had a polio vaccine within the last 12 months.
- The polio vaccine is safe, has been used for over 70 years, and is the best way to protect your child against disease.

Your GP practice will contact eligible families. Alternatively, visit nhs.uk/poliosites to find your local polio vaccination clinic.





Hello, Parents & Guardians! We are BeeZee Bodies, and we work with Waltham Forest Council to provide FREE (and FUN!) healthy lifestyles support for families across the London Borough of Waltham Forest.

FREE 1-1 HEALTH & WELLBEING SUPPORT FOR YOUR FAMILY

Raising a healthy family is hard, but our friendly wellbeing coaches can get your family's health and wellbeing on the right track.

Book in for a FREE, 1:1 chat where we can help you and your family create and maintain healthy habits at home. Together, we'll discuss your lifestyle, challenges and goals and create a tailored action plan for you to take away. We'll check in with you one month later to see how you've been getting on and provide any further support!





SIGN UP FOR YOUR FREE APPOINTMENT

Just go to beezeebodies.com/families (or scan the QR code!) and enter your details

*to be eligible for this awesome free service, your family must live/go to school/be registered with a GP in Waltham Forest and include one child who is age 5-15 and above their ideal healthy weight.



beezeebodies.com/families

  BeeZee Families

 03308 186308



AUTUMN BINGO!

GO FOR A NICE WALK AND SEE HOW MANY OF THESE THINGS YOU CAN FIND!

Squirrel



Mushroom



Conkers



Hot chocolate



Spider's Web



Autumn leaves

Pumpkin



Muddy paws!



Someone wrapped up warm

