

### One Half Term Down

I can't believe it is the end of the first half-term of Autumn 2021 already! Thank you to all parents/carers for continuing to support the children's learning and all that we do in school. Our new Reception children have adapted to school life positively and with infectious enthusiasm.

This month we have enjoyed celebrating Black History Month 2021. Each year group celebrated black history month focusing on the outstanding contributions that Black people have made to British society and around the world. We explored the stories of many and were inspired by their experiences and achievements. Some of the stories we explored were that of Katherine Johnson, Rosa Parks, Arthur Wharton, John Blanke, Martin Luther King and Jesse Owens. Yesterday the children and staff came into school wearing either a T-shirt in one of the colours from the flag in the country which they originate from or a traditional outfit worn in that country. It was a beautiful celebration of the cultures represented here at Chase Lane.

COVID-19 - It is widely reported that there is a minor wave of the virus at the moment which is most predominantly being picked up in children. Thankfully in school we have only had 2 positive cases which were reported last week; no new cases this week. Case numbers are high in children aged 5 to 11 years old. I am therefore asking all families to notify us via the school email, [chaselane@clp.waltham.org.uk](mailto:chaselane@clp.waltham.org.uk) if your child tests positive during the half-term break. Mrs DaSilva will be monitoring the school email account daily.

We will be lifting further restriction in school after the half-term break and will update you in more detail when we return. These measures will not affect parents/carers in any way and drop off and collection arrangements will all remain exactly the same.

I hope you have a relaxing half-term with your families and I look forward to seeing you all back in school on **Monday 1st November 2021**. Kind regards and stay safe, Mr Jeffery

### Reception 2022-2023 Intake Tours

The deadline to apply for a Reception school place for September 2022 place is on **15th January 2022**. You must apply via the e-admissions portal [www.eadmissions.org.uk](http://www.eadmissions.org.uk). Prospective parents are invited to attend one of our Reception Intake meetings on the following dates:

**Tuesday 9th November, Tuesday 23rd November, Tuesday 7th December or Friday 10th December.**

The meetings will be hosted by Mr Jeffery and will take place at 9.15am - 10.00am in the school hall. Spaces are limited to two adults per family and children will not be allowed to attend. To book a place, please call the school office **0208 529 6827**.

### Golden Rules Dress Up Day

This half-term our Reception children have been learning all about our school's six golden rules. These are:

- Mona Monkey - Good listening
- Louis Lion - Being honest
- Alfred Alligator - Being kind and helpful
- Elsa Elephant - Always trying hard
- Gino Giraffe - Looking after property
- Zelda Zebra - Being gentle



The children have been trying their best to follow all the golden rules. Today the children came to school dressed up as one of the animals mentioned above. The children paraded around the playground so that everyone could admire their fantastic costumes. They also performed our golden rules songs for some of the Year 6 children!

### Attendance 11th October - 15th October 2021

Congratulations to the following classes for achieving the highest attendance percentage in their Year Groups; over 96%.

Year Group	Class	Attendance %
Year 1	Maple & Kapok	99.3%
Year 2	Cherry	98.5%
Year 3	Beech	97.9%
Year 4	Hazel & Willow	99.3%
Year 5	Palm & Pine	98.6%
Year 6	Oak	98.9%



The minimum target for attendance each week as set by the Government is 96%. During the above period our overall school attendance was **98%**. Well done everyone.

### School Photographs Are Ready



Vancols Photographers are pleased to confirm that the School Photographs are ready to view using the QR code on the proof card that your child brought home on photo day. If you have already scanned the QR code on the proof card and registered you will receive an auto email notification. If you have not done it yet, don't panic, you can still view by scanning the QR code on your proof card and following the instructions. If by chance you have not received your proof or it has been lost you can call Vancols Parent Line on 01206 273711. Please note the online cut-off date for orders to be placed for free postage back to the school is **29th October 2021**.

### Secondary Admissions 2022-2023

Year 6 parents/carers are kindly reminded that the closing date for secondary applications is **Sunday 31st October 2021**.

Applications should be made online at [www.eadmissions.org.uk](http://www.eadmissions.org.uk).



### Don't Forget Clocks Go Back Next Weekend

Don't forget that the clocks will change on **Sunday 31st October 2021** in the early hours of the morning. British summertime ends and the change will officially take effect at 2am on that Sunday morning.



### School Nurse Drop-In Sessions

The Community School Nursing Team will be holding drop in sessions here in the school meeting room. Parents/carers are welcome to drop by to discuss issues such as bedwetting; weight/height; healthy eating; behaviour etc.

The drop-in session are 8.30am - 9.30am on the following dates: **Thurs 25th Nov and Thurs 16th Dec 2021**.



### Vocabulary Corner

**Diversity** = differences.

People may be different in many ways, including race or ethnicity, age, disabilities, language, culture, appearance, or religion.

Example - At Chase Lane, we are very proud of the **diversity** we have in our school community.

## Cultural Corner

Caribbean food is often described as spicy and tropical. Usually when people who have not travelled to the Caribbean think about Caribbean food, they instantly think of 'Jerk Chicken and Rice & Peas' which is a popular dish in Jamaica. However, the Caribbean (also known as the West Indies) is made up **many** different countries and each country has its own unique delicious dishes as well as their own national dish.

**Jamaica's national dish is in fact 'Ackee and Salt Fish'.**

The salted codfish is fried with white onions, spring onions, sweet peppers, thyme, scotch bonnet pepper, black pepper and diced tomatoes. The cooked Ackee is then added to the Salt Fish.

Here are a few of the other national dishes from the West Indian countries, if you ever get a chance to visit the Caribbean, try and sample one of these dishes:

**Barbados - Flying Fish & Corn Cou-Cou**

Bajans (the name used for people from Barbados) love their Flying fish. Flying Fish is mostly found around the Barbadian waters and is prepared with an aromatic sauce of tomato, onions, thyme and other spices. 'Cou-Cou' is made with Polenta.

**Grenada - Oil Down**

Oil Down is a one-pot stew which typically includes meat or fish, dumplings, vegetables, coconut milk, turmeric, and boiled breadfruit.

**St. Vincent & The Grenadines - Roasted Breadfruit & Salted Cod Fish or Fried Jack Fish**

'Breadfruit' comes from the same tree as the Mulberry and Jackfruit. It tastes similar to a potato and can be boiled, roasted or fried. The delicious Salted Cod Fish is fried with white onions, spring onions, sweet peppers, thyme, black pepper, diced tomatoes and peeled diced cucumber.

**Trinidad & Tobago - Crab & Callaloo**

'Crab and Callaloo' is a mouth-watering thick stew with the consistency of a soup made with Callaloo, crab and a blend of delicious herbs and spices. 'Callaloo' is a leaf vegetable (very similar to spinach) made from the leaves that grow on a West Indian root vegetable called 'Dasheen'.

Other delicious dishes popular in all the Caribbean but may vary in name are: Macaroni Pie, Fried Chicken, Fried Plantain, Dasheen, Yam, Green Banana, Fried dumplings (also known as Bakes or Johnny cakes), Festival, Stew Chicken, Curry Chicken & Roti, Buss Up Shut, Pelau, Curry Mutton & Rice and Conch Fritters are just a few of them.

**African Cuisine**

When we think of African food we usually think of Jollof rice. While Jollof rice is the national dish of **Nigeria**, Africa is a continent made up of **54 different** countries in Africa. Like the Caribbean, each country has their own national dish. Here are just a few:

**Congo - Poulet à la Moambé**

This is a rich, hearty chicken stew that seems like the perfect dish for a cold winter night.

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## Term Dates 2021-2022

**Half-term holiday** Monday 25<sup>th</sup> October 2021 - Friday 29<sup>th</sup> October 2021

**Half-term 2** Starts Monday 1<sup>st</sup> November 2021  
Ends Friday 17<sup>th</sup> December 2021

**Christmas holiday** Monday 20<sup>th</sup> December 2021 - Friday 31<sup>st</sup> December 2021

**Spring Term 2022**

**Bank Holiday** Monday 3rd January 2022

**Half-term 3** Starts Tuesday 4th January 2022  
Ends Friday 11th February 2022

**Half-Term holiday** Monday 14th February 2022 - Friday 18th February 2022

**Staff Training Day** Monday 21st February 2022 - staff only attend

**Half-term 4** Starts Tuesday 22nd February 2022  
Ends Friday 1st April 2022 (closing one hour earlier)

**Easter Holiday** Monday 4th April 2022 - Monday 18th April 2022  
(includes Easter Monday 18th April)

## Joke of the Week

Q. What do you call strawberries playing the guitar?

A. A jam session.



## Africa Continued

**Ghana - Fufu**

Fufu is a starchy side dish, and an important accompaniment to various stews /sauce-based dishes. It is also very popular and regularly eaten throughout countries in West and Central Africa.

**Kenya - Ugali**

Ugali is the most popular food in Kenya. Ugali is a staple starch cornmeal made with maize flour. Ugali is usually eaten with a saucy beef, mushroom or fish stew

**Somalia - Baasto iyo Sugo Hilib Shiidan**

It may surprise many to know that pasta is the de facto national dish of Somalia. The dish is very similar to Spaghetti Bolognese!

**Sierra Leone - Cassava Leaf Stew with Rice**

Stews are a big part of Sierra Leone's cuisine. Their stews are often served with Jollof rice, white rice or side dishes such as plantain, Okra, Yam or Cassava.

Menu week 1 w/c 01/11/2021	Save The Planet Monday	Tuesday	Wednesday	Thursday	Friday
First Choice	Planet Pizza	Vegetable Biryani (V)	Honey Roast Chicken & Gravy	Butternut Squash, Carrot & Chick Pea Tagine (VG)	MSC Golden Crumb Fish Fingers served with Lemon Twist
Second Choice	Planet Pizza (VG)	Homemade Chicken & Sweetcorn Pie with Gravy	Tomato & Basil Pasta (VG)	Lasagne	Homemade Cheese & Broccoli Quiche (V)
Third Choice	Emmanuel School's Favourite Smoky Cheese & Cherry Tomato Pasta (VG)	Jacket Potato with Various Fillings (VG)	MSC Lemon Crumb Salmon Fillet	Jacket Potato with Various Fillings (VG)	Deep Fried Homemade Battered Fish Fillet with a lemon wedge
Sides	Garlic Bread	Parsley Steamed Potatoes	Crispy Rosemary Roast Potatoes	50/50 Mixed Rice	Oven Baked Chips
Vegetables	Sweetcorn Minted Garden Peas	Mixed Vegetables Fresh Seasonal Organic Carrots	Fresh Seasonal Broccoli Fresh Seasonal Cauliflower	Sweetcorn Green Beans	Baked Beans Minted Garden Peas
Salads	Unlimited Salad Bar Selection	Unlimited Salad Bar Selection	Unlimited Salad Bar Selection	Unlimited Salad Bar Selection	Unlimited Salad Bar Selection
Desserts	Peaches & Custard	Cheese & Crackers with Fresh Apple Slice	Chocolate Cracknel with Chocolate Sauce	Fresh Fruit & Ice Cream	Rice Pudding with a Fruit Compote
DAILY	Organic Fruit Yogurt with Seasonal Fresh Fruit	Organic Fruit Yogurt with Seasonal Fresh Fruit	Organic Fruit Yogurt with Seasonal Fresh Fruit	Organic Fruit Yogurt with Seasonal Fresh Fruit	Organic Fruit Yogurt with Seasonal Fresh Fruit
DAILY	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit
Bread	Homemade Bread	Homemade Bread	Homemade Bread	Homemade Bread	Homemade Bread