

### Wellbeing Support for Children

This week is Children's Mental Health Week (CMHW). This year's theme is "Growing Together" and the focus is on encouraging us all to consider how we have grown, and how we can help others to grow.

CMHW is run by the mental health charity Place2Be. This week in class the children have looked at stories about growing and changing. In Year 4 the children created their own 'Support Balloons' as they considered the people in their lives who help them to grow.

In Year 2, Hawthorn class wrote about what they thought was the most important thing about growing. Check them out on page 3 of this newsletter.

We would also like to inform you that Chase Lane is using a new online resource called 'The Embers programme', which is designed to support the emotional wellbeing of children. Animated episodes and lessons aimed at Reception/Year One children (but also suitable for Nursery and older year groups who you feel might benefit) are available, alongside a suite of resources that can be used by parents/carers to support children at home.

In order to access the Emotional Wellbeing programme, parents/carers will need to register on to the platform using your access code:

**CLP001ETD**. Simply click on the Embers homepage below <https://www.embersthe dragon.co.uk/> Once in, click on 'Log In/Register' in the top right corner, then click on 'Or Register' to register. Please do not share your code with anyone outside our school.



### Free School Meal Vouchers

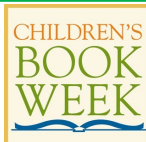
Edenred vouchers will be issued to all families in receipt of benefit related Free School Meals (FSM) at the end of this week. A voucher of £15 will be issued for the half-term holiday. Please note, families will receive an email from Edenred and **not** from Chase Lane Primary. Please also check your junk/spam mail in case it appears in there.



**Free school meal VOUCHERS**

### Book Week 28th February - 4th March 2022

Book Week will run from Monday 28th February until Friday 4th March. Our theme this year is 'Culture' and the children will be looking at tales from different countries which will be explored through the creative curriculum.



We will be running a competition to design a book cover based on favourite tales and class teachers will explain this in more detail nearer the time. The closing date will be Monday 7th March and there will be prizes for each year group.

We would ask that children dress up as characters from their favourite tales or books on **Thursday 3rd March** which is World Book Day.

All children will receive a book token which can be used at our Book Fair or in supermarkets and bookshops.

Our Book Fair will run from Wednesday 2nd March until Tuesday 8th March and it will be a cash only event. It will be held in the KS1 playground after school weather permitting.

Please come along and help us to earn book rewards for school. We look forward to an exciting week!

### Parent Consultations

Parent Consultations will take place next term during the week beginning 28th March.

Due to the ongoing number of positive COVID cases in children being reported at Chase Lane, we have decided that Parent Teacher consultations will take place online via Microsoft Teams. We will continue to monitor the situation.

More details will be sent out at the beginning of March.



### Attendance 31st January - 4th February 2022

Congratulations to the following classes for achieving the highest attendance percentage in their Year Groups; over 96%.

Year Group	Class	Attendance %
Year 2	Cherry	100%
Year 4	Sycamore	100%
Year 5	Palm	100%
Year 6	Oak	96.7%



The minimum target for attendance each week as set by the Government is 96%. During the above period our overall school attendance was **95.8%**. Well done to **Cherry, Sycamore and Palm** class for getting 100% attendance.

### Nursery Spaces for September 2022

#### NURSERY



If your child was born between 1st September 2018 and 31st August 2019, they will be entitled to 15 hours Government funding for Nursery education.

Our Nursery still has a few places remaining for the September 2022 intake, particularly afternoon sessions.

If you have not already done so, please ensure you complete and submit an application for your child. You may also want to let any friends or family in the Chingford area know, especially if they do not have children in Chase Lane and are unaware of the application process. You can request a Nursery application form by contacting the main school office at [chaselanepri@clpwalham.org.uk](mailto:chaselanepri@clpwalham.org.uk) or emailing: [julie.field@clpwalham.org.uk](mailto:julie.field@clpwalham.org.uk)

### Safer Internet Day

On Tuesday 8th February it was Safer Internet Day. Safer Internet Day is celebrated every year. It is a day to promote being safe, positive and responsible online. This year, the theme is 'All fun and games?' and it is all about respect and relationships in gaming and other parts of life online. For more information on how to keep your child safe online, click this link

<https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2022/advice-for-parents-and-carers> then, on the left hand side click on 'Top Tips for under 11s' There are lots of resources for parents.



Safer Internet Day

### Spare Underwear for Nursery

Nursery would very much appreciate donations of spare underwear! In particular we are in need of boys pants and socks, ages 3/4/5. Donations can be brought to the Nursery at the beginning or end of each school day. Thank you in advance!

The Nursery Staff



### Free Things To Do During Half-Term

Here are some ideas for FREE activities to do with the children during half-term:

Brooks Farm in Leyton <https://www.capel.ac.uk/community/brooks-farm/>

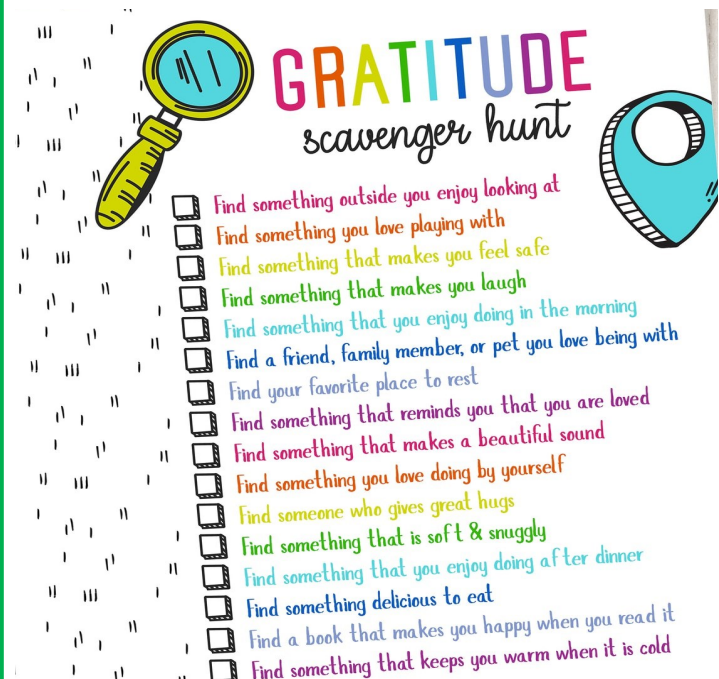
Museum of the Home in Hackney <https://www.museumofthehome.org.uk/whats-on/events/half-term-welcome-home-friend/>

Southbank Centre Family Activity Trail (part of the Imagine Children's Festival) <https://www.southbankcentre.co.uk/whats-on/family-young-people/family-activity-trail-anna-bruder?eventId=894513>

## Attitude for Gratitude

Research has shown that training the brain to focus on positive thoughts and emotions by practicing gratitude, can increase mental strength and feelings of happiness. This can reduce anxiety and worry.

At the beginning or end of each day, try and reflect on 3 things that you are grateful for. Nothing is too big or small. It could be your breakfast, something that made you smile, the people in your life who you appreciate or a kind act that you saw someone do. Alternatively you could write a note to someone in your life who you are thankful for.



## Eco News



Thank you to Isobel in Palm class for creating this fantastic poster reminding us all to save the planet.

## Writers of the Week

Our writers of the week are children who have performed their own personal best in their writing. We congratulate them on being superstar writers! This week our work comes from **Years 4** and they are:

**Asya** in Hazel class  
**Asma** in Sycamore class  
**Millie** in Willow class



You can see their wonder writing on pages 4 - 8 of this newsletter.

## New Pupil Absence Email Address

**E-mail!** If you need to report your child's absence due to sickness or if they have a medical appointment, please use our **new** absence email: [absence@clpwortham.org.uk](mailto:absence@clpwortham.org.uk). Alternatively you can call 020 8529 6827 before the start of the school day and select Option 1 to leave a message for the Attendance Officer.

## Spring Term 2022

**Half-Term holiday** Monday 14th February - Friday 18th February

**INSET Day** Monday 21st February 2022 - **staff only attend**

**Half-term 4** Tuesday 22nd February 2022 - **children return**

**End of Spring Term** Friday 1st April 2022 - **closing one hour earlier**

**Easter Holidays** Monday 4th April 2022 - Monday 18th April 2022  
(includes Easter Monday 18th April)

**Summer Term 1** Tuesday 19th April 2022

## Joke of the Week

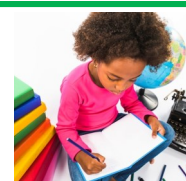


## Vocabulary Corner

**Gratitude** = the feeling of being thankful

Similar words: gratefulness, appreciation, thankfulness

Example: Gemma expressed her **gratitude** for her birthday presents by writing thank-you notes to *all* her family.

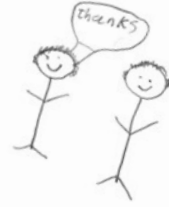


Week 2 w/c 22/02/2022	Tuesday	Wednesday	Thursday	Friday
CHOICE 1	Chicken & Ginger Stir Fry with Noodles	Chicken Biryani	Oven Roasted Sausages	Fish Fingers (V)
CHOICE 2	Vegetable Puff (V)	Homemade Cheddar & Sweetcorn Slice (V)	Squash and Spinach Curry (VE)	Homemade Falafel Filled Torpedo Roll (VE)
Sides	Jacket	50/50 Mixed Rice	Creamed Mashed Potato	Oven Baked Chips
Vegetables	Broccoli Organic Carrots	Cauliflower Garden Peas	Sweetcorn Mixed Vegetables	Baked Beans Garden Peas
Dessert	Organic Fruit Yogurt	Organic Fruit Yogurt	Organic Fruit Yogurt	Organic Fruit Yogurt
	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit





The important thing about growing is trying  
your best.  
It's trying something new.  
It's talking about how we are feeling.  
But the important thing about growing  
are having fun.



The important thing about  
growing is listening.  
It's sharing thoughts we  
have. It's talking about  
how we feel. But the  
important thing about  
growing is listening.



The important thing about  
growing is laughing.  
It's enjoying your self.  
It's talk about how <sup>you</sup> are  
feeling. It's having fun.  
But the important thing about  
growing is laughing.

$$\begin{aligned} 1+1 &= 5 \\ 2+2 &= 16 \\ 3+3 &= 61 \\ 4+4 &= 5 \\ 5+5 &= 91 \end{aligned}$$

The important thing  
about growing is making  
-9 mistakes. It's learn learning  
from other. It's thinking.  
It's having fun. But the  
important thing about grow-  
ing is making mistakes.

## Chase Lane Writer of the Week

Name: Asya

Class: Hazel

As the sun shone, through the trees, Gwendolyn brushed her long, blonde hair as curly as a tree branch. She wore a sparkling yellow bow like the sun. Her dress shimmered like the ocean water. Her face turned pale as snow when Maia came into the room.

Another ordinary day, Tapherini's house that meant "a place of rest!" Smelt like damp leaves in the forest. The morning lit up sparkling like diamonds on the forest deadly leaves! The amazing leaves rained over our heads. Gwendolyn's eyebrows went up to the ceiling.

At eleven o'clock, Gwendolyn and Beatrice ate scrumptious, delicious sandwiches. Suddenly, Miss Minton came with bad news, her face was puce like a

grape and grunted "Maia hates the  
learning! the one I taught her!"  
Mrs Carter was furious with  
rage....

## Chase Lane Writer of the Week

Name: Asma

Class: Sycamore

Gwendylon is rude and selfish. Gwendylon has a white, flowery dress and brown locks of hair. She hummed while waiting and wondering when the servant would come. She knew Maia would be outside with thousands of birds. She had a upside down smile and a gloomy face.

Gwendylon was rude to her crestfallen cousin Maia. She laughed and pushed her while the wind danced. Gwendylon and her sister were rude to Maia not just once. They were both dreaming of Maia gone not realising it was breakfast time.

Gwendylon felt uncomfortable. She also was talking to her sister. Mother was spraying bugs. Mother's spray killed bugs and it was bright and sunny.

Gwendylon and Beatrice sat down. Their plump legs sticking out not paying attention. "Maia shall not learn with us," whispered Gwendylon.

She dipped more having to share her house. She hated it. She was so relieved she could handle her. Gwendylon was a brat and couldn't hide her rudeness but she managed it. She was angry. Maia asked her questions.

Gwendylon jumped when she heard Maia was excluded from lessons. She carried on learning. Persepolis she learned again. "Maia can't spell bath!" laughed Gwendylon. The twins were excited, so was Maia.

From that day on Gwendylon was still moody but a little bit better. She really was better. Maia still came to ask easy questions though.



## Chase Lane Writer of the Week

Name: Millie

Class: Willow

Gwendolyn stormed impatiently, waiting for the maids who were going to get her dressed. Her short frame <sup>was</sup> drowned in her long embroidered night-gown that hung limply around her waist. She really wanted the sparkly pink bow that sat on her sister's head. When her maids came, her face was red and she gritted her teeth.

Gwendolyn could hear her sister screaming from down the corridor. She cautiously peered out of the window. She saw Indians working. She heard monkeys howling, parrots squaking, croaking frogs and purring leopards. "I can't imagine living in that germ infested dump!" she thought to herself.

Once Gwendolyn was dressed, she headed to the room where they learn. As Miss Minton read on and on endlessly about fractions, Gwendolyn wondered how she could get her orphan cousin, Maia, out of the lessons.